

# A study to evaluate the effect of SAGE-718 on cognitive function in participants with Huntington's Disease

<b>Submission date</b> 12/02/2022	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
		<input type="checkbox"/> Protocol
<b>Registration date</b> 16/05/2022	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
<b>Last Edited</b> 31/01/2025	<b>Condition category</b> Nervous System Diseases	<input type="checkbox"/> Individual participant data
		<input checked="" type="checkbox"/> Record updated in last year

## Plain English summary of protocol

### Background and study aims:

Huntington's disease is a rare, inherited disease causing degeneration of the nerve cells in the brain, leading to gradual impairment in movement, learning abilities, and behavior.

The DIMENSION Study is evaluating the safety and effects of an experimental oral drug, SAGE-718, in adults with early Huntington's disease (HD). This drug is being tested to see if it can specifically target cognitive symptoms associated with HD.

### Who can participate?

Adults aged 25 to 65 years, with Huntington's disease.

What does the study involve? (what interventions will be compared, will all participants receive the same treatment, what measurements will be taken)

The study lasts up to 20 weeks and includes 9 visits to the study office. The study consists of the following parts: -

- A screening period of 28 days wherein tests will be done to check if participants are eligible to take part in the study.
- The treatment period of 84 days wherein participants will be randomly divided into 2 groups to receive either SAGE-718 or placebo, by mouth.
- A follow-up period of 28 days wherein participants will return to the clinic for check-up visits on Day 98 and Day 112 to help collect continued safety and effectiveness data.

### What are the possible benefits and risks of participating?

#### Benefits:

Based on standardized interviews conducted by Sage, pre-manifest and early manifest HD patients are at high risk of losing employment, their ability to drive and to maintain financial security. In these interviews, care partners observed changes in functioning, and reported that they were beginning to assume some financial or home responsibilities that they previously held by the patient.

SAGE-718 may work to restore aberrant N-methyl-D-aspartate (NMDA) receptor activity in patients with early HD and thereby help to ameliorate cognitive deficits seen in these patients.

**Risks:**

- The most frequently reported side effects seen after study treatment with SAGE-718 were: Dizziness, Headache, Nausea, Vomiting, Upper respiratory tract infection (common cold), Orthostatic hypotension (drop in blood pressure when standing from laying down), Euphoric mood (feelings of physical and emotional well-being, which become excessive, all consuming, and interfere with daily living), Increased levels of alanine aminotransferase (a liver function test).
- Most side effects were reported as mild or moderate in intensity and got better or went away without stopping study treatment with SAGE-718.
- There was no selective distribution or retention of radioactive SAGE-718 to pigmented tissues and no quantifiable concentration of radioactivity was observed in the eye lens in Long Evans rats, implying that potential risk of phototoxicity is low.

Where is the study run from?

Sage Therapeutics, Inc (USA)

When is the study starting and how long is it expected to run for?

May 2021 to October 2024

Who is funding the study?

Sage Therapeutics, Inc (USA)

Who is the main contact?

Amy Bullock, PhD; amy.bullock@sagerx.com

## Contact information

**Type(s)**

Principal Investigator

**Contact name**

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**Contact details**

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**Type(s)**

Scientific

**Contact name**

Dr Amy Bullock

**Contact details**

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Cambridge

United States of America  
MA 02142  
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## Additional identifiers

**EudraCT/CTIS number**  
2021-005577-16

**IRAS number**  
1004868

**ClinicalTrials.gov number**  
NCT05107128

**Secondary identifying numbers**  
718-CIH-201, IRAS 1004868, CPMS 51899

## Study information

### Scientific Title

A randomized, placebo-controlled, double-blind study to evaluate the effect of SAGE-718 on cognitive function in participants with Huntington's Disease

**Acronym**  
DIMENSION

### Study objectives

Current study hypothesis as of 31/01/2025:

- To evaluate the effect of SAGE-718 on cognitive performance in participants with HD
- To evaluate the effect of SAGE-718 on cognition and daily function in participants with HD.
- To evaluate the safety and tolerability of SAGE-718 oral capsule in participants with HD.

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Previous study hypothesis:

- To evaluate the effect of SAGE-718 on cognitive performance in participants with HD
- To evaluate the effect of SAGE-718 on daily function in participants with HD.
- To evaluate the safety and tolerability of SAGE-718 oral capsule in participants with HD.

**Ethics approval required**  
Old ethics approval format

### Ethics approval(s)

Approved 05/05/2022, London-Riverside Research Ethics Committee (Temple Quay House, 2 The Square, Bristol Research Ethics Committee Centre, Bristol, BS1 6PN, UK; +44(0)207 104 8150; riverside.rec@hra.nhs.uk), ref: 22/LO/0177

**Study design**

Interventional double-blind randomized placebo-controlled trial

**Primary study design**

Interventional

**Secondary study design**

Randomised controlled trial

**Study setting(s)**

Other

**Study type(s)**

Treatment

**Participant information sheet**

No participant information sheet available

**Health condition(s) or problem(s) studied**

Huntington's disease

**Interventions**

Current interventions as of 25/10/2022:

The intervention model is parallel assignment with two arms. Eligible participants will be randomized 1:1 to receive either SAGE-718 (oral softgel lipid capsules) or placebo (SAGE-718-matching oral softgel lipid capsules) for 84 days. After completing the treatment period, participants will return to the clinic for follow-up visits at on Day 98 and Day 112 to collect continued safety and efficacy data.

Participants are randomized via an IRT system.

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Previous interventions:

The intervention model is parallel assignment with two arms. Eligible participants will be randomized 1:1 to receive either SAGE-718 (oral capsules) or placebo (SAGE-718-matching oral capsules) for 84 days. After completing the treatment period, participants will return to the clinic for follow-up visits at on Day 98 and Day 112 to collect continued safety and efficacy data.

Subjects are randomized via an IRT system.

**Intervention Type**

Drug

**Phase**

Phase II

**Drug/device/biological/vaccine name(s)**

SAGE-718

### **Primary outcome measure**

Current primary outcome measure as of 31/01/2025:

Change from baseline to day 84 in the cognitive function assessed using the Symbol Digit Modalities Test (SDMT)

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Previous primary outcome measure:

Change from baseline to day 84 in the cognitive function assessed using Huntington's Disease Cognitive Assessment Battery (HD-CAB) Composite Score

### **Secondary outcome measures**

Current secondary outcome measures as of 31/01/2025:

1. Change from baseline to day 84 in the functional capacity assessed using Unified Huntington's Disease Rating Scale (UHDRS) - Independence Scale
  2. Change from baseline to day 84 in the cognitive function assessed using the Trail Making Test Part B
  3. Change from baseline to day 84 in the cognitive function assessed using the One Touch Stockings of Cambridge (OTS)
  4. Change from baseline to day 84 in the motor function assessed using the Paced Tapping Test (PTAP)
  5. Change from baseline to day 84 in the functioning difficulty assessed using the Huntington's Disease Everyday Functioning (Hi-DEF) Home subdomain score
  6. Change from baseline to day 84 in the cognitive function assessed using the Clinical Global Impression – Severity (CGI-S) Cognitive Status subdomain score
  7. Percentage of Participants with Treatment-emergent Adverse Events (TEAEs) up to approximately 112 days
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Previous secondary outcome measures:

1. Change from baseline to day 84 in the functional capacity assessed using Unified Huntington's Disease Rating Scale (UHDRS) - Independence Scale
2. Change from baseline to day 84 in the motor function assessed using UHDRS - Total Motor Score (TMS)
3. Percentage of Participants with Treatment-emergent Adverse Events (TEAEs) up to approximately 112 days

### **Overall study start date**

26/05/2021

### **Completion date**

03/10/2024

## **Eligibility**

## Key inclusion criteria

Current inclusion criteria as of 31/01/2025:

1. Meet all the following criteria for HD at Screening (Days -28 to -2):
  - 1.1. Genetically confirmed disease with huntingtin gene CAG expansion  $\geq 36$ .
  - 1.2. At Screening, UHDRS-Total Functional Capacity (TFC) score  $>6$  and  $<13$  suggesting no more than a moderate level of functional impairment.
  - 1.3. No features of juvenile HD.
2. Score of 15 to 25 (inclusive) on the Montreal Cognitive Assessment (MoCA) at screening indicating the presence of cognitive impairment.
3. Be willing to invite a study partner, if available, who is reliable, competent, and at least 18 years of age to participate in the study.
4. Be ambulatory (use of assistance devices such as a walker or cane is acceptable as is occasional use of wheelchair, as judged by the investigator. Individuals requiring a wheelchair on a regular basis are excluded), able to travel to the study center, and, as judged by the investigator, is likely to be able to continue to travel to the study center to complete study visits for the duration of the study.
5. Completion of HD-CAB Trail Making-B Test in  $<240$  seconds at Screening (Days -28 to -2).

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Previous inclusion criteria as of 20/05/2024:

1. Meet all the following criteria for HD at Screening (Days -28 to -2):
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1. Meet all the following criteria for HD:
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  - 1.2. UHDRS-Total Functional Capacity (TFC) score  $>6$  and  $<13$ .
  - 1.3. No features of juvenile HD.
2. Score  $<26$  on the Montreal Cognitive Assessment (MoCA) at screening.
3. Be willing to invite a study partner, if available, who is reliable, competent, and at least 18 years of age to participate in the study.
4. Be ambulatory (use of assistance devices such as a walker or cane is acceptable as is occasional use of wheelchair, as judged by the investigator. Individuals requiring a wheelchair on a regular

basis are excluded), able to travel to the study center, and, as judged by the investigator, is likely to be able to continue to travel to the study center to complete study visits for the duration of the study.

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1.3. No features of juvenile HD.

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3. Be willing to invite a study partner, if available, who is reliable, competent, and at least 18 years of age to participate in the study.

4. Be ambulatory (use of assistance devices such as a walker or cane is acceptable; individuals requiring a wheelchair are excluded), able to travel to the study center, and, as judged by the investigator, is likely to be able to continue to travel to the study center to complete study visits for the duration of the study.

#### Participant type(s)

Patient

#### Age group

Adult

#### Lower age limit

25 Years

#### Upper age limit

65 Years

#### Sex

Both

#### Target number of participants

178

#### Total final enrolment

189

#### Key exclusion criteria

Current exclusion criteria as of 20/05/2024:

1. Have participated in a previous clinical study of SAGE-718, have previous exposure to gene therapy or have participated in any HD investigational drug, biologic, or device trial within 180 days or a non-HD drug, biologic, or device trial within 30 days or 5 half-lives (whichever is longer) (Note: Participants with confirmation of enrollment in the placebo arm of these trials would not be excluded.)

2. Have a diagnosis of an ongoing neurodegenerative condition other than HD, including but not limited to, Alzheimer's Disease, vascular dementia, dementia with Lewy bodies, or Parkinson's Disease

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Previous exclusion criteria as of 25/10/2022:

1. Have participated in a previous clinical study of SAGE-718, have participated in a previous gene therapy study, or have participated in any other drug, biologic, or device trial within 30 days or 5 half-lives (whichever is longer), unless the participant participated solely in the placebo arm of the study. Additionally, participants who have received treatment with antisense oligonucleotides (ASOs) or a messenger ribonucleic acid (mRNA) splicing modifier will be excluded.
  2. Have a diagnosis of an ongoing neurodegenerative condition other than HD, including but not limited to, Alzheimer's Disease, vascular dementia, dementia with Lewy bodies, or Parkinson's Disease
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Previous exclusion criteria:

1. Have participated in a previous clinical study of SAGE-718, have participated in a previous gene therapy study, or have participated in any other drug, biologic, or device trial within 180 days or 5 half-lives (whichever is longer), unless the patient participated solely in the placebo arm of the study.
2. Have a diagnosis of an ongoing neurodegenerative condition other than HD, including but not limited to, Alzheimer's Disease, vascular dementia, dementia with Lewy bodies, or Parkinson's Disease.

**Date of first enrolment**

05/11/2021

**Date of final enrolment**

11/06/2024

## **Locations**

**Countries of recruitment**

Australia

Canada

England

Scotland

United Kingdom

United States of America



**Study participating centre**  
**Birmingham and Solihull Mental Health NHS Foundation Trust**  
Unit 1  
50 Summer Hill Road  
Birmingham  
United Kingdom  
B15 2FG

**Study participating centre**  
**Re-Cognition Health**  
Unit 2  
5 Research Way  
Plymouth  
United Kingdom  
PL6 8BT

**Study participating centre**  
**Unit 3**  
Aberdeen  
United Kingdom  
AB25 2ZA

**Study participating centre**  
**Unit 4**  
Cardiff  
United Kingdom  
CF10 3AX

**Study participating centre**  
**Unit 5**  
Leeds  
United Kingdom  
LS1 3X

**Study participating centre**  
**Unit 6**  
Leeds  
United Kingdom  
LS7 4SA

**Study participating centre****Unit 7**

Newcastle Upon Tyne  
United Kingdom  
NE6 4QD

**Study participating centre****Unit 8**

Southampton  
United Kingdom  
SO16 6YD

**Study participating centre****Unit 9**

Tooting  
London  
United Kingdom  
SW17 0QT

**Sponsor information****Organisation**

Sage Therapeutics, Inc.

**Sponsor details**

55 Cambridge Parkway  
Cambridge  
United States of America  
MA 02142  
+1 619-949-5151  
amy.bullock@sagerx.com

**Sponsor type**

Industry

**Funder(s)****Funder type**

Industry

**Funder Name**

Sage Therapeutics, Inc

## Results and Publications

### Publication and dissemination plan

#### Intention to publish date

#### Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study are not expected to be made available due to participant-level data not being a regulatory requirement.

#### IPD sharing plan summary

Not expected to be made available

#### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">HRA research summary</a>			28/06/2023	No	No