# SAGA-trial - investigating if intraoperative sterile water irrigation during an operation to remove the kidney due to cancer (nephroureterectomy for upper tract urothelial carcinoma) decreases the risk of tumor recurrence.

Submission date	<b>Recruitment status</b> Recruiting	Prospectively registered		
30/08/2021		☐ Protocol		
Registration date	Overall study status	Statistical analysis plan		
07/10/2021	Ongoing	Results		
<b>Last Edited</b> 19/12/2024	<b>Condition category</b> Cancer	Individual participant data		
		[X] Record updated in last year		

# Plain English summary of protocol

Background and study aims

Upper tract urothelial carcinoma is a type of cancer that affects the tubes connected to the kidney. Nephroureterectomy is surgery to remove the affected area. There is a risk of tumor recurrence. We aim to investigate if sterile water irrigation of the area during surgery decreases that risk.

Who can participate?

Patients aged 18 years old or above with upper tract urothelial carcinoma treated by nephroureterectomy.

What does the study involve?

Participants will be randomly allocated to receive sterile water irrigation during surgery or surgery as usual. Patients will be followed up for 2 years.

What are the possible benefits and risks of participating?

There are no risks of participating, but a chance to decrease the risk of later intravesical tumor recurrence if the study hypothesis is correct.

Where is the study run from? Skåne University Hospital (Sweden)

When is the study starting and how long is it expected to run for? May 2021 to September 2027

Who is funding the study? Investigator initiated and funded

Who is the main contact? Prof Fredrik Liedberg, fredrik.liedberg@med.lu.se

# **Contact information**

## Type(s)

Scientific

#### Contact name

Prof Fredrik Liedberg

#### **ORCID ID**

http://orcid.org/0000-0001-8193-0370

#### Contact details

Department of Urology, Skåne University Hospital Jan Waldenströmsgata 5 Malmö Sweden 205 02 +46-40-331000 fredrik.liedberg@med.lu.se

# Additional identifiers

## EudraCT/CTIS number

Nil known

#### **IRAS** number

# ClinicalTrials.gov number

Nil known

# Secondary identifying numbers

Nil known

# Study information

#### Scientific Title

Sterile water irrigation at nephroureterectomy for upper tract urothelial carcinoma: a study on the effect on bladder tumour recurrence

#### Acronym

SAGA-trial

# **Study objectives**

Intraoperative bladder irrigation with sterile water at nephroureterectomy decreases risk of bladder tumour recurrence.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Approved 21/06/2021, Swedish Ethical Review Authority (Etikprövningsmyndigheten, Box 2110, 750 02, Uppsala, Sweden; +46 10-475 08 00; registrator@etikprovning.se), ref: EPM Dnr: 2021-02919

#### Study design

Prospective multicenter randomized study

## Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

#### Study setting(s)

Hospital

#### Study type(s)

Treatment

### Participant information sheet

See study outputs table

#### Health condition(s) or problem(s) studied

Upper tract urothelial carcinoma

#### **Interventions**

Control arm = no additional treatment during nephroureterectomy Intervention arm = sterile water irrigation during nephroureterectomy Randomization by sealed envelopes

Follow up for 2 years

#### Intervention Type

Procedure/Surgery

#### Primary outcome measure

Bladder cancer recurrence measured by cystoscopy up to 2 years after the operation

#### Secondary outcome measures

- 1. Quality of life assessed by EORTC QLQ 30 NMIBC six weeks after nephroureterectomy
- 2. Bladder cancer progression free survival as assessed at end of 2 years
- 3. Quality of life measured using EQ-5D-5L at six weeks after nephroureterectomy

#### Overall study start date

## Completion date

15/09/2027

# **Eligibility**

#### Key inclusion criteria

- 1. 18 years old or above
- 2. Upper tract urothelial carcinoma treated by nephroureterectomy.

#### Participant type(s)

**Patient** 

#### Age group

Adult

#### Lower age limit

18 Years

#### Sex

Both

# Target number of participants

200

#### Key exclusion criteria

- 1. Lack of informed consent
- 2. Below 18 years of age

#### Date of first enrolment

01/10/2021

#### Date of final enrolment

31/12/2026

# Locations

#### Countries of recruitment

Sweden

# Study participating centre Helsingborg Hospital

Charlotte Yhlens gata 10 Helsingborg Sweden 252 23

# Study participating centre Skåne University Hospital

Jan Waldenströmsgata 5 Malmö Sweden 205 02

# Sponsor information

### Organisation

Skåne University Hospital

#### Sponsor details

Dept. of Urology Jan Waldenstömsgata 5 Malmö Sweden 205 02 +46-40-331000 anki.rosberg@med.lu.se

#### Sponsor type

Hospital/treatment centre

#### Website

http://www.skane.se/sv/Webbplatser/Skanes-universitetssjukhus/

#### **ROR**

https://ror.org/02z31g829

# Funder(s)

# Funder type

Other

#### **Funder Name**

Investigator initiated and funded

# **Results and Publications**

# Publication and dissemination plan

Planned publication in a high-impact peer-reviewed journal.

# Intention to publish date

01/01/2027

# Individual participant data (IPD) sharing plan

The current data sharing plans for this study are unknown and will be available at a later date

## IPD sharing plan summary

Data sharing statement to be made available at a later date

## **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Participant information sheet		18/05/2021	01/09/2021	No	Yes