

# Time variability of flush-onset and flush tolerability in individuals given 500 mg niacin (nicotinic acid): a randomised controlled trial

**Submission date**

14/11/2002

**Recruitment status**

No longer recruiting

**Registration date**

14/11/2002

**Overall study status**

Completed

**Last Edited**

05/09/2007

**Condition category**

Skin and Connective Tissue Diseases

☐ Prospectively registered

☐ Protocol

☐ Statistical analysis plan

☒ Results

☐ Individual participant data

**Plain English summary of protocol**

Not provided at time of registration

## Contact information

**Type(s)**

Scientific

**Contact name**

Mr Edward Mills

**Contact details**

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

## Study information

### Scientific Title

### Study objectives

Not provided at time of registration

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Not provided at time of registration

### Study design

Randomised controlled trial

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Not specified

### Study type(s)

Treatment

### Participant information sheet

### Health condition(s) or problem(s) studied

Cutaneous reactions (flushing)

### Interventions

Participants divided into two groups:

1. Verum group takes one 500 mg tablet of niacin
2. The control group takes a placebo

### Intervention Type

Drug

### Phase

Not Specified

### Drug/device/biological/vaccine name(s)

Niacin (nicotinic acid)

**Primary outcome measure**

Not provided at time of registration

**Secondary outcome measures**

Not provided at time of registration

**Overall study start date**

01/01/2002

**Completion date**

31/12/2002

## Eligibility

**Key inclusion criteria**

1. Age range 20 - 60 years
2. Currently enrolled at The Canadian College of Naturopathic Medicine (CCNM)
3. Not currently taking any prescribed medication that influences gastric acid secretion
4. Does not have current or past liver disease (e.g., chronic active hepatitis, cirrhosis, etc)
5. Does not have current or past history of gout or active gout
6. Does not have current or past gastrointestinal disease (e.g., peptic ulcer disease, gastric cancer, etc)
7. Does not have current or past diagnosis of diabetes mellitus
8. Does not have a past episode or history of intolerance to niacin
9. Was able to complete the intake form

**Participant type(s)**

Patient

**Age group**

Not Specified

**Sex**

Not Specified

**Target number of participants**

68

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

01/01/2002

**Date of final enrolment**

31/12/2002

## Locations

**Countries of recruitment**

Canada

**Study participating centre**

**Director of Research**

North York, Ontario

Canada

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## Sponsor information

**Organisation**

Canadian College of Naturopathic Medicine (Canada)

**Sponsor details**

1255 Sheppard Ave East

North York, Ontario

Canada

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**Sponsor type**

University/education

**Website**

<http://www.ccnm.edu/>

**ROR**

<https://ror.org/03pjwtr87>

## Funder(s)

**Funder type**

University/education

**Funder Name**

Canadian College of Naturopathic Medicine (Canada)

**Funder Name**

Jamieson Laboratories donated the study drug and placebo. They had no role in study design, data analysis, and they have not received the study results.

# Results and Publications

Publication and dissemination plan  
Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary  
Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	Results	13/11/2003		Yes	No