# Progranulin induces autophagy disorder in type 2 diabetic nephropathy

Submission date	Recruitment status	Prospectively registered
15/01/2017	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
03/02/2017	Completed	Results
Last Edited	Condition category	Individual participant data
02/02/2017	Urological and Genital Diseases	Record updated in last year

## Plain English summary of protocol

Background and study aims

Type 2 diabetes mellitus (T2DM) is a long term condition where a person is unable to control their blood sugar (glucose) levels as they do not produce enough insulin to function properly (insulin deficiency), or that the body's cells don't react to insulin as they should do (insulin resistance). Diabetic kidney disease (nephropathy) develops in nearly 40% of patients with type 2 diabetes (T2DM). Progranulin (PGRN) is a protein which has recently been found to play a role in regulating the breakdown of sugar in the body and the sensitivity of cells to insulin. However there is little known about the role PGRN plays in the development of diabetic nephropathy in people with T2DM. The aim of this study is to investigate the clinical significance and role of PGRN in people with T2DM.

#### Who can participate?

Adults with T2DM and adults who have normal blood sugar control.

#### What does the study involve?

All participants attend a single study visit where they have samples of blood taken in order to measure PGRN, blood sugar and insulin levels. Of these participants those who have kidney disease also have small samples taken from their kidneys (biopsy) to look at chemicals indicating cell breakdown.

What are the possible benefits and risks of participating?

There are no direct benefits involved with participating. There is a small risk of complications such as infection for patients having samples of their kidneys taken.

Where is the study run from?

The First Affiliated Hospital of Xi'an Jiaotong University School of Medicine (China)

When is the study starting and how long is it expected to run for? March 2013 to August 2016

Who is funding the study?

- 1. National Natural Science Foundation of China (China)
- 2. The New Century Excellent Talentsin University from the Ministry of Education (China)

Who is the main contact?
Professor Honzhi Sun
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# Contact information

## Type(s)

Scientific

#### Contact name

Prof Hongzhi Sun

#### Contact details

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# Additional identifiers

#### Protocol serial number

2014074

# Study information

#### Scientific Title

PGRN Links Autophagy: Etiology study of Type 2 diabetic nephropathy

#### **Study objectives**

The aim of this study is to investigate the clinical significance and correlations of progranulin (PGRN) and autophagic imbalance in patients with type 2 diabetic nephropathy.

# Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Xi'an Jiao Tong University Ethics Committee, 01/03/2014, ref: 2014074

#### Study design

Observational cohort study

#### Primary study design

#### Observational

#### Study type(s)

Screening

# Health condition(s) or problem(s) studied

Diabetic nephropathy

#### Interventions

A total of 134 patients with type 2 diabetes and 20 participants with normal glucose tolerance are enrolled. Patients with type 2 diabetes are divided into three groups based on their urinary albumin excretion rate (UAER): simple diabetes mellitus (SDM), early diabetic nephropathy (EDN), and clinical diabetic nephropathy (CDN).

All participants one study visit and provide blood samples when they visit to measure serum PGRN, plasma glucose, plasma insulin and HbA1c. Serum concentrations of PGRN are measured using ELISA.

Renal tissue is obtained from six living allograft donors and 12 diabetic nephropathy patients (taken from the existing participant groups). Autophagy indicators Atg7, LC3, and p62 of renal tissue are detected by Real-time PCR and western blotting.

#### **Intervention Type**

Other

#### Primary outcome(s)

- 1. PGRN serum concentration is measured using ELISAs at baseline and 2 hours after overnight fasting
- 2. Plasma glucose is measured using glucose oxidase method at baseline and 2 hours after overnight fasting
- 3. Serum insulin is measured using radioimmunoassay at baseline and 2 hours after overnight fasting
- 4. HbA1c values are measured using high-performance liquid chromatography at baseline and 2 hours after overnight fasting

# Key secondary outcome(s))

Autophagy indicators Atg7, LC3, and p62 of renal tissue are measured using immunohistochemical examination, real-time PCR and western blotting at baseline, 0, 10, 20 and 40 minutes after overnight fasting.

# Completion date

01/08/2016

# **Eligibility**

# Key inclusion criteria

Patients:

- 1. Aged between 20 and 80 years old
- 2. Diagnosed with type 2 diabetes mellitus

#### Controls:

- 1. Aged between 32 and 72 years
- 2. Normal glucose control

#### Participant type(s)

Αll

## Healthy volunteers allowed

No

#### Age group

Adult

#### Sex

All

#### Key exclusion criteria

- 1. Past history of malignancy
- 2. Degenerative disease of the nervous system
- 3. Diabetic macrovascular complications
- 4. Other endocrine diseases which affect glucose metabolism and lipid metabolism
- 5. Chronic hepatitis
- 6. Primary kidney disease
- 7. Recent inflammatory disease
- 8. Acute trauma
- 9. Taking thiazolidinedione drugs in the previous 3 weeks
- 10. Pregnancy
- 11. History of drug abuse.

#### Date of first enrolment

01/08/2014

#### Date of final enrolment

01/08/2015

# Locations

#### Countries of recruitment

Afghanistan

China

# Study participating centre

The First Affiliated Hospital of Xi'an Jiaotong University School of Medicine

Key Laboratory of Environment and Genes Related to Diseases Ministry of Education Medical School of Xi'an Jiaotong University Xi'an

# Sponsor information

#### Organisation

National Natural Science Foundation of China

#### Organisation

The New Century Excellent Talentsin University from the Ministry of Education

#### Organisation

National Natural Science Foundation of China

#### **ROR**

https://ror.org/01h0zpd94

# Funder(s)

#### Funder type

Government

#### **Funder Name**

National Natural Science Foundation of China

#### **Funder Name**

The New Century Excellent Talentsin University from the Ministry of Education

# **Results and Publications**

# Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study are/will be available upon request from Lin Xu (irenewayne@126.com)

# IPD sharing plan summary

Available on request

**Study outputs** 

Output type Details Date created Date added Peer reviewed? Patient-facing?

Participant information sheet
Participant information sheet
11/11/2025 No Yes