Acupuncture for episodic tension-type headache: a subject blind multi-centre randomised controlled trial (RCT)

Submission date	Recruitment status	Prospectively registered		
23/01/2004	No longer recruiting	Protocol		
Registration date	Overall study status	Statistical analysis plan		
23/01/2004	Completed	[X] Results		
Last Edited 15/01/2010	Condition category Signs and Symptoms	[] Individual participant data		

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

Study information

Scientific Title

Study objectives

To compare the efficacy of acupuncture with sham acupuncture for episodic tension-type headache.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

GP practice

Study type(s)

Treatment

Participant information sheet

Health condition(s) or problem(s) studied

Tension-type headache

Interventions

Participants received 6 weekly treatments with either standardised, brief needle acupuncture to between 4 and 8 relevant points, or sham acupuncture to non-tender points with a novel cocktail-stick placebo. Two follow-up treatments were given, 1 and 2 months later.

Intervention Type

Other

Phase

Not Applicable

Primary outcome measure

- 1. Number of headaches
- 2. Intensity measured by Visual Analogue Scale (VAS)
- 3. Duration of headaches
- 4. Number of analgesics taken

Recorded by a daily headache diary

Secondary outcome measures

Not provided at time of registration

Overall study start date

03/03/1997

Completion date

03/06/1999

Eligibility

Key inclusion criteria

Participants were recruited during consultation with GP, from disease registers or from notices in GP premises or local media.

Participant type(s)

Patient

Age group

Adult

Sex

Both

Target number of participants

50 (added 15/01/1; see publication)

Key exclusion criteria

Does not meet inclusion criteria

Date of first enrolment

03/03/1997

Date of final enrolment

03/06/1999

Locations

Countries of recruitment

England

United Kingdom

Study participating centre Department of Complementary Medicine Exeter United Kingdom EX2 4NT

Sponsor information

Organisation

NHS R&D Regional Programme Register - Department of Health (UK)

Sponsor details

The Department of Health Richmond House 79 Whitehall London United Kingdom SW1A 2NL +44 (0)20 7307 2622 dhmail@doh.gsi.org.uk

Sponsor type

Government

Website

http://www.doh.gov.uk

Funder(s)

Funder type

Government

Funder Name

NHS Executive South West (UK)

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summaryNot provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/09/2000		Yes	No