

# Bronchiolitis randomised controlled trial (RCT): Emergency Assisted Therapy with Heliox - an Evaluation

<b>Submission date</b> 21/09/2005	<b>Recruitment status</b> No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 29/09/2005	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 22/05/2013	<b>Condition category</b> Respiratory	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

**Study website**  
<http://www.breathe-heliox.com>

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**

HP002A

## **Study information**

**Scientific Title**

**Acronym**

BREATHE

**Study objectives**

Helium-oxygen gas mixtures reduce the total duration of treatment needed in the management of bronchiolitis

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Not provided at time of registration

**Study design**

Randomised controlled trial

**Primary study design**

Interventional

**Secondary study design**

Randomised controlled trial

**Study setting(s)**

Not specified

**Study type(s)**

Treatment

**Participant information sheet**

Not available in web format, please use the contact details below to request a patient information sheet

**Health condition(s) or problem(s) studied**

Bronchiolitis

**Interventions**

1. Heliox-21 +/- additional oxygen
2. Medical air +/- additional oxygen

**Intervention Type**

Drug

**Phase**

Not Specified

**Drug/device/biological/vaccine name(s)**

Helium-oxygen gas

**Primary outcome measure**

Total length of treatment needed

**Secondary outcome measures**

1. Proportion of cases needing continuous positive airway pressure (nCPAP)
2. Duration of nCPAP needed
3. Changes in clinical assessment parameters and measurements

**Overall study start date**

03/10/2005

**Completion date**

31/08/2007

**Eligibility****Key inclusion criteria**

1. Chronological age = 1 year or less
2. Bronchiolitis likely as a diagnosis
3. Requiring admission for treatment of respiratory distress or hypoxia (i.e. SpO2 <93%)

**Participant type(s)**

Patient

**Age group**

Child

**Upper age limit**

1 Years

**Sex**

Both

**Target number of participants**

298

**Key exclusion criteria**

1. Any condition requiring immediate intubation (including apnoea or bradycardia)
2. Unable to maintain SpO2 >92% despite 15 l/min oxygen
3. Legal incapacity of parent/guardian to give consent
4. Participating in another drug trial in the past 4 weeks
5. Inappropriate for child to enter study, in clinician's opinion
6. Child has a tracheostomy
7. Readmitted (with a diagnosis of bronchiolitis) within 24 hours of exiting from the BREATHE study
8. If any of the following drugs were given prior to entry/enrolment into the BREATHE study:
  - a. Salbutamol or ipratropium/atrovent (less than 1 hour prior to entry into BREATHE)
  - b. Adrenaline (less than 1 hour prior to entry into BREATHE)
  - c. Systemic steroids (less than 4 hours prior to entry into BREATHE)

**Date of first enrolment**

03/10/2005

**Date of final enrolment**

31/08/2007

## Locations

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

Department of Paediatrics

London

United Kingdom

W2 1PG

## Sponsor information

**Organisation**

Imperial College London (UK)

**Sponsor details**

Faculty of Medicine

Level 2, Faculty Building

South Kensington Campus

Imperial College of Science, Technology & Medicine

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**Sponsor type**

University/education

**Website**

<http://www.imperial.ac.uk>

**ROR**

<https://ror.org/041kmwe10>

## **Funder(s)**

**Funder type**

Industry

**Funder Name**

BOC Medical

## **Results and Publications**

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/04/2013		Yes	No