# Magnetic resonance imaging-targeted biopsy compared to standard trans-rectal ultrasound guided biopsy for the diagnosis of prostate cancer in men without prior biopsy

Submission date	Recruitment status No longer recruiting	[X] Prospectively registered		
29/04/2015		[X] Protocol		
Registration date 29/04/2015	Overall study status Completed	Statistical analysis plan		
		[X] Results		
Last Edited	Condition category	[] Individual participant data		
09/08/2019	Cancer			

#### Plain English summary of protocol

https://www.cancerresearchuk.org/about-cancer/find-a-clinical-trial/a-trial-looking-at-using-mrito-help-diagnose-prostate-cancer-precision

#### Contact information

#### Type(s)

Scientific

#### Contact name

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#### Contact details

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## Additional identifiers

ClinicalTrials.gov (NCT)

NCT02380027

#### Protocol serial number

18902

# Study information

#### Scientific Title

PRostate Evaluation for Clinically Important disease: Sampling using Image-guidance Or Not?

#### Acronym

**PRECISION** 

#### **Study objectives**

1. The proportion of men with clinically significant cancer detected by multi-parametric MRI-targeted biopsy (MRI-TB) will be no less than that detected by standard 12-core TRUS biopsy 2. The proportion of men with clinically insignificant cancer detected by multi-parametric MRI-targeted biopsy (MRI-TB) will be less than that detected by standard 12-core TRUS biopsy

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

National Research Ethics Service Committee East Midlands - Leicester, ref: 15/EM/0188

#### Study design

Randomised; Interventional; Design type: Diagnosis

#### Primary study design

Interventional

#### Study type(s)

Treatment

#### Health condition(s) or problem(s) studied

Topic: Cancer, Renal disorders; Subtopic: Prostate Cancer, Renal disorders; Disease: Prostate, All Renal disorders

#### **Interventions**

Arm 1 - 12-core transrectal prostate biopsy

Men undergo standard 12-core transrectal prostate biopsy. A trans-rectal ultrasound probe is used to visualise prostate anatomy and 12 prostate samples are taken. This may be done under local anaesthetic.

#### Arm 2 - MRI arm.

Men undergo a multi-parametric MRI. If there is a suspicious area then these men undergo MRI-targeted prostate biopsy. Up to three suspicious areas are targeted with up to 4 cores to each suspicious area. Software assisted registration may be used. A trans-rectal ultrasound probe is used to visualise prostate anatomy and the prostate samples are taken. This may be done under local anaesthetic. Men with an MRI without any suspicious areas do not undergo biopsy.

Men in each arm are followed up routinely for 30-days post intervention.

#### Intervention Type

Procedure/Surgery

#### Primary outcome(s)

Proportion of men with clinically significant cancer detected

#### Key secondary outcome(s))

- 1. Proportion of men with clinically insignificant cancer detected
- 2. Proportion of men in MPMRI arm who avoid biopsy
- 3. Proportion of men in whom MPMRI score for suspicion of clinically significant cancer was 3, 4 or 5 but no clinically significant cancer was detected
- 4. Proportion of men who go on to definitive local treatment (e.g. radical prostatectomy, radiotherapy, brachytherapy) or systemic treatment (e.g. hormone therapy, chemotherapy)
- 5. Cancer core length of the most involved biopsy core (maximum cancer core length, MCCL)
- 6. Proportion of men with post-biopsy adverse events
- 7. Health related quality of life
- 8. Proportion Gleason grade upgrading in men undergoing radical prostatectomy
- 9. Cost per diagnosis of cancer

#### Completion date

01/12/2017

### **Eligibility**

#### Key inclusion criteria

- 1. Men at least 18 years of age referred with clinical suspicion of prostate cancer who have been advised to have a prostate biopsy
- 2. Serum PSA ≤ 20ng/ml
- 3. Suspected stage  $\leq$  T2 on rectal examination (organ-confined prostate cancer)
- 4. Fit to undergo all procedures listed in protocol
- 5. Able to provide written informed consent

#### Participant type(s)

Patient

#### Healthy volunteers allowed

No

#### Age group

Adult

#### Lower age limit

18 years

#### Sex

Male

#### Total final enrolment

500

#### Key exclusion criteria

- 1. Prior prostate biopsy
- 2. Prior treatment for prostate cancer

- 3. Contraindication to MRI
- 4. Contraindication to prostate biopsy
- 5. Men in whom artifact would reduce the quality of the MRI
- 6. Previous hip replacement surgery, metallic hip replacement or extensive pelvic orthopaedic metal work
- 7. Unfit to undergo any procedures listed in protocol

#### Date of first enrolment

01/07/2015

#### Date of final enrolment

01/10/2017

#### Locations

#### Countries of recruitment

United Kingdom

England

Belgium

Canada

**Finland** 

France

Italy

Netherlands

#### Study participating centre Erasmus University Medical Centre

Netherlands

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Study participating centre Helsinki University Hospital

Finland

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#### Study participating centre

# **Ghent University Hospital** Belgium

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Study participating centre Jewish General Hospital Canada

Canad

Study participating centre
North West London Hospitals NHS Trust
United Kingdom
HA1 3UJ

Study participating centre Radboud University Nijmegen Medical Centre Netherlands

Study participating centre Royal Free London NHS Foundation Trust United Kingdom NW3 2QG

Study participating centre Sapienza University of Rome Italy

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Study participating centre University Lille Nord de France France

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Study participating centre

# **University College London Hospital (lead site)**United Kingdom NW1 2BU

# Sponsor information

#### Organisation

UCL Clinical Trials Unit

#### **ROR**

https://ror.org/001mm6w73

# Funder(s)

#### Funder type

Government

#### **Funder Name**

National Institute for Health Research

#### Alternative Name(s)

National Institute for Health Research, NIHR Research, NIHRresearch, NIHR - National Institute for Health Research, NIHR (The National Institute for Health and Care Research), NIHR

#### **Funding Body Type**

Government organisation

#### **Funding Body Subtype**

National government

#### Location

**United Kingdom** 

#### **Results and Publications**

Individual participant data (IPD) sharing plan

#### IPD sharing plan summary

Stored in repository

#### **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	10/05/2018	09/08/2019	Yes	No
Protocol article	protocol	12/10/2017	09/08/2019	Yes	No
HRA research summary			28/06/2023	No	No
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes