

# Randomised single blind controlled trial to evaluate the use of self timed paced functional activity in chronic low back pain patients

<b>Submission date</b> 30/09/2005	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 30/09/2005	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 26/03/2020	<b>Condition category</b> Musculoskeletal Diseases	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
N0241139833

# Study information

## Scientific Title

Randomised single blind controlled trial to evaluate the use of self timed paced functional activity in chronic low back pain patients

## Study objectives

Does the use of a stopwatch in timing paced physical function significantly reduce self-reports of disability and pain in the chronic low pain population

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

## Study type(s)

Not Specified

## Participant information sheet

## Health condition(s) or problem(s) studied

Musculoskeletal Diseases: Low back pain

## Interventions

40 chronic low back pain patients will be selected using the inclusion and exclusion criteria from the physiotherapy waiting list in the Pain Clinic at St Marys

## Intervention Type

Other

## Phase

Not Specified

## Primary outcome measure

The following outcome measures will be utilised by using Short Form Mc Gill Pain Questionnaire, Oswestry Disability Questionnaire and Tampa Scale for Kinesiophobia Questionnaire

**Secondary outcome measures**

Not provided at time of registration

**Overall study start date**

30/11/2003

**Completion date**

30/04/2004

## Eligibility

**Key inclusion criteria**

40 patients

**Participant type(s)**

Patient

**Age group**

Not Specified

**Sex**

Not Specified

**Target number of participants**

40

**Key exclusion criteria**

Does not match inclusion criteria

**Date of first enrolment**

30/11/2003

**Date of final enrolment**

30/04/2004

## Locations

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

St Mary's NHS Trust

London

United Kingdom

W2 1NY

# Sponsor information

## Organisation

Department of Health

## Sponsor details

Richmond House  
79 Whitehall  
London  
United Kingdom  
SW1A 2NL  
+44 (0)20 7307 2622  
dhmail@doh.gsi.org.uk

## Sponsor type

Government

## Website

<http://www.dh.gov.uk/Home/fs/en>

# Funder(s)

## Funder type

Hospital/treatment centre

## Funder Name

St Mary's NHS Trust (UK) NHS R&D Support Funding

# Results and Publications

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration