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Randomised single blind controlled trial to evaluate the use of self timed paced functional activity in chronic low back pain patients

Submission date
30/09/2005

Recruitment status
No longer recruiting

Registration date
30/09/2005

Overall study status
Completed

Last Edited
26/03/2020

Condition category
Musculoskeletal Diseases

[ ] Prospectively registered
[ ] Protocol
[ ] Statistical analysis plan
[ ] Results
[ ] Individual participant data
[ ] Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
N0241139833

Study information

Scientific Title
Randomised single blind controlled trial to evaluate the use of self timed paced functional activity in chronic low back pain patients

Study objectives
Does the use of a stopwatch in timing paced physical function significantly reduce self-reports of disability and pain in the chronic low pain population

Ethics approval required
Old ethics approval format

Ethics approval(s)
Not provided at time of registration

Study design
Randomised controlled trial

Primary study design
Interventional

Secondary study design
Randomised controlled trial

Study setting(s)
Not specified

Study type(s)
Not Specified

Participant information sheet

Health condition(s) or problem(s) studied
Musculoskeletal Diseases: Low back pain

Interventions
40 chronic low back pain patients will be selected using the inclusion and exclusion criteria from the physiotherapy waiting list in the Pain Clinic at St Marys

Intervention Type
Other

Phase
Not Specified

Primary outcome measure
The following outcome measures will be utilised by using Short Form Mc Gill Pain Questionnaire, Oswestry Disability Questionnaire and Tampa Scale for Kinesiophobia Questionnaire

Secondary outcome measures
Not provided at time of registration

Overall study start date
30/11/2003

Completion date
30/04/2004

Eligibility

Key inclusion criteria
40 patients

Participant type(s)
Patient

Age group
Not Specified

Sex
Not Specified

Target number of participants
40

Key exclusion criteria
Does not match inclusion criteria

Date of first enrolment
30/11/2003

Date of final enrolment
30/04/2004

Locations

Countries of recruitment
England

United Kingdom

Study participating centre
St Mary's NHS Trust
London
United Kingdom
W2 1NY

Sponsor information

Organisation
Department of Health

Sponsor details
Richmond House
79 Whitehall
London
United Kingdom
SW1A 2NL
+44 (0)20 7307 2622
dhmail@doh.gsi.org.uk

Sponsor type
Government

Website
http://www.dh.gov.uk/Home/fs/en

Funder(s)

Funder type
Hospital/treatment centre

Funder Name
St Mary's NHS Trust (UK) NHS R&D Support Funding

Results and Publications

Publication and dissemination plan
Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration