

# Influence of ibuprofen-arginine on serum levels of nitric oxide metabolites in patients with chronic lower back pain: a single-blind, placebo-controlled pilot trial

**Submission date**

16/02/2006

**Recruitment status**

No longer recruiting

☐ Prospectively registered

☐ Protocol

**Registration date**

17/02/2006

**Overall study status**

Completed

☐ Statistical analysis plan

☒ Results

**Last Edited**

20/12/2007

**Condition category**

Injury, Occupational Diseases, Poisoning

☐ Individual participant data

**Plain English summary of protocol**

Not provided at time of registration

## Contact information

**Type(s)**

Scientific

**Contact name**

Dr Haiko Sprött

**Contact details**

Department of Rheumatology

Institute of Medical Research

University Hospital of Zurich

Gloriastrasse 25

Zurich

Switzerland

CH-8091

+41 (0)44 255 3010

haiko.sprott@usz.ch

## Additional identifiers

EudraCT/CTIS number

IRAS number

**ClinicalTrials.gov number**

**Secondary identifying numbers**

2003DR4004

## **Study information**

**Scientific Title**

**Study objectives**

The present study investigates whether ibuprofen-arginine has a cyclooxygenase-independent pain modulating property besides its known anti-inflammatory effect.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Ethics approval received from the local ethics committee (Kantonale Ethics commission Zurich) on the 8th November 2002 (ref: 427).

**Study design**

A single-blind, placebo-controlled pilot trial

**Primary study design**

Interventional

**Secondary study design**

Randomised controlled trial

**Study setting(s)**

Not specified

**Study type(s)**

Treatment

**Participant information sheet**

**Health condition(s) or problem(s) studied**

Lower back pain

**Interventions**

Ibuprofen-arginine 400 mg (verum) was administered orally once.

**Intervention Type**

Drug

**Phase**

Not Specified

**Drug/device/biological/vaccine name(s)**

Ibuprofen-arginine 400 mg (verum)

**Primary outcome measure**

No metabolites.

**Secondary outcome measures**

Pain intensity (VAS).

**Overall study start date**

04/03/2003

**Completion date**

14/10/2003

## Eligibility

**Key inclusion criteria**

Non-specific chronic lower back pain (Visual Analogue Scale [VAS] greater than or equal to 60).

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Both

**Target number of participants**

20

**Key exclusion criteria**

Specific lower back pain.

**Date of first enrolment**

04/03/2003

**Date of final enrolment**

14/10/2003

## Locations

**Countries of recruitment**

Switzerland

**Study participating centre**

**Department of Rheumatology**  
Zurich  
Switzerland  
CH-8091

## **Sponsor information**

### **Organisation**

Zambon Svizzera S.A. (Switzerland)

### **Sponsor details**

Via Industria 13  
Casella postale 200  
Cadempino  
Switzerland  
CH-6814  
+41 (0)91 960 4118  
Ralf.Ruffmann@zambongroup.com

### **Sponsor type**

Industry

### **Website**

<http://www.inpharzam.ch/>

### **ROR**

<https://ror.org/04zrd1t35>

## **Funder(s)**

### **Funder type**

Industry

### **Funder Name**

Zambon Svizzera S.A. (Switzerland)

## **Results and Publications**

### **Publication and dissemination plan**

Not provided at time of registration

### **Intention to publish date**

## Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

| Output type                     | Details | Date created | Date added | Peer reviewed? | Patient-facing? |
|---------------------------------|---------|--------------|------------|----------------|-----------------|
| <a href="#">Results article</a> | Results | 01/12/2006   |            | Yes            | No              |