

Pilot Study on the use of Acupuncture for mild to moderate depression in a primary care setting.

Submission date
30/09/2004

Recruitment status
No longer recruiting

☐ Prospectively registered

☐ Protocol

Registration date
30/09/2004

Overall study status
Completed

☐ Statistical analysis plan

☒ Results

Last Edited
27/05/2010

Condition category
Mental and Behavioural Disorders

☐ Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

Protocol serial number

N0018124483

Study information

Scientific Title

Study objectives

Complementary Alternative Medicine (CAM) is a growing health provision in the UK but with little evidence base. A pilot study is needed before proceeding to a definitive study.

Please note that as of 26/05/10 this record was updated to include the target number of participants and primary outcomes. Details can be found in the relevant field with the above update date. This information was obtained from the publication below (2008).

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Mental and Behavioural Disorders: Depression

Interventions

Randomised controlled trial (acupuncture vs sham acupuncture), questionnaires, participant observation, interviews.

Intervention Type

Other

Phase

Not Applicable

Primary outcome(s)

Added 26/05/10:

1. Beck's Depression Inventory (BDI)
2. RAND 36 Item Health Survey 1.0 (RAND-36)

Completed at baseline and at the end of treatment or at treatment dropout.

Key secondary outcome(s)

Not provided at time of registration

Completion date

31/03/2005

Eligibility**Key inclusion criteria**

Patients aged over 18 years of age recruited from participating general practices.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Not Specified

Lower age limit

18 years

Sex

Not Specified

Key exclusion criteria

Does not meet inclusion criteria

Date of first enrolment

01/06/2003

Date of final enrolment

31/03/2005

Locations

Countries of recruitment

United Kingdom

England

Study participating centre

218 Boundary Road

London

United Kingdom

N22 6AJ

Sponsor information

Organisation

Department of Health

Funder(s)

Funder type

Hospital/treatment centre

Funder Name

Barnet, Enfield and Haringey NHS Trust (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/04/2008		Yes	No