

# Pilot Study on the use of Acupuncture for mild to moderate depression in a primary care setting.

<b>Submission date</b> 30/09/2004	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 30/09/2004	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 27/05/2010	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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### Contact details

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N0018124483

# Study information

## Scientific Title

## Study objectives

Complementary Alternative Medicine (CAM) is a growing health provision in the UK but with little evidence base. A pilot study is needed before proceeding to a definitive study.

Please note that as of 26/05/10 this record was updated to include the target number of participants and primary outcomes. Details can be found in the relevant field with the above update date. This information was obtained from the publication below (2008).

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

GP practice

## Study type(s)

Treatment

## Participant information sheet

## Health condition(s) or problem(s) studied

Mental and Behavioural Disorders: Depression

## Interventions

Randomised controlled trial (acupuncture vs sham acupuncture), questionnaires, participant observation, interviews.

## Intervention Type

Other

## Phase

Not Applicable

## Primary outcome measure

Added 26/05/10:

1. Beck's Depression Inventory (BDI)
2. RAND 36 Item Health Survey 1.0 (RAND-36)

Completed at baseline and at the end of treatment or at treatment dropout.

### **Secondary outcome measures**

Not provided at time of registration

### **Overall study start date**

01/06/2003

### **Completion date**

31/03/2005

## **Eligibility**

### **Key inclusion criteria**

Patients aged over 18 years of age recruited from participating general practices.

### **Participant type(s)**

Patient

### **Age group**

Not Specified

### **Lower age limit**

18 Years

### **Sex**

Not Specified

### **Target number of participants**

19 (added 26/05/10; see publication below)

### **Key exclusion criteria**

Does not meet inclusion criteria

### **Date of first enrolment**

01/06/2003

### **Date of final enrolment**

31/03/2005

## **Locations**

### **Countries of recruitment**

England

United Kingdom

**Study participating centre**  
**218 Boundary Road**  
London  
United Kingdom  
N22 6AJ

## **Sponsor information**

**Organisation**  
Department of Health

**Sponsor details**  
Richmond House  
79 Whitehall  
London  
United Kingdom  
SW1A 2NL

**Sponsor type**  
Government

**Website**  
<http://www.dh.gov.uk/Home/fs/en>

## **Funder(s)**

**Funder type**  
Hospital/treatment centre

**Funder Name**  
Barnet, Enfield and Haringey NHS Trust (UK)

## **Results and Publications**

**Publication and dissemination plan**  
Not provided at time of registration

**Intention to publish date**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**  
Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/04/2008		Yes	No