

# VIVALDI Praxis: Valdoxan improves depressive symptoms and normalizes circadian rhythms

**Submission date**  
11/03/2010

**Recruitment status**  
No longer recruiting

☐ Prospectively registered

☐ Protocol

**Registration date**  
22/04/2010

**Overall study status**  
Completed

☐ Statistical analysis plan

☒ Results

**Last Edited**  
07/01/2021

**Condition category**  
Mental and Behavioural Disorders

☐ Individual participant data

## Plain English summary of protocol

Not provided at time of registration and not expected to be available in the future

## Contact information

### Type(s)

Scientific

### Contact name

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

**Secondary identifying numbers**

IC4-20098-92-DEU

## Study information

**Scientific Title**

VIVALDI Praxis: Valdoxan improves depressive symptoms and normalizes circadian rhythms: A prospective multicentre observational study

**Acronym**

VIVALDI Praxis

**Study objectives**

Effects of Valdoxan therapy on depressive symptoms and circadian rhythm dysfunction in adult patients with episodes of major depression under daily routine in an observational prospective multicentre trial by general practitioners and internists

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Freiburger Ethics Committee International (Mozartstr. 21, 79104 Freiburg [Germany] - Prof. Hans-Peter Graf, MD, PhD) approved on 26/10/2009 (feki code: 09/2435)

**Study design**

Observational prospective multicentre study

**Primary study design**

Observational

**Secondary study design**

Cohort study

**Study setting(s)**

GP practice

**Study type(s)**

Treatment

**Participant information sheet**

Not available in web format, please use the contact details below to request a patient information sheet

**Health condition(s) or problem(s) studied**

Episodes of major depression

**Interventions**

Data on Valdoxan therapy for the treatment of major depression in daily routine practice will be collected from general practitioners, internists and their patients over a 3 month period.

**Intervention Type**

Other

**Phase**

Phase IV

### **Primary outcome measure**

1. Get information on Valdoxan therapy under daily routine practice by general practitioners and internists:

1.1. Changes in depressive symptoms under daily routine conditions via a short term version of the MADRS (Montgomery-Asberg Depression Rating Scale) and CGI (Clinical Global Impressions) questionnaire.

1.2. Effects of the therapy on quality of life and satisfaction of patients via patients-questionnaire (Q-LES-Q-SF)

1.3. Effects of the therapy on circadian rhythms via patients-questionnaire (questions 1, 2 and 5 of CircScreen)

2. Get information about how Valdoxan SmPC and patients' information are followed via standardized documentation of the dosage of Valdoxan, of comedications and concomitant diseases

3. Analysis of the general tolerability of Valdoxan under routine conditions via standardised adverse drug reactions documentation and standardised documentation of therapy discontinuation.

4. Analysis of unknown adverse drug reactions via standardised documentation

5. Get further information on known adverse drug reactions under routine practice via standardized adverse drug reactions documentation and laboratory parameter (liver function testing)

Outcomes will be measured at baseline, after approx. 2 weeks, after approx. 6 weeks and after approx. 12 weeks.

### **Secondary outcome measures**

No secondary outcome measures

### **Overall study start date**

13/01/2010

### **Completion date**

30/09/2010

## **Eligibility**

### **Key inclusion criteria**

Adult patients with episodes of major depression

### **Participant type(s)**

Patient

### **Age group**

Adult

### **Sex**

Both

### **Target number of participants**

3600 patients

**Key exclusion criteria**

Does not meet inclusion criteria

**Date of first enrolment**

13/01/2010

**Date of final enrolment**

30/09/2010

**Locations****Countries of recruitment**

Germany

**Study participating centre**

Elsenheimer Str. 53

Munich

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80687

**Sponsor information****Organisation**

Servier Deutschland GmbH (Germany)

**Sponsor details**

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**Sponsor type**

Industry

**Website**

<http://www.servier.com/>

**ROR**

<https://ror.org/05wk4ae67>

**Funder(s)**

**Funder type**

Industry

**Funder Name**

Servier Deutschland GmbH (Germany)

## Results and Publications

**Publication and dissemination plan**

2011 results presented at DGPPN Kongress 2011 (Laux, G. and C. Steinmann. Antidepressive Behandlung mit Agomelatin in der Hausarztpraxis: Ergebnisse der Studie VIVALDI-Praxis, in DGPPN Kongress. 2011. Berlin. P-011 008).

2012 results presented at DGPPN Kongress 2012 (Laux G, S.C., Escafit-Schülke ML., Behandlung der Depression mit Agomelatin durch den Hausarzt: Ergebnisse der Studie VIVALDI Praxis, in 118. DGIM Kongress. 2012: Wiesbaden. PS139).

**Intention to publish date****Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	03/06/2015	07/01/2021	Yes	No
<a href="#">Results article</a>	results	01/04/2017	07/01/2021	Yes	No