# A multicentre randomised phase II study of hypofractionated bladder radiotherapy with or without image guided adaptive planning

Submission date Recruitment status [X] Prospectively registered 11/09/2013 No longer recruiting [X] Protocol [ ] Statistical analysis plan Registration date Overall study status 11/09/2013 Completed [X] Results [ ] Individual participant data Last Edited Condition category 05/07/2023 Cancer

## Plain English summary of protocol

http://www.cancerresearchuk.org/cancer-help/trials/a-trial-to-learn-more-about-weekly-radiotherapy-for-invasive-bladder-cancer-and-to-look-differnt-way-planning-treatment-hybrid

# **Contact information**

# Type(s)

Scientific

#### Contact name

Dr HYBRID Trial

#### Contact details

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# Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

NCT01810757

## Secondary identifying numbers

15216

# Study information

#### Scientific Title

A multicentre randomised phase II study of HYpofractionated Bladder Radiotherapy with or without Image guided aDaptive planning

#### Acronym

**HYBRID** 

#### Study objectives

HYBRID aims to collect robust information about the side effects of weekly bladder radiotherapy, and is also investigating whether side effects can be reduced by using scans taken before each weekly treatment to tailor radiotherapy delivery (adaptive radiotherapy).

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

11/09/2013, ref: 13/LO/1350

#### Study design

Randomised; Interventional; Design type: Treatment

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

#### Study setting(s)

Hospital

#### Study type(s)

Treatment

#### Participant information sheet

## Health condition(s) or problem(s) studied

Topic: National Cancer Research Network; Subtopic: Bladder Cancer; Disease: Bladder (superficial)

#### **Interventions**

Participants will be randomly allocated between weekly radiotherapy and weekly adaptive radiotherapy. Both groups will receive the same radiotherapy dose.

1. Adaptive planning, 36 Gray of hypofractionated radiotherapy will be delivered in 6 fractions using the best fitting of 3 plans at each treatment. Plans will be selected and verified by

accredited staff.

2. Standard planning (control), 36 Gray of hypofractionated radiotherapy will be delivered in 6 fractions using standard planning and delivery techniques.

Participants will visit the hospital 4 weeks, 3, 6, 12 and 24 months after radiotherapy to receive treatment for any symptoms and to check whether the cancer has returned. The main aim of HYBRID is to establish whether use of adaptive radiotherapy can reduce nonbladder side effects by reducing the amount of nonbladder tissue exposed to high doses of radiotherapy. HYBRID will also combine the results of both treatment groups to investigate how well weekly radiotherapy controls bladder cancer.

#### Intervention Type

Other

#### **Phase**

Phase II

#### Primary outcome measure

Proportion of patients experiencing severe acute non-genitourinary side effects after radiotherapy; Timepoint(s): Up to 3 months

#### Secondary outcome measures

Not provided at time of registration

#### Overall study start date

01/12/2013

#### Completion date

31/12/2020

# **Eligibility**

#### Key inclusion criteria

- 1. Written informed consent
- 2. Age =18 years
- 3. Histologically confirmed invasive bladder carcinoma (T2T4a N0 M0; any histological subtype)
- 4. Unsuitable for radical cystectomy or daily fractionated radiotherapy for any reason (including performance status, comorbidity, patient refusal)
- 5. Expected survival more than 6 months
- 6. WHO performance status 03
- 7. Willing to undergo post treatment cystoscopy
- 8. Able to attend post treatment follow up

#### Participant type(s)

Patient

#### Age group

Adult

#### Lower age limit

#### Sex

Both

## Target number of participants

Planned Sample Size: 62; UK Sample Size: 62; Final enrolment: 65

#### Total final enrolment

65

#### Key exclusion criteria

- 1. Nodal or metastatic disease
- 2. Concurrent malignancy within 2 years of randomisation (not including non melanomatous skin carcinoma, previous non muscle invasive bladder tumours, NCCN low risk prostate cancer (T1/T2a, Gleason 6 PSA <10), in situ carcinoma of any site)
- 3. Previous pelvic radiotherapy
- 4. Urinary catheter in situ
- 5. Any other contraindication to radiotherapy (e.g. inflammatory bowel disease)

#### Date of first enrolment

15/04/2015

#### Date of final enrolment

31/08/2016

# Locations

#### Countries of recruitment

England

United Kingdom

## Study participating centre Section of Clinical Trials, 15 Cotswold Road

Sutton United Kingdom SM2 5NG

# Sponsor information

#### Organisation

Institute of Cancer Research (UK)

#### Sponsor details

Experimental Cancer Medicine Centre Network Cancer Research 123 Old Brompton Road London United Kingdom SW7 3RP

#### Sponsor type

Research organisation

#### **ROR**

https://ror.org/043jzw605

# Funder(s)

#### Funder type

Charity

#### **Funder Name**

Cancer Research UK (UK)

#### Alternative Name(s)

CR\_UK, Cancer Research UK - London, CRUK

## **Funding Body Type**

Private sector organisation

## **Funding Body Subtype**

Other non-profit organizations

#### Location

**United Kingdom** 

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

# Intention to publish date

31/12/2019

# Individual participant data (IPD) sharing plan

Not provided at time of registration

# IPD sharing plan summary

# Not provided at time of registration

# Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Plain English results			12/02/2021	No	Yes
<u>Protocol article</u>		26/05/2020	20/06/2022	Yes	No
HRA research summary			28/06/2023	No	No
Results article	results	11/12/2020	05/07/2023	Yes	No