

# Patient preference and acceptability of calcium plus vitamin D3 supplementation: a randomised, open, cross-over trial

<b>Submission date</b> 24/04/2008	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 09/06/2008	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 12/04/2021	<b>Condition category</b> Musculoskeletal Diseases	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Prof Willem Lems

**Contact details**  
Vrije University Medical Centre  
De Boelelaan 1117  
Amsterdam  
Netherlands  
1081 HV  
-  
wf.lems@vumc.nl

## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
CW-004-IN

# Study information

## Scientific Title

Patient preference and acceptability of calcium plus vitamin D3 supplementation: a randomised, open, cross-over trial

## Study objectives

The aim of this trial was to assess the preference for a formulation based on the identification of some of the factors that may influence compliance with the intake of calcium plus vitamin D3 supplements.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Ethics approval received from the Local Ethical Committee in February 2003.

## Study design

Randomised, open, cross-over clinical trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

## Study type(s)

Treatment

## Participant information sheet

## Health condition(s) or problem(s) studied

Osteoporosis

## Interventions

The Calci-Chew D3 chewable tablets (Nycomed, Denmark) contained 1250 mg of calcium carbonate (equivalent to 500 mg elemental calcium) and 400 IU of cholecalciferol (equivalent to 10 µg vitamin D3). The sachet of calcium plus vitamin D3 (Cad, Will-Pharma) contained 1250 mg of calcium carbonate (equivalent to 500 mg elemental calcium) and 440 IU of vitamin D3.

The patients received both trial medications for 14 days, which was considered adequate for a patient to become familiar with the formulation and to assess the preference and acceptability. The patients received either the chewable tablet for two weeks followed by the sachet for two weeks or vice versa.

Total duration follow-up: 28 weeks

**Intervention Type**

Supplement

**Phase**

Not Specified

**Drug/device/biological/vaccine name(s)**

Calcium, vitamin D3 supplementation

**Primary outcome measure**

To assess any preference between Calci-Chew D3 and Cad, measured at visit 3 (day 28).

**Secondary outcome measures**

1. To compare acceptability of the formulations using an 11-point rating scale, measured at visit 2 (day 14) and visit 3 (day 28)
2. To record tolerability and adverse events, measured at visit 2 (day 14) and visit 3 (day 28)

**Overall study start date**

01/02/2003

**Completion date**

30/11/2003

**Eligibility****Key inclusion criteria**

1. Patients with osteoporosis who required calcium and vitamin D supplementation as part of their anti-osteoporotic therapy
2. Age range: greater than 18 years, gender: women and men

**Participant type(s)**

Patient

**Age group**

Adult

**Lower age limit**

18 Years

**Sex**

Both

**Target number of participants**

200

**Total final enrolment**

102

**Key exclusion criteria**

1. Use of the trial medications during the past six months
2. Any condition for which the trial medications are contra-indicated, such as hypercalcaemia, hypercalciuria, Zollinger-Ellison syndrome, and nephrolithiasis
3. Use of drugs known to interact with the trial medications (e.g., digoxin, tetracycline, fluoroquinolones, bisphosphonates, iron, sodium fluoride, diuretics, phenytoin, barbiturates, corticosteroids, levothyroxine, ion exchange resins, laxatives)
4. Planned surgery during the four-week study period
5. Pregnant, possibly pregnant, or breastfeeding women

**Date of first enrolment**

01/02/2003

**Date of final enrolment**

30/11/2003

## Locations

**Countries of recruitment**

Netherlands

**Study participating centre**

Vrije University Medical Centre

Amsterdam

Netherlands

1081 HV

## Sponsor information

**Organisation**

Nycomed (Denmark)

**Sponsor details**

Langebjerg 1

Roskilde

Denmark

DK-4000

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Info@nycomed.com

**Sponsor type**

Industry

**Website**

<http://www.nycomed.com/en/menu/>

ROR

<https://ror.org/03bsswy66>

## Funder(s)

### Funder type

Industry

### Funder Name

Nycomed (Denmark)

## Results and Publications

### Publication and dissemination plan

Not provided at time of registration

### Intention to publish date

### Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>		01/05/2010	30/12/2020	Yes	No