# Patient preference and acceptability of calcium plus vitamin D3 supplementation: a randomised, open, cross-over trial

Submission date Recruitment status Prospectively registered 24/04/2008 No longer recruiting [ ] Protocol [ ] Statistical analysis plan Registration date Overall study status 09/06/2008 Completed [X] Results [ ] Individual participant data Last Edited Condition category Musculoskeletal Diseases 12/04/2021

# Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

**Prof Willem Lems** 

#### Contact details

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# Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

CW-004-IN

# Study information

#### Scientific Title

Patient preference and acceptability of calcium plus vitamin D3 supplementation: a randomised, open, cross-over trial

#### Study objectives

The aim of this trial was to assess the preference for a formulation based on the identification of some of the factors that may influence compliance with the intake of calcium plus vitamin D3 supplements.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Ethics approval received from the Local Ethical Committee in February 2003.

#### Study design

Randomised, open, cross-over clinical trial

#### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

#### Study setting(s)

Not specified

#### Study type(s)

Treatment

#### Participant information sheet

#### Health condition(s) or problem(s) studied

Osteoporosis

#### Interventions

The Calci-Chew D3 chewable tablets (Nycomed, Denmark) contained 1250 mg of calcium carbonate (equivalent to 500 mg elemental calcium) and 400 IU of cholecalciferol (equivalent to 10 µg vitamin D3). The sachet of calcium plus vitamin D3 (Cad, Will-Pharma) contained 1250 mg of calcium carbonate (equivalent to 500 mg elemental calcium) and 440 IU of vitamin D3.

The patients received both trial medications for 14 days, which was considered adequate for a patient to become familiar with the formulation and to assess the preference and acceptability. The patients received either the chewable tablet for two weeks followed by the sachet for two weeks or vice versa.

Total duration follow-up: 28 weeks

## Intervention Type

Supplement

#### Phase

**Not Specified** 

## Drug/device/biological/vaccine name(s)

Calcium, vitamin D3 supplementation

#### Primary outcome measure

To assess any preference between Calci-Chew D3 and Cad, measured at visit 3 (day 28).

#### Secondary outcome measures

- 1. To compare acceptability of the formulations using an 11-point rating scale, measured at visit 2 (day 14) and visit 3 (day 28)
- 2. To record tolerability and adverse events, measured at visit 2 (day 14) and visit 3 (day 28)

## Overall study start date

01/02/2003

#### Completion date

30/11/2003

# **Eligibility**

## Key inclusion criteria

- 1. Patients with osteoporosis who required calcium and vitamin D supplementation as part of their anti-osteoporotic therapy
- 2. Age range: greater than 18 years, gender: women and men

# Participant type(s)

**Patient** 

# Age group

Adult

## Lower age limit

18 Years

#### Sex

Both

#### Target number of participants

200

#### Total final enrolment

102

#### Key exclusion criteria

- 1. Use of the trial medications during the past six months
- 2. Any condition for which the trial medications are contra-indicated, such as hypercalcaemia, hypercalciuria, Zollinger-Ellison syndrome, and nephrolithiasis
- 3. Use of drugs known to interact with the trial medications (e.g., digoxin, tetracycline, fluoroquinolones, bisphosphonates, iron, sodium fluoride, diuretics, phenytoin, barbiturates, corticosteroids, levothyroxine, ion exchange resins, laxatives)
- 4. Planned surgery during the four-week study period
- 5. Pregnant, possibly pregnant, or breastfeeding women

# Date of first enrolment

01/02/2003

Date of final enrolment 30/11/2003

# Locations

**Countries of recruitment**Netherlands

Study participating centre
Vrije University Medical Centre
Amsterdam
Netherlands
1081 HV

# Sponsor information

## Organisation

Nycomed (Denmark)

#### Sponsor details

Langebjerg 1 Roskilde Denmark DK-4000

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Info@nycomed.com

# Sponsor type

Industry

#### Website

http://www.nycomed.com/en/menu/

#### ROR

https://ror.org/03bsswy66

# Funder(s)

Funder type

Industry

Funder Name

Nycomed (Denmark)

# **Results and Publications**

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

# **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article		01/05/2010	30/12/2020	Yes	No