

# Inspiratory muscle training in patients with Chronic Obstructive Pulmonary Disease (COPD)

<b>Submission date</b> 23/01/2004	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 23/01/2004	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 17/09/2012	<b>Condition category</b> Respiratory	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Ms Lorna Johnson

**Contact details**  
King's College Hospital Medical School  
Kensington Campus  
Camden Hill Road  
London  
United Kingdom  
W8 7AH  
+44 (0)20 7737 4000  
lorna.johnson@kcl.ac.uk

## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
RDC01621

# Study information

## Scientific Title

## Study objectives

The aim of this study is to investigate the effects of the POWERbreathe on respiratory muscle strength and endurance in people with COPD and also to assess the effects of IMT on breathlessness, functional exercise capacity and quality of life. The results of this study will provide evidence to enable healthcare professionals to advise their patients about the value of this device and may support the introduction of this or similar devices as a therapy for people with COPD.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Hospital

## Study type(s)

Treatment

## Participant information sheet

## Health condition(s) or problem(s) studied

Chronic obstructive pulmonary disease

## Interventions

Not provided at time of registration

## Intervention Type

Other

## Phase

Not Specified

## Primary outcome measure

Mean changes in respiratory muscle strength (cms H<sub>2</sub>O), respiratory muscle endurance (peak power [cms H<sub>2</sub>O] and duration [seconds]), shuttle walk distance (metres), Borg scores for breathlessness and CRDQ will be compared between groups using an unpaired t-test or analysis of covariance. Any changes in respiratory muscle strength and endurance will be compared with changes in shuttle walk distance and CRDQ scores using correlation.

### **Secondary outcome measures**

Not provided at time of registration

### **Overall study start date**

01/03/2000

### **Completion date**

01/03/2002

## **Eligibility**

### **Key inclusion criteria**

1. 80 non-hypercapnic patients with moderate (forced expiratory volume [FEV] <40%) will be recruited from consultant hospital and community chest clinics.
2. All patients will be receiving optimum medical management and will have been stable for at least 4 weeks prior to their initial assessment.

### **Participant type(s)**

Patient

### **Age group**

Not Specified

### **Sex**

Not Specified

### **Target number of participants**

80

### **Key exclusion criteria**

1. Hypercapnia (PaCO<sub>2</sub> >45 mmHg)
2. Any patient who is unsuitable for magnetic stimulation (pacemakers, artificial heart valves, metal prosthesis).

### **Date of first enrolment**

01/03/2000

### **Date of final enrolment**

01/03/2002

## **Locations**

### **Countries of recruitment**

England

United Kingdom

**Study participating centre**  
**King's College Hospital Medical School**  
London  
United Kingdom  
W8 7AH

## Sponsor information

### Organisation

NHS R&D Regional Programme Register - Department of Health (UK)

### Sponsor details

The Department of Health  
Richmond House  
79 Whitehall  
London  
United Kingdom  
SW1A 2NL  
+44 (0)20 7307 2622  
dhmail@doh.gsi.org.uk

### Sponsor type

Government

### Website

<http://www.doh.gov.uk>

## Funder(s)

### Funder type

Government

### Funder Name

NHS Executive London (UK)

## Results and Publications

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Abstract results</a>		01/12/2003		No	No