# A randomised controlled trial of patient self management of oral anticoagulation compared to standard care

Submission date 23/10/2000	<b>Recruitment status</b> No longer recruiting
<b>Registration date</b> 23/10/2000	<b>Overall study status</b> Completed

Last EditedCondition category21/07/2011Haematological Disorders

### Plain English summary of protocol

Not provided at time of registration

### **Contact information**

**Type(s)** Scientific

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# Additional identifiers

EudraCT/CTIS number

**IRAS number** 

ClinicalTrials.gov number

Secondary identifying numbers G9900263

- [] Prospectively registered
- [X] Protocol
- Statistical analysis plan
- [X] Results
- [] Individual participant data

### Study information

#### Scientific Title

#### Acronym

SMART: Self-Management of Anticoagulation, a Randomised Trial

#### Study objectives

The null hypothesis is that patients managing their own anticoagulation can achieve as good therapeutic control as patients receiving standard care.

Please note that as of 07/02/2007 this record was updated to include the current target number of participants. The previous target number of participants at the time of registration was 660.

#### **Ethics approval required** Old ethics approval format

**Ethics approval(s)** Not provided at time of registration

**Study design** Randomised controlled trial

**Primary study design** Interventional

**Secondary study design** Randomised controlled trial

**Study setting(s)** Not specified

**Study type(s)** Not Specified

Participant information sheet

Health condition(s) or problem(s) studied Anticoagulant therapy

#### Interventions

The intervention comprises a training programme to enable patients to undertake oral anticoagulation monitoring at home.

## Intervention Type

Other

**Phase** Not Specified

#### Primary outcome measure

1. Therapeutic international normalised ratio (INR) control

2. Bleeding and thrombotic complications

**Secondary outcome measures** Not provided at time of registration

Overall study start date 01/09/2000

**Completion date** 30/06/2003

# Eligibility

**Key inclusion criteria** All patients aged over 18 receiving warfarin therapy

**Participant type(s)** Patient

**Age group** Adult

**Lower age limit** 18 Years

**Sex** Both

**Target number of participants** 512

**Key exclusion criteria** Not provided at time of registration

Date of first enrolment 01/09/2000

Date of final enrolment 30/06/2003

### Locations

**Countries of recruitment** England

United Kingdom

**Study participating centre The Department of Primary Care and General Practice** Birmingham United Kingdom B15 2TT

### Sponsor information

**Organisation** Medical Research Council (MRC) (UK)

**Sponsor details** 20 Park Crescent London United Kingdom W1B 1AL +44 (0)20 7636 5422 clinical.trial@headoffice.mrc.ac.uk

**Sponsor type** Research council

Website http://www.mrc.ac.uk

### Funder(s)

**Funder type** Research council

**Funder Name** Medical Research Council (UK)

Alternative Name(s) Medical Research Council (United Kingdom), UK Medical Research Council, MRC

**Funding Body Type** Government organisation

Funding Body Subtype National government

Location

## **Results and Publications**

#### Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

#### IPD sharing plan summary

Not provided at time of registration

#### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Protocol article	protocol	18/09/2003		Yes	No
Results article	results	05/11/2005		Yes	No
Results article	results	01/04/2011		Yes	No