

# A randomised controlled trial of patient self management of oral anticoagulation compared to standard care

**Submission date**  
23/10/2000

**Recruitment status**  
No longer recruiting

☐ Prospectively registered

☒ Protocol

**Registration date**  
23/10/2000

**Overall study status**  
Completed

☐ Statistical analysis plan

☒ Results

**Last Edited**  
21/07/2011

**Condition category**  
Haematological Disorders

☐ Individual participant data

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

Mr A Fitzmaurice

### Contact details

The Department of Primary Care and General Practice  
The Medical School  
The University of Birmingham  
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## Additional identifiers

### Protocol serial number

G9900263

## Study information

### Scientific Title

**Acronym**

SMART: Self-Management of Anticoagulation, a Randomised Trial

**Study objectives**

The null hypothesis is that patients managing their own anticoagulation can achieve as good therapeutic control as patients receiving standard care.

Please note that as of 07/02/2007 this record was updated to include the current target number of participants. The previous target number of participants at the time of registration was 660.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Not provided at time of registration

**Study design**

Randomised controlled trial

**Primary study design**

Interventional

**Study type(s)**

Not Specified

**Health condition(s) or problem(s) studied**

Anticoagulant therapy

**Interventions**

The intervention comprises a training programme to enable patients to undertake oral anticoagulation monitoring at home.

**Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome(s)**

1. Therapeutic international normalised ratio (INR) control
2. Bleeding and thrombotic complications

**Key secondary outcome(s)**

Not provided at time of registration

**Completion date**

30/06/2003

**Eligibility**

**Key inclusion criteria**

All patients aged over 18 receiving warfarin therapy

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 years

**Sex**

All

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

01/09/2000

**Date of final enrolment**

30/06/2003

**Locations****Countries of recruitment**

United Kingdom

England

**Study participating centre**

The Department of Primary Care and General Practice

Birmingham

United Kingdom

B15 2TT

**Sponsor information****Organisation**

Medical Research Council (MRC) (UK)

# Funder(s)

## Funder type

Research council

## Funder Name

Medical Research Council (UK)

## Alternative Name(s)

Medical Research Council (United Kingdom), UK Medical Research Council, MRC

## Funding Body Type

Government organisation

## Funding Body Subtype

National government

## Location

United Kingdom

# Results and Publications

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	05/11/2005		Yes	No
<a href="#">Results article</a>	results	01/04/2011		Yes	No
<a href="#">Protocol article</a>	protocol	18/09/2003		Yes	No