

# Progenitor cell response following Myocardial Infarction Study (ProMIS)

<b>Submission date</b> 16/12/2011	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 05/03/2012	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 12/12/2017	<b>Condition category</b> Circulatory System	<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

### Background and study aims

Stem cells produced in the bone marrow are able to heal parts of the body that have lost their blood supply. After a heart attack, these stem cells are released into the blood stream in large amounts. Although there is previous research evaluating the effects of injecting these stem cells as a treatment to promote the growth of new blood vessels, little is known about the body's natural release of these cells and their ability to travel to the damaged parts of the body following a heart attack. This study aims to assess how natural repair mechanisms respond after a heart attack and whether diabetes interferes with these natural responses, potentially worsening the patient's clinical outcome. We know that after a heart attack the body produces more stem cells that are designed to help new blood vessels to grow and thereby repair the damaged heart. We want to find out whether the increase in these stem cells is influenced by the amount of damage to the heart and, if so, whether this relationship between the response and amount of damage is lost in patients with diabetes. The incidence of diabetes is rising and represents one of the greatest medical challenges worldwide. Heart disease is a leading cause of death in patients with diabetes and these patients have a worse outcome after a heart attack. Understanding better why patients with diabetes do less well is currently a topic of intensive research, with the hope of finding new effective treatments. The aim of this study is to assess the number of stem cells and their ability to reach damaged parts of the body after a heart attack.

### Who can participate?

Patients aged 40 to 75 who have had either a sudden (STEMI) or 'grumbling' heart attack (NSTEMI) and both diabetic and non-diabetic patients.

### What does the study involve?

Participants will give blood samples within the first four days after their heart attack and will undergo MRI scans four days and 3 months after their heart attack. 12 months later the participants will be contacted by telephone to ask about any adverse events, hospital admissions or changes to medication.

### What are the possible benefits and risks of participating?

There is no direct benefit for participants, although the information collected from this study

will help to improve our understanding of the body's natural responses during and after a heart attack, and their impact on heart function. This work will also increase our knowledge of how these natural responses vary in people with and without diabetes. Counting these stem cells in a blood sample and their ability to reach damaged heart muscle may help us to identify which patients need more aggressive treatment after a heart attack.

Where is the study run from?  
Bristol Royal Infirmary (UK).

When is study starting and how long is it expected to run for?  
February 2010 to February 2014.

Who is funding the study?  
NIHR Bristol Biomedical Research Unit (UK).

Who is the main contact?  
Dr Andreas Baumbach

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Dr Andreas Baumbach

**Contact details**  
Division of Specialised Services  
University Hospitals Bristol NHS Foundation Trust  
Bristol Heart Institute  
Marlborough Street  
Bristol  
United Kingdom  
BS2 8HW

## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
CS/2009/3297

## Study information

**Scientific Title**

Progenitor cell response following coronary intervention for unstable angina and ST elevation myocardial infarction in diabetic and nondiabetic cohorts

## **Acronym**

ProMIS

## **Study objectives**

The aim of the study is to characterise the number and migratory capacity of circulating progenitor cells (CPCs) in patients with or without Diabetes Mellitus (DM) who have had either a ST segment elevation Myocardial Infarction (STEMI) or a non-ST segment elevation Myocardial Infarction (NSTEMI).

### **Objectives:**

1. To measure the number and migratory capacity of CPCs on day 4 after the onset of symptoms and then to test the hypotheses that:
  - 1.1. The number of CPCs differs after STEMI compared to NSTEMI
  - 1.2. The migratory capacity of CPCs differs in patients with or without DM
  - 1.3. The number and migratory capacity of CPCs are associated with covariates characterising the severity of the initial STEMI or NSTEMI (e.g. troponin I, hsCRP) or the quality of glucose control (HbA1c)
2. To test the hypothesis that the number and migratory capacity of CPCs after a STEMI or NSTEMI influence the size of the myocardial scar and myocardial contractility three months after the initial cardiac event.

## **Ethics approval required**

Old ethics approval format

## **Ethics approval(s)**

Wiltshire Research Ethics Committee, 13/10/2009, ref: 09/H0104/58

## **Study design**

Single-centre cohort study

## **Primary study design**

Observational

## **Secondary study design**

Cohort study

## **Study setting(s)**

Hospital

## **Study type(s)**

Treatment

## **Participant information sheet**

Not available in web format, please use the contact details below to request a patient information sheet

## **Health condition(s) or problem(s) studied**

Myocardial infarction (STEMI/NSTEMI) and diabetes mellitus (DM)

## **Interventions**

In order to characterise the response of CPCs, blood samples are taken on day 0 (up to 24hrs after patient's presentation of symptoms) and day 4. MRI scans are performed at baseline (day 4) and three months after patients' presentation of symptoms. Involvement in the study concludes 12 months after the index event, when the participant will be contacted by telephone to ascertain any adverse events, hospital admissions or changes to medication occurring since the index admission.

## **Intervention Type**

Other

## **Phase**

Not Applicable

## **Primary outcome measure**

1. For objective 1 - the number of CPCs measured in a peripheral blood sample or the migratory ability of CPCs expressing CXCR4 to the chemo-attractant stromal cell-derived factor-1 (SDF-1) (assessed in a test tube by a migration assay).
2. For objective 2 - the size of myocardial scar (volume or mass of affected myocardium) three months after symptom onset

## **Secondary outcome measures**

1. For objective 1:
  - 1.1. Number of CPCs expressing cell surface markers: CD34, CD133, c-kit, KDR, trkA, beta-2, CD14 and CD16, either viable, apoptotic or necrotic
  - 1.2. Migratory ability of Peripheral Blood Mononuclear Cell Culture (PBMNC) expressing CPC surface markers: CD34, CD133, c-kit, KDR, trkA, beta-2, CD164, CD14, CD16. For migration assays, we will use SDF-1 and Nerve growth factor (NGF) as chemo-attractants and PBS as vehicle control
  - 1.3. Viability of CPCs on Day 4 for CPCs expressing CXCR4 and sub-populations of CPCs expressing cell surface markers: CD34, CD133, c-kit, KDR, trkA, beta-2, CD164, CD14 and CD16)
2. For objective 2:
  - 2.1. Myocardial contractility / wall thickening three months after the index STEMI or NSTEMI
  - 2.2. Left ventricular (LV) wall motion
3. The following clinical outcomes will be evaluated at day 4, 3 and 12 months after the index admission:
  - 3.1. Incidence of peri-procedural myocardial damage, assessed by analysis of creatinine kinase
  - 3.2. Major adverse cardiac-related events (death, new MI, further revascularisation, recurrent angina as defined by repeat coronary angiogram for chest pain symptoms)
  - 3.3. Hospitalisation rates

## **Overall study start date**

19/02/2010

## **Completion date**

28/02/2014

## **Eligibility**

**Key inclusion criteria**

1. Presentation to a Bristol Heart Institute cardiologist within 24 hours after the onset of symptoms
2. Admission with STEMI or NSTEMI (troponin positive acute coronary syndromes)
3. Aged 40 to 75 at admission
4. Reside within 40 miles of the Bristol Royal Infirmary

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Both

**Target number of participants**

Total: 80 participants (STEMI - without DM: 32 participants; NSTEMI - without DM: 16 participants; STEMI - DM: 16 participants; NSTEMI - DM: 16 participants)

**Key exclusion criteria**

1. Anaemia, i.e. haemoglobin <10mg/dl
2. Cardiogenic shock on presentation
3. Renal impairment [Glomerular filtration rate (GfR) <50ml]
4. Haemodynamic instability
5. Contraindications to having the MRI scan (e.g. metallic implant, pacemakers, screws, claustrophobia, etc)
6. Previous coronary event within the last 12 weeks
7. Participation in another clinical study
8. Patients who are unable or unwilling to return for follow-up in accordance with the study schedule on day 4, or after three months
9. Heightened anxiety during recruitment

**Date of first enrolment**

19/02/2010

**Date of final enrolment**

01/11/2012

**Locations****Countries of recruitment**

England

United Kingdom

**Study participating centre**

University Hospitals Bristol NHS Foundation Trust  
Bristol

United Kingdom  
BS2 8HW

## Sponsor information

### Organisation

University Hospitals Bristol NHS Foundation Trust (UK)

### Sponsor details

c/o Dr Mary Perkins  
Research and Innovation Department  
Level 3 Education Centre  
Upper Maudlin Street  
Bristol  
England  
United Kingdom  
BS2 8AE

### Sponsor type

University/education

### Website

<http://www.uhbristol.nhs.uk/>

### ROR

<https://ror.org/04nm1cv11>

## Funder(s)

### Funder type

Government

### Funder Name

NIHR Bristol Biomedical Research Unit (UK) ref: 2008/SS/BRU

## Results and Publications

### Publication and dissemination plan

Not provided at time of registration

### Intention to publish date

01/02/2014

## Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/07/2012		Yes	No