# BRIGhTMIND: brain imaging guided transcranial magnetic stimulation in depression

Submission date	Recruitment status	[X] Prospectively registered			
01/10/2018	No longer recruiting	[X] Protocol			
Registration date	Overall study status	[X] Statistical analysis plan			
02/10/2018	Completed	[X] Results			
Last Edited	Condition category	Individual participant data			
22/01/2024	Mental and Behavioural Disorders				

# Plain English summary of protocol

Background and study aims

The study is testing the effectiveness of a new approach to treat treatment-resistant depression using pulses of magnetic stimulation applied to the forehead or scalp. Treatment-resistant depression (TRD) is depression that has not improved with at least two previous antidepressant treatments delivered at a minimum clinically effective dose and duration. The treatment that is being tested is called Transcranial Magnetic Stimulation (TMS) and has been recommended for use in the NHS in the UK by the National Institute for Care Excellence (NICE) as a treatment for TRD. There are uncertainties about how to achieve the best results from this procedure, in terms of where it needs to be targeted on the forehead or scalp and the pattern of the magnetic pulses. Recent developments in magnetic resonance brain imaging means that a part of the brain can be located in each person where three different brain systems involved in producing depression symptoms meet. Targeting the magnetic pulses at this site, which varies slightly in its position in each person, can be assessed to see if proportion of people who respond to TMS and the length of time they remain well afterwards might be increased. If so then it may be worth people having these brain scans before receiving TMS.

# Who can participate?

Patients aged over 18 with moderate to severe treatment-resistant depression

# What does the study involve?

The study lasts for 60 months and participant involvement ends after 48 months. Patients are assessed for eligibility and asked to attend an appointment. If still eligible they undergo an MRI brain scan and are randomly allocated to one of two treatment groups, either repetitive TMS (rTMS) standard treatment or the new treatment connectivity guided intermittent theta-burst stimulation (cgiTBS). Patients are asked to attend 20 treatment sessions over 4-6 weeks. They are followed up over 26 weeks at 8, 16 and 26 weeks with another MRI scan at 16 weeks.

# What are the possible benefits and risks of participating?

Current evidence suggests that 1 in 20 people who receive TMS will experience a side effect. In most cases this is in the form of headache, neck pain or scalp discomfort, while others report light-headedness, watering eyes, tinnitus, muscle tightness and nausea. If any of side effects happen, participants will be advised how to manage these problems. A small proportion

(estimated as 1 in 1000) may experience a seizure upon receiving TMS. If participants have a seizure they will be medically reviewed before any further treatment is offered. The researchers cannot promise the study will help participants, but the information from this study may help to determine the most favourable method for administering TMS for the treatment of treatment-resistant depression in the future.

Where is the study run from?

- 1. Queens Medical Centre (UK)
- 2. St Nicholas' Hospital (UK)
- 3. St Pancras Hospital (UK)
- 4. Pennine Care NHS Trust (UK)
- 5. Berrywood Hospital (UK, no longer open to recruitment).

When is the study starting and how long is it expected to run for? February 2018 to January 2023

Who is funding the study? National Institute for Health Research (NIHR) EME Program (UK)

Who is the main contact? Mr Luke Ingram Li29@leicester.ac.uk

# Contact information

# Type(s)

Scientific

#### Contact name

Mr Luke Ingram

# Contact details

Leicester Clinical Trials Unit University of Leicester Maurice Shock Building University Road Leicester United Kingdom LE1 7RH +44 (0)116 229 7245 brightmind@leicester.ac.uk

# Additional identifiers

EudraCT/CTIS number

**IRAS** number

245025

ClinicalTrials.gov number

# Secondary identifying numbers

CPMS 39297, IRAS 245025

# Study information

## Scientific Title

Randomised double-blind controlled trial of connectivity guided theta burst transcranial magnetic stimulation versus repetitive transcranial magnetic stimulation for treatment resistant moderate to severe depression evaluation of efficacy, cost effectiveness and mechanism of action

# **Acronym**

**BRIGhTMIND Version 1.0** 

# **Study objectives**

Added study hypotheses as of 13/10/2021:

Primary clinical objective

The primary hypothesis is that cgiTBS is more efficacious at 16 weeks than standard rTMS in patients with TRD as assessed by the proportion of patients who show a response (50% reduction in depression symptoms from baseline on the 17-item Hamilton Depression Rating Scale [HDRS-17]).

# Secondary clinical objectives

- 1. To explore secondary efficacy outcomes of the mean change in HDRS-17 scores between the two treatment arms and the proportion of patients meeting criteria for remission (HDRS-17 score  $\leq$ 7) at 16 weeks.
- 2. To explore secondary clinical outcomes of importance to patients and clinicians namely cognition, anxiety, social function and quality of life.
- 3. To examine the cost-effectiveness of cgiTBS versus rTMS in a UK NHS population.
- 4. To examine the patient acceptability and patient experience of cgiTBS and rTMS.

# Original study hypotheses:

Mechanistic objectives:

The specific hypotheses for the mechanistic component of the study are:

- 1. To determine the differential change at 16 weeks between responders and non-responders to treatment (in either treatment arm) in functional connectivity between affective, default and cognitive control networks. The main hypotheses are that connectivity between insula and DLPFC at baseline will distinguish responders from non-responders, and that DLPFC-DMPFC connectivity decrease will be greater in responders than in non-responders.
- 2. To discern whether DLPFC-DMPFC FC change at 16 weeks is correlated with change in HDRS-17 score at 16 weeks. The hypothesis is that a greater reduction in DLPFC-DMPFC FC is correlated with a greater reduction in HDRS-17.
- 3. To assess whether prefrontal GABA change at 16 weeks is correlated with change in HDRS-17 score at 16 weeks. The hypothesis is that TBS-induced GABA changes are correlated with a reduction in HDRS-17.
- 4. To evaluate neurophysiological defined brain signatures at baseline as predictors of depression response or nonresponse to cgiTBS or rTMS. The exploratory hypothesis is that functional connectivity based biotypes can be optimised using advanced computational analytics to individually predict treatment response in TRD patients.

5. To further study the neural mechanisms underlying therapeutic efficacy we will assess interrelations of changes in complex brain network metrics (including the use of graph analysis) with improvement of clinical symptoms. This is an exploratory aim.

# Ethics approval required

Old ethics approval format

# Ethics approval(s)

East Midlands Leicester Central, 30/08/2018, ref: 18/EM/0232

# Study design

Randomised; Interventional; Design type: Treatment, Device, Imaging, Psychological & Behavioural, Complex Intervention

# Primary study design

Interventional

# Secondary study design

Randomised controlled trial

# Study setting(s)

Hospital

# Study type(s)

Treatment

# Participant information sheet

Not available in web format, please use the contact details to request a patient information sheet

# Health condition(s) or problem(s) studied

Depression

#### **Interventions**

Current interventions as of 13/10/2021:

The study is a multicentre parallel-group, double-blinded randomised controlled trial of the efficacy of Connectivity Guided Intermittent theta-burst stimulation (cgiTBS) versus no connectivity guided standard Repetitive Transcranial Magnetic Stimulation (rTMS); in patients over the age of 18 who have a diagnosis of moderate to severe major depressive disorder and have treatment-resistant depression. The study will look to recruit 266 patients (133 in each treatment group) from 4/5 sites. Initially, recruitment sites were Nottingham, London, Newcastle and Northampton until 1/9/20; after 1/9/20 with restart following a break in recruitment with the COVID-19 pandemic the following sites reopened to recruitment; Nottingham, London, Newcastle and Oldham with a revision to recruitment rates and use of remote methods when possible. Recruitment will be from both primary and secondary care settings by a letter of invitation requesting a reply slip to be returned to the research team and will also recruit from patient self-referrals..

### Eligibility screening

Interested patients will receive an eligibility screening telephone call, and if eligible they will be invited to attend a remote baseline assessment.

#### Baseline assessment

With the restart of the study following the COVID-19 pandemic, baseline assessments can be done either face to face or remotely (digital or telephone).

The baseline assessment, which will take a maximum of 2 hours, will be to obtain consent and answer any questions, then to assess their clinical symptoms by the completion of researcher interviews and self-rated questionnaires which will further establish their eligibility to take part. Further checks on medical history may be required.

### Baseline MRI scan

Following this, they will be invited to attend within 14 days, an MRI scan of the brain which will last for no longer than 1 hour.

### Randomisation and treatment

Within 14 days of the scan participants will be invited to attend for their first treatment session. at this stage they will be randomly allocated to one of two treatment groups, either Repetitive Transcranial Magnetic Stimulation (rTMS) Standard Treatment or Connectivity Guided Intermittent theta-burst stimulation (cgiTBS) Novel treatment. TMS machines used for the study will involve placing a device on the surface of the forehead or scalp whilst in a seating position. The position of the device will be determined either from the previously obtained brain scan using the standard region for rTMS or the optimal location for cgiTBS. Participants will receive a sequence of several short bursts of stimulation via the device, with routine gaps in between or a period of continuous stimulation for nearly 40 minutes, depending on which random group they are allocated to. Allocation of treatment will not be disclosed to the participant. All participants first treatment session will take up to 2 hours, there will be 20 treatment sessions over a 4-6 weeks period, with each treatment session taking 45-60 minutes for both groups. Both groups will be asked if they have any side effects arising from the therapy, after every treatment session or a maximum of 72 hours after. In addition, all groups will have access to email and telephone advice from the research team in case of any problems or side effects arising from the treatments.

# Repetitive Transcranial Magnetic Stimulation (rTMS)

Individuals assigned to rTMS will follow the standard US Food and Drug Administration (FDA) approved protocol. A single coil is placed over the left DLPFC. Stimulation is at 120% motor threshold with 75 x 4-second trains of 10Hz interspersed by 26-second intertrain intervals. The site of stimulation will be determined using a neuronavigation device that computes the F3 electrode site for TMS stimulation from just three fiducial points, the nasion, left preauricular and right preauricular sites. The change has been made because the neuronavigation has been made simple to use for nurses, will be more tolerable for patients, and provides a more precise and reproducible site of stimulation over 20 TMS sessions. There is no need for patients to wear a cap or for a mark to be made on the skin; instead, the neuronavigation device shines a green light onto the scalp and guides the nurse to the right site for stimulation.

# Connectivity Guided Intermittent Theta Burst Stimulation (cgiTBS)

Individuals assigned to cgiTBS will receive bursts of 3 pulses (80% motor threshold) at 50Hz applied at a frequency of 5 Hz (i.e. every 200 ms). Each 10-second cycle will consist of 10 bursts (consisting of 2 seconds of stimulation and 8 seconds rest) with a total of 20 cycles performed per run over a site determined from the assessment of maximal strength of connectivity between the anterior insula and the left dorsolateral prefrontal cortex (DLPFC) from fMRI and structural MRI using neuronavigation which computes the nearest location for TBS stimulus on the scalp from the same three fiducial points, the nasion, left preauricular and right preauricular sites. The pulses are repeated for a total of 5 runs with 5-minute rest intervals between runs.

# Follow up visits 8 and 16 weeks post-randomisation

Follow up Visits will take place at 8, 16 after randomisation, participant's clinical symptoms will be reassessed with repeated completion of researcher interviews and self-rated questionnaires from the baseline assessment. With the restart of the study following the COVID-19 pandemic, assessments are done remotely (digital or telephone). If at 16 weeks there have been no improvements the participants Clinical Care will be reviewed, by a clinical expert in treatment-resistant depression to assess whether further changes to their treatment regime is required

### MRI scan - 16 weeks

Within 14 days of the 16 week follow up appointment participants will also have another MRI brain scan, this will help us in estimating the lasting effects of TMS on the brain, so we can assess predictors of treatment response. This appointment will last 60 minutes.

# Follow up assessment at 26 weeks

26 weeks post-randomisation a final assessment will be completed and disclosure to the participant of what treatment they have received will be made. With the restart of the study following the COVID-19 pandemic, assessments are done remotely (digital or telephone). All participants will have their clinical care reviewed by a clinical expert in treatment-resistant depression. This will complete the participants' involvement in the study.

### Previous interventions:

The study is a multicentre parallel group, double blinded randomised controlled trails of efficacy of Connectivity Guided Intermittent theta-burst stimulation (cgiTBS) versus no connectivity guided standard Repetitive Transcranial Magnetic Stimulation (rTMS); in patients over the age of 18 who have a diagnosis of moderate to severe major depressive disorder and have treatment-resistant depression. The study will look to recruit 368 patients (184 in each treatment group) from 4 sites beginning in Nottingham then Northampton, London and Newcastle. Recruitment will be from both primary and secondary care settings by a letter of invitation requesting a reply slip to be returned to the research team.

### Eligibility screening

Interested patients will receive a eligibility screening telephone call, and if eligible they will be invited to attend a baseline assessment.

#### Baseline assessment

The baseline assessment, which will take a maximum of 2 hours, will be to obtain consent and answer any questions, then to assess their clinical symptoms by the completion of researcher interviews and self-rated questionnaires which will further establish their eligibility to take part. Further checks on medical history may be required.

#### Baseline MRI scan

Following this they will be invited to attend within 14 days, an MRI scan of the brain which will last for no longer than 1 hour.

### Randomisation and treatment

Within 14 days of the scan participants will be invited to attend for their first treatment session, at this stage they will be randomly allocated to one of two treatment groups, either Repetitive Transcranial Magnetic Stimulation (rTMS) Standard Treatment or Connectivity Guided Intermittent theta-burst stimulation (cgiTBS) Novel treatment. TMS machines used for the study will involve placing a device on the surface of the scalp whilst in a seating position. The position of the device will be determined either from the previously obtained brain scan using the

standard region for rTMS or optimal location for cgiTBS. Participants will receive a sequence of several short bursts of stimulation via the device, with routine gaps in between or a period of continuous stimulation for nearly 40 minutes, depending on which random group they are allocated to. Allocation of treatment will not be disclosed to the participant. All participants first treatment session will take up to 2 hours, there will be 20 treatment sessions over a 4-6 weeks period, with each treatment session taking 45-60 minutes for both groups. Both groups will asked if they have any side effects arising from the therapy, after every treatment session or a maximum of 72 hours after. In addition, all groups will have access to email and telephone advice from the research team in case of any problems or side effects arising from the treatments.

# Repetitive Transcranial Magnetic Stimulation (rTMS)

Individuals assigned to rTMS will follow the standard US Food and Drug Administration (FDA) approved protocol. A single coil is placed over the left DLPFC. Stimulation is at 120% motor threshold with 75 x 4-second trains of 10Hz interspersed by 26-second intertrain intervals. The site of stimulation will be determined using the Beam F3 method which has been shown to be highly comparable in terms of the site of stimulation to expensive but gold standard MRI neuronavigation methods BeamF3 is an algorithm to provide accurate localization of the F3 electrode site from just three measurements: head circumference, nasion-inion distance, and left tragus-right tragus distance.

# Connectivity Guided Intermittent Theta Burst Stimulation (cgiTBS)

Individuals assigned to cgiTBS will receive bursts of 3 pulses (80% motor threshold) at 50Hz applied at a frequency of 5 Hz (i.e. every 200 ms) for 40 seconds duration over a site determined from the assessment of maximal strength of connectivity between the anterior insula and the left dorsolateral prefrontal cortex (DLPFC) from fMRI as described above. The pulses are repeated for a total of 5 runs with 5 minutes rest intervals between runs.

# Follow up visits 8 and 16 weeks post randomisation

Follow up Visits will take place at 8, 16 after randomisation, participant's clinical symptoms will be reassessed with repeated completion of researcher interviews and self-rated questionnaires from the baseline assessment. If at 16 weeks there has been no improvements the participants Clinical Care will be reviewed, by a clinical expert in treatment resistant depression to assess whether further changes to their treatment regime is required

#### MRI scan - 16 weeks

Within 14 days of the 16 week follow up appointment participants will also have another MRI brain scan, this will help us in estimating the lasting effects of TMS on the brain, so we can assess predictors of treatment response. This appointment will last 60 minutes.

### Follow up assessment at 26 weeks

26 weeks post randomisation a final assessment will be completed and disclosure to the participant of what treatment they have received will be made. All participants will have their clinical care reviewed by a clinical expert in treatment resistant depression. This will complete the participants involvement in the study.

# Intervention Type

Device

# Phase

Not Applicable

# Drug/device/biological/vaccine name(s)

Connectivity Guided Intermittent theta-burst stimulation (cgiTBS), Repetitive Transcranial Magnetic Stimulation (rTMS)

# Primary outcome measure

Current primary outcome measure as of 13/10/2021:

The efficacy of cgiTBS compared with standard rTMS measured using the Hamilton Depression Rating Scale (HDRS-17) at baseline, 8, 16 and 26 weeks post randomisation date

Previous primary outcome measure:

The efficacy of cgiTBS at 16 weeks (primary clinical outcome, 50% drop in HDRS-17 score from baseline to 16 weeks) and 26 weeks compared with standard rTMS; in people with TRD; Timepoint(s): 16 and 26 weeks post randomisation

# Secondary outcome measures

Current secondary outcome measures as of 13/10/2021:

- 1. Depression scored using the Hamilton Depression Rating Scale (HDRS-17) score measured at baseline 8, 16 and 26 weeks post randomisation date
- 2. Remission rate measured using the Hamilton Depression Rating Scale (HDRS-17) score (defined as a score of 8 or less on the HDRS-17) at 8, 16 and 26 weeks
- 3. Depression symptoms measured using the Beck Depression Inventory 11 (BDI2), a self-rated measure at baseline, 8, 16 and 26 weeks post randomisation date.
- 4. Cognitive functioning measured using the THINC Integrated Tool (THINCIT), at baseline, 8, 16 and 26 weeks post randomisation date. Due to the pandemic to reduce face to face contact this is only measured at baseline and 16 weeks post randomisation date
- 5. Self-rated measure of symptoms of depression measured using the Patient Health Questionnaire (PHQ-9) at baseline, 8, 16 and 26 weeks post randomisation date
- 6. Self-rated measure of anxiety and depression measured using the Generalised Anxiety Disorder Assessment (GAD-7), baseline, 8, 16 and 26 weeks post randomisation date
- 7. Self-rated measure of impairment in functioning measured using the Work and Social Adjustment Scale (WSAS) at baseline, 8, 16 and 26 weeks post randomisation date
- 8. Self-rated health utility, quality of life and pain measured using EuroQol-5D-5L, at baseline, 8, 16 and 26 weeks post randomisation date
- 9. Mood measured using the Quick Inventory of Depressive Symptomology (QIDS-SR16) at baseline, 8 and 16 weeks post randomisation date
- 10. Patient acceptability and patient experience of overall improvement measured using the Patient Global Impression of Change (1-5 scale very much improved to very much worse) after each treatment session and at 8, 16 and 26 weeks post randomisation date
- 11. Adverse events measured using a checklist which will be asked after each TMS session
- 12. Neural mechanism of efficacy in cgiTBS and rTMS measured using FC, eFC, GABA at baseline and 16 weeks post randomisation
- 13. Mechanisms by which cgiTBS improves mood measured using FC and eFC, at baseline and 16 weeks post randomisation

# Previous secondary outcome measures:

- 1. Depression is measured using Hamilton Depression Rating Scale (HDRS)-17 at baseline (repeated at before treatment is exceeds 4 weeks from baseline), 8, 16 and 26 weeks post randomisation
- 2. Treatment resistant depression is measured using Massachusetts Generalised Hospital scale at baseline (MGH)
- 3. Information on socio-demographics, diagnosis measured using Socio Demographics (SCID-11)

at baseline

- 4. Childhood emotional trauma measured using Childhood Trauma Questionnaire (CTQ) at baseline
- 5. Characteristic attitudes and symptoms of depression are measured using Beck Depression Inventory (BDI-2) at baseline and 8, 16 and 26 weeks post randomisation
- 6. Symptoms of depression measured using Patient Health Questionnaire (PHQ-9) at baseline and 8, 16 and 26 weeks post randomisation
- 7. Health utility and quality of life measured using EuroQol-5D-5L Questionnaire (EQ-5D-5l) at baseline and 8, 16 and 26 weeks post randomisation
- 8. Anxiety and depression measured using Generalised Anxiety and Depression scale (GAD-7) at baseline and 8, 16 and 26 weeks post randomisation
- 9. Cognitive functioning in patients with major depression measured using Thinc –Integrated Tool (Thinc-It) at baseline and 8, 16 and 26 weeks post randomisation
- 10. Impairment in functioning measured using Work and Social Adjustment (WSAS) at baseline and 8, 16 and 26 weeks post randomisation
- 11. Acceptability of recruitment and barriers assessed using Patient Rating Acceptability after every treatment session and at 8, 16 and 26 weeks post randomisation
- 12. Health economics measured using specially designed Client Resource Proforma at baseline and 16 and 26 weeks post randomisation
- 13. Side effects measured using side effect checklist after every treatment session and at 8 weeks post randomisation
- 14. Mechanisms of therapeutic efficacy using multimodal MRI at baseline and 16 weeks pot randomisation

# Overall study start date

01/02/2018

# Completion date

31/01/2023

# **Eligibility**

# Key inclusion criteria

Current inclusion criteria as of 13/10/2021:

- 1. Adults >18 years
- 2. Diagnosis of MDD (defined according to DSM-5) that is treatment resistant (defined as scoring 2 or more (42) on the Massachusetts General Hospital Treatment Resistant Depression staging score (51) See appendix on more detailed scoring of treatment resistance
- 3. HDRS-17 score of 16 or more (moderate to severe depression) (52)
- 4. Capacity to provide informed consent before any trial-related activities

#### Previous inclusion criteria:

- 1. Adults >18 years
- 2. Diagnosis of MDD (defined according to DSM-5) that is treatment resistant (defined as scoring 2 or more on the Massachusetts General Hospital Treatment Resistant Depression staging score)
- 3. Capacity to provide informed consent before any trial-related activities

# Participant type(s)

**Patient** 

# Age group

# Lower age limit

18 Years

#### Sex

Both

# Target number of participants

Planned Sample Size: 368; UK Sample Size: 368

# Total final enrolment

255

# Key exclusion criteria

Current exclusion criteria as of 02/07/2019:

History of bipolar disorder (due to risk of mania) or depression secondary to other mental disorder

- 2. Neurological conditions e.g. brain neoplasm, cerebrovascular events, epilepsy, neurodegenerative disorders, and prior brain surgery
- 3. Standard contraindications to MRI i.e. irremovable metal objects in and around body e.g. cardiac pacemaker, implanted medication pump and pregnancy (any doubt resolved by pregnancy test, women of childbearing age taking precautions against pregnancy) This will include other potential complicated factors such as red tattoo's which consist of iron on the head, neck and back and claustrophobia (we offer mock scanner testing and training in some sites)
- 4. Major unstable medical illness requiring further investigation or treatment.
- 5. Change in prescribed medication 2 weeks before baseline assessment.
- 6. Prescription of lamotrigine, gabapentin, pregabalin in the 2 weeks prior to baseline assessment.
- 7. Daily prescription of benzodiazepine above 5 mg diazepam equivalents, zopiclone above 7.5 mg, zolpidem above 10 mg or zaleplon above 10 mg. These

drugs should not be used intermittently in the 2 weeks before baseline assessment.

- 8. Current substance abuse or dependence defined by DSM-5 criteria)
- 9. Prior TMS treatment.
- 10. At risk of suicidality.
- 11. Potential complicated factors relating to the TMS treatment i.e. hairstyles which would impair magnetic transmission and piercings. (Participants would only be excluded if they chose to not make the changes required to ensure effective treatment.)
- 12. Involved with any other clinical trial at the time of consent or 6 months prior.
- 13. Unable to read or understand English.

# Previous exclusion criteria:

- 1. History of bipolar disorder (due to risk of mania) or depression secondary to other mental disorder
- 2. Neurological conditions e.g. brain neoplasm, cerebrovascular events, epilepsy, neurodegenerative disorders, and prior brain surgery
- 3. Standard contradictions to MRI i.e. irremovable metal objects in and around body e.g. cardiac pacemaker, implanted medication pump and pregnancy (any doubt resolved by pregnancy test, women of childbearing age taking precautions against pregnancy). This will include other potential complicated factors such as red tattoos which consist of iron on the head, neck and

back and claustrophobia (we offer mock scanner testing and training in some sites)

- 4. Major unstable medical illness requiring further investigation or treatment
- 5. Change in prescribed medication in the 2 weeks preceding the start of TMS trial or prescription of lamotrigine, pregabalin, gabapentin or benzodiazepines that act on brain glutamate or GABA (only occasional use of other hypnotic drugs zopiclone, zolpidem, zoleplon and promethazine will be allowed)
- 6. Current substance abuse or dependence (defined by DSM-5 criteria)
- 7. Prior TMS treatment
- 8. At risk of suicidality
- 9. Potential complicated factors relating to the TMS treatment i.e hairstyles which would impair magnetic transmission and piercings (participants would only be excluded if they chose to not make the changes required to ensure effective treatment)
- 10. Involved with any other clinical trial at the time of consent or 6 months prior
- 11. Unable to read or understand English

# Date of first enrolment

15/10/2018

# Date of final enrolment

31/01/2022

# Locations

# Countries of recruitment

England

**United Kingdom** 

# Study participating centre Oueens Medical Centre

Bridge Room ECT clinic A Floor, South Block Derby Road Nottingham United Kingdom NG7 2UH

# Study participating centre Berrywood Hospital

Centre for Neuromodulation Quayside Duston Northampton United Kingdom NN5 6UD

# Study participating centre St Nicholas' Hospital

Gibside Ward Gosforth Newcastle upon Tyne United Kingdom NE3 3XT

# Study participating centre St Pancras Hospital

TMS Clinic
Camley Centre
4 St Pancras Way
London
United Kingdom
NW1 0PE

# Study participating centre Pennine Care NHS Foundation Trust

225 Old Street Ashton-under-Lyne United Kingdom OL6 7SR

# Sponsor information

# Organisation

Nottinghamshire Healthcare NHS Foundation Trust

# Sponsor details

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Trust HQ
Duncan Macmillan House
Dorchester Road
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United Kingdom
NG3 6AA
+44 (0)1156961300
Randlenquiries@nottshc.nhs.uk

# Sponsor type

# Hospital/treatment centre

### ROR

https://ror.org/04ehjk122

# Funder(s)

# Funder type

Government

# Funder Name

NIHR Evaluation, Trials and Studies Co-ordinating Centre (NETSCC); Grant Codes: 16/44/22

# **Results and Publications**

# Publication and dissemination plan

All participants will be sent a report summary of the results. Publication plans will be approved by the Trial Steering Committee will be written by the TMG during the study with the sponsor and funder approvals. It is envisaged that the results of the study will be published in the relevant peer-reviewed journals. Acknowledgement of any supporting organisations, including funders, and the Nottinghamshire Healthcare NHS Foundation Trust and the LCTU, will be included.

# Intention to publish date

14/02/2023

# Individual participant data (IPD) sharing plan

The datasets generated and/or analysed during the current study during this study will be included in the subsequent results publication.

# IPD sharing plan summary

Other

# **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient- facing?
<u>Protocol article</u>	protocol	01/07 /2020	18/09 /2020	Yes	No
Protocol article	Magnetic Resonance Imaging Protocol and SARS-CoV-2-Induced Changes	20/01 /2022	21/01 /2022	Yes	No
Statistical Analysis Plan		04/10 /2022	02/11 /2022	No	No
HRA research summary			28/06 /2023	No	No
Results article		16/01 /2024	22/01 /2024	Yes	No