

Quality and Effectiveness of Supported Tenancies (QuEST) WP4

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| Submission date 24/06/2015 | Recruitment status No longer recruiting | <input type="checkbox"/> Prospectively registered <input checked="" type="checkbox"/> Protocol |
| Registration date 24/06/2015 | Overall study status Completed | <input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results |
| Last Edited 19/08/2022 | Condition category Mental and Behavioural Disorders | <input type="checkbox"/> Individual participant data |

Plain English summary of protocol

Background and study aims

While supported accommodation services play a very important role in assisting people with complex mental health problems to live in the community, there has been very little research to investigate how well they work. This is due in part to the logistic difficulties in researching this area. Randomly assigning people to different types of housing support may be resisted by clinicians who feel that people who use the service need a “staged process” where they move from accommodation providing a high level of support to one providing less support as their skills and confidence increase. Such support should also be tailored to a persons clear preferences for the particular services that they want. It also seems that the availability of supported housing stock is more influential than clinical need in determining who is allocated what type of accommodation. These clinical and housing constraints mean that we simply do not know whether or not individuals are following the most cost effective routes to independence. In short, we do not know whether more tailored support delivered to people living in their own homes (i.e. through floating outreach) is more acceptable, more individualised and more cost-effective than a standard level of support provided in staffed facilities. This study aims to see whether a study testing two models of supported accommodation for people with mental health problems is possible. We will assess the feasibility, sample size and outcomes for a large scale study to compare the clinical and cost-effectiveness of two models of mental health supported accommodation that are commonly used across England; supported housing and floating outreach.

Who can participate?

Adults with mental health problems referred to supported accommodation.

What does the study involve?

Participants are randomly allocated to housing support though staffed facilities or though floating outreach support. They are then asked to agree to three interviews, once when they join the study, once 6 months into the study and once 12 months into the study, where they are asked questions about their activities, satisfaction with different aspects of their life and how they spend their time. Each interview takes no more than 30 minutes. Participants are also asked for permission to collect information from their case records and for a staff member to complete a questionnaire about their abilities, needs, substance use (if any), challenging

behaviour (if any) and any specific difficulties they may have. This information is again collected at the start of the study, 6 months later and 12 months later.

What are the possible benefits and risks of participating?

People taking part in the study are offered £20 in recognition of the time they have given to be involved in the study. Other than giving up some of their time to do the research interviews there are no disadvantages to taking part.

Where is the study run from?

Camden and Islington NHS Foundation Trust, East London NHS Foundation Trust and 2gether NHS Foundation Trust (UK)

When is the study starting and how long is it expected to run for?

June 2015 to September 2017

Who is funding the study?

National Institute for Health Research (UK)

Who is the main contact?

Ms Sarah Dowling

Study website

<https://www.ucl.ac.uk/quest>

Contact information

Type(s)

Public

Contact name

Ms Sarah Dowling

Contact details

University College London
Department of Mental Health Sciences
Charles Bell House
67-73 Riding House Street
London
United Kingdom
W1W 7EJ

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

Study information

Scientific Title

Quality and Effectiveness of Supported Tenancies for people with mental health problems (QuEST): Workpackage 4

Study objectives

This study aims to assess the feasibility of a randomised evaluation of two models of supported accommodation for people with mental health problems.

Ethics approval required

Old ethics approval format

Ethics approval(s)

NRES Committee North West - Liverpool Central, 07/04/2015, ref: 15/NW/0252

Study design

Randomised; Interventional; Design type: Process of Care

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Other

Study type(s)

Treatment

Participant information sheet

Not available in web format, please use contact details to request a participant information sheet

Health condition(s) or problem(s) studied

Topic: Mental Health; Subtopic: Service Delivery; Disease: Not Applicable

Interventions

Randomisation to one of two existing models of supported accommodation
Follow Up Length: 12 month(s); Study Entry : Single Randomisation only

Intervention Type

Other

Primary outcome measure

Number of people who move onto more independent accommodation; Timepoint(s): 12 months

Secondary outcome measures

Number of people who move to the type of supported accommodation they are randomly assigned to, and how long after randomisation this move occurs; Timepoint(s): 12 month follow-up.

Overall study start date

01/06/2015

Completion date

30/09/2017

Eligibility

Key inclusion criteria

Adult mental health service users referred to supported accommodation in each of the three areas covered by the study. Only service users who are potentially eligible for both supported housing and floating outreach services can be included. Only service users able to give informed consent will be eligible for inclusion.; Target Gender: Male & Female ; Lower Age Limit 18 years

Participant type(s)

Patient

Age group

Adult

Lower age limit

18 Years

Sex

Both

Target number of participants

Planned Sample Size: 220; UK Sample Size: 220; Description: The intention is to recruit 60 service user participants to be randomised and up to 60 service user participants who decline randomisation. For each service user, we will interview a member of the clinical team making the referral at baseline and the service user's supported accommodation keyworker at 6 and 12 months follow up. We will also interview the manager of the supported accommodation service 6 months after the first participant is randomised

Total final enrolment

618

Key exclusion criteria

Service users who do not meet Local Authority eligibility criteria for an independent tenancy from where they could receive floating outreach services will not be eligible for the study. There are no other exclusion criteria.

Date of first enrolment

01/06/2015

Date of final enrolment

31/07/2016

Locations**Countries of recruitment**

England

United Kingdom

Study participating centre**Camden and Islington NHS Foundation Trust (lead centre)**

St Pancras Hospital

4 St Pancras Way

London

United Kingdom

NW1 0PE

Study participating centre**East London NHS Foundation Trust**

Eastone

22 Commercial Street

London

United Kingdom

E1 6LP

Study participating centre**2gether NHS Foundation Trust**

Rikenel

Montpellier

Gloucester

Gloucestershire

United Kingdom

GL1 1LY

Sponsor information**Organisation**

University College London

Sponsor details

Department of Clinical & Experimental Epilepsy
London
England
United Kingdom
WC1N 3BG

Sponsor type

University/education

ROR

<https://ror.org/02jx3x895>

Funder(s)

Funder type

Government

Funder Name

National Institute for Health Research

Alternative Name(s)

National Institute for Health Research, NIHR Research, NIHRresearch, NIHR - National Institute for Health Research, NIHR (The National Institute for Health and Care Research), NIHR

Funding Body Type

Government organisation

Funding Body Subtype

National government

Location

United Kingdom

Results and Publications

Publication and dissemination plan

Feasibility trial results will be submitted for publication in a high-impact psychiatric journal by the end of 2017 and presented at relevant conferences such as ENMESH and the Royal College of Psychiatrists. We will co-host a dissemination event with the National Housing Federation and share our results with the North London Service User Research Forum (SURF).

Intention to publish date

Individual participant data (IPD) sharing plan

Not provided at time of registration

IPD sharing plan summary

Data sharing statement to be made available at a later date

Study outputs

| Output type | Details | Date created | Date added | Peer reviewed? | Patient-facing? |
|--------------------------------------|-------------------------|--------------|------------|----------------|-----------------|
| Results article | feasibility RCT results | 17/04/2019 | 17/12/2020 | Yes | No |
| Results article | results | 01/09/2019 | 17/12/2020 | Yes | No |
| Protocol file | | 27/02/2015 | 19/08/2022 | No | No |
| HRA research summary | | | 28/06/2023 | No | No |