# Targeted left ventricular lead placement in cardiac resynchronisation therapy

Submission date	Recruitment status No longer recruiting	<ul><li>Prospectively registered</li></ul>	
01/09/2010		☐ Protocol	
<b>Registration date</b> 08/02/2011	Overall study status Completed	Statistical analysis plan	
		[X] Results	
Last Edited	Condition category	Individual participant data	
19/06/2012	Circulatory System		

## Plain English summary of protocol

Not provided at time of registration

## Contact information

#### Type(s)

Scientific

#### Contact name

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#### Contact details

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## Additional identifiers

Protocol serial number

1.0

# Study information

#### Scientific Title

TARgeted left ventricular lead placement to Guide cardiac rEsynchronisation Therapy in patients with heart failure: a randomised prospective study (TARGET Study)

#### Acronym

#### **TARGET Study**

#### **Study objectives**

The clinical response to cardiac resynchronisation therapy will be improved by optimising the site of left ventricular (LV) pacing using a targeted approach to optimal sites defined by preimplant speckle tracking 2D radial strain as the latest contracting segments.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Hertfordshire Research Ethics Committee approved on the 14th October 2008 (ref: 08/H0311 /133)

#### Study design

Prospective randomised controlled trial

#### Primary study design

Interventional

## Study type(s)

Treatment

#### Health condition(s) or problem(s) studied

Cardiovascualr disease/heart failure/device therapy

#### **Interventions**

All patients schedules for CRT who are suitable candidates are randomised into one of two groups. All patients have baseline tests to include echocardiography, NYHA class assessment, 6-minute walk test, QoL score and speckle training echocardiography (STE). At implant, the control group has a usual implant and the target group has the devide implanted using echo guidance. All patients are followed up again at 6 months with a repeat of the baseline tests.

#### Intervention Type

Other

#### Phase

Not Applicable

## Primary outcome(s)

Response to treatment defined as greater than 15% reduction in Left Ventricular End Systolic Volume at 6 months follow up

## Key secondary outcome(s))

Clinical Improvement in combined endpoint of 6 minute walk test performance, Minnesota Living with Heart Failure Questionnaire and NYHA Class

#### Completion date

01/10/2011

## **Eligibility**

#### Key inclusion criteria

- 1. Patients (aged 18 years or older, either sex) limited by symptoms of heart failure (New York Heart Association Class III IV)
- 2. Left ventricular ejection fraction (LVEF) of less than or equal to 35% and QRS width of greater than or equal to 120 ms despite maximally tolerated doses of standard heart failure treatment (diuretics, angiotensin converting enzyme (ACE) inhibitors, angiotensin receptor blockers, beta blockers and aldosterone antagonists)

#### Participant type(s)

**Patient** 

## Healthy volunteers allowed

No

#### Age group

Adult

#### Lower age limit

18 years

#### Sex

Αll

#### Key exclusion criteria

- 1. Limiting angina
- 2. Myocardial infarction within preceding 3 months
- 3. Significant LV hypertrophy
- 4. Severe co-morbid illness

#### Date of first enrolment

01/04/2009

#### Date of final enrolment

01/10/2011

## **Locations**

#### Countries of recruitment

United Kingdom

England

## Study participating centre

### Level 6 ACCI Building

Cambridge United Kingdom CB2 2QQ

# Sponsor information

## Organisation

Papworth Hospital NHS Foundation Trust (UK)

#### ROR

https://ror.org/01qbebb31

# Funder(s)

## Funder type

Research council

#### Funder Name

Biomedical Research Council (BMRC) (UK)

## **Results and Publications**

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## **Study outputs**

Output type	Details	Date created Date added	Peer reviewed?	Patient-facing?
Results article	results	24/04/2012	Yes	No
Participant information sheet	Participant information sheet	11/11/2025 11/11/2025	No	Yes