# Heart Failure in Older People In Care Homes

Submission date 28/05/2010	<b>Recruitment status</b> No longer recruiting		
Registration date 28/05/2010	<b>Overall study status</b> Completed	[_] [X]	
Last Edited 09/07/2013	<b>Condition category</b> Circulatory System		

Prospectively registered

- ] Protocol
- Statistical analysis plan
- X] Results
- ] Individual participant data

#### Plain English summary of protocol

Not provided at time of registration

# **Contact information**

**Type(s)** Scientific

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#### **Contact details**

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers 5037

# Study information

Scientific Title

Diagnosing and Managing Heart Failure in Care Homes (HFinCH): a multicentre diagnostic study and therapeutic optimisation trial

#### Acronym

HFinCH

#### **Study objectives**

The purpose of this study is to explore the experiences of diagnosis and treatment of heart failure (HF) for people who are resident in care, and to ascertain the prevalence of HF in a very high risk population, with a view to providing more effective care. The study will provide vital information about the accuracy, feasibility and acceptability of the diagnostic tests used. The study will evaluate the best way of delivering improved healthcare by comparing usual NHS care with a specialist-led service. The study will allow people with heart failure to help inform the development of new and important NHS services that meet patients' needs.

#### Ethics approval required

Old ethics approval format

**Ethics approval(s)** Leeds (West) REC approved on the 3rd November 2008 (ref: 08/H1307/96)

#### Study design

Multicentre diagnostic study randomised controlled therapeutic optimisation trial

**Primary study design** Interventional

Secondary study design Randomised controlled trial

**Study setting(s)** GP practice

Study type(s) Screening

#### Participant information sheet

#### Health condition(s) or problem(s) studied

Topic: Cardiovascular, Primary Care Research Network for England; Subtopic: Not Assigned, Cardiovascular (all Subtopics); Disease: Cardiovascular, All Diseases

#### Interventions

Domiciliary Heart Failure Team Care (HFTC) versus Routine Care (RC). RC will consist of test results being communicated to residents and their GPs and/or HF nurse specialists. In addition to routine care, HFTC will involve residents being visited within the home by clinical members of the research team on a number of occasions to have their findings assessed, receive educational advice, discuss options and have their medication reviewed.

Study entry: Other

### Intervention Type

Other

#### Phase

Not Applicable

#### Primary outcome measure

1. Diagnostic phase: the proportion of residents with an incorrect (positive or negative) diagnosis determined by echocardiography

2. Trial phase: proportion of patients receiving an angiotensin converting enzyme (ACE)-inhibitor (or angiotensin receptor blocker [ARB]) and beta-blocker at therapeutic dose (6 months)

#### Secondary outcome measures

Diagnostic phase:

- 1. Prevalence of HF analyzed as a proportion
- 2. Proportions where HF has been missed or incorrectly identified
- 3. Test accuracy (sensitivity, specificity) of NT-Pro BNP, ECG and clinical signs and symptoms for the diagnosis of HF
- 4. Positive and negative predictive values
- 5. Acceptability to patients
- 6. Symptom profiles and quality-of-life (EuroQoL measures)

Trial phase:

1. The proportion of patients dying or being hospitalised for HF (one year)

2. The proportion of patients dying or being hospitalised for any cardiovascular or cerebrovascular event (one year)

- 3. The net costs of providing the specialist service and change in prescribing (6 months)
- 4. Changes in use of other CV drugs (6 months)
- 5. Changes in functional capacity and quality of life (3 months)

#### Overall study start date

01/04/2009

Completion date 01/09/2010

# Eligibility

#### Key inclusion criteria

1. Residential/care home managers

2. Residents of residential/care homes in Stockton-on-Tees who are aged 65 years or over, either sex

3. Health care professionals, including a representative sample of GPs, HF nurses, and care home staff, involved in care provision will be invited to participate in interviews

#### Participant type(s)

Patient

**Age group** Senior **Sex** Both

**Target number of participants** Planned sample size: 500; UK sample size: 500

**Key exclusion criteria** Residents with terminal disease

Date of first enrolment 01/04/2009

Date of final enrolment 01/09/2010

### Locations

**Countries of recruitment** England

United Kingdom

**Study participating centre School of Medicine and Health** Durham United Kingdom DH1 3HP

### Sponsor information

**Organisation** University of Durham (UK)

**Sponsor details** School of Medicine and Health Queens Campus Wolfson Research Institute University Boulevard Stockton-on-Tees England United Kingdom TS17 6BH

#### Sponsor type

University/education

Website http://www.stockton-on-tees.nhs.uk/

ROR https://ror.org/01v29qb04

# Funder(s)

**Funder type** Government

#### Funder Name

National Institute for Health Research (NIHR) (UK) - Research for Patient Benefit (RfPB) programme (ref: PB-PG-0407-13309)

### **Results and Publications**

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

#### IPD sharing plan summary

Not provided at time of registration

#### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	further results	01/02/2013		Yes	No
Results article	results	01/02/2013		Yes	No