

# Prospective, multi-center, one-arm pilot trial of Trizivir plus Tenofovir in adult HIV-infected antiretroviral-naive patients

<b>Submission date</b> 14/09/2007	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 25/09/2007	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 23/10/2020	<b>Condition category</b> Infections and Infestations	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

Dr Daniel Podzamczar

### Contact details

Infectious Disease Service  
Hospital de Bellvitge  
c/Feixa Llarga s/n  
L'Hospitalet  
Barcelona  
Spain  
08907

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dpodzamczar@csub.scs.es

## Additional identifiers

### Protocol serial number

TTstudy-04

## Study information

**Scientific Title**

Prospective, multi-center, one-arm pilot trial of Trizivir plus Tenofovir in adult HIV-infected antiretroviral-naïve patients

**Acronym**

TT

**Study objectives**

A combination of trizivir plus tenofovir will be associated with a good efficacy and tolerability in antiretroviral naïve patients, even in those with high baseline viral loads and low CD4 counts.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

1. Local ethical committee, approved on November 10, 2004
2. National Health Authorities (Agencia Española del Medicamento), approved on November 18, 2004

**Study design**

Prospective, multi-center, one-arm pilot trial.

**Primary study design**

Interventional

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

HIV infection

**Interventions**

All participants will initiate an antiretroviral regimen of Trizivir® (Active ingredients: zidovudine 300 mg + lamivudine 150 mg + abacavir 300 mg) 1 pill orally twice a day (bid) plus tenofovir 300 mg orally everyday (qd). The duration of the intervention is 2 years prolonged to a third if efficacy and tolerability are acceptable.

**Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome(s)**

Viral load <50 copies/mL. Viral load is measured at baseline, week 2, 4, 12 and every 12 weeks thereafter up to the end of the study period.

**Key secondary outcome(s))**

1. CD4 changes, measured at baseline, week 12 and every 12 weeks thereafter up to the end of the study period.

2. Adverse effects. Clinical signs related to adverse effects are evaluated every 3 months
3. Resistance mutations if virologic failure
4. Clinical progression, evaluated every 3 months
5. Adherence to therapy, evaluated every 3 months

**Completion date**

30/06/2008

## Eligibility

**Key inclusion criteria**

1. Confirmed HIV infection
2. Age  $\geq$  18 years
3. AntiRetroViral (ARV) naive
4. CD4 > 100 cells/uL
5. Written informed consent

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 years

**Sex**

All

**Total final enrolment**

93

**Key exclusion criteria**

1. Alanine aminotransferase >5 Upper Limit of Normal (ULN)
2. Hepatic cirrhosis
3. Renal insufficiency with creatinine clearance <50 ml/min
4. Haemoglobin (Hb) <9 g/dL
5. Neutrophils <1,000/uL
6. Platelets <30,000/uL
7. Pregnancy
8. Acute infection in the last two weeks
9. Systemic treatment for neoplasms
10. Hepatitis C Virus+ (HCV+) in patients who require treatment with interferon/ribavirin

**Date of first enrolment**

13/12/2004

**Date of final enrolment**

30/06/2008

## Locations

**Countries of recruitment**

Spain

**Study participating centre****Infectious Disease Service**

Barcelona

Spain

08907

## Sponsor information

**Organisation**

Institute of Biomedical Investigations of Bellvitge (Institut d'Investigació Biomèdica de Bellvitge) (IDIBELL) (Spain)

**ROR**

<https://ror.org/0008xqs48>

## Funder(s)

**Funder type**

Research organisation

**Funder Name**

Institute of Biomedical Investigations of Bellvitge (Institut d'Investigació Biomèdica de Bellvitge) (IDIBELL) (Spain)

## Results and Publications

**Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/07/2008	23/10/2020	Yes	No