A randomised, double-blind validation of the significance of occult pyuria for the symptoms of the overactive bladder

Submission date	Recruitment status	[X] Prospectively registered
04/06/2007	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
21/08/2007	Completed	Results
Last Edited	Condition category	Individual participant data
07/06/2017	Urological and Genital Diseases	Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

Protocol serial number OAB/AB/07

Study information

Scientific Title

A randomised, double-blind validation of the significance of occult pyuria for the symptoms of the overactive bladder

Acronym

NOD (Nitrofurantoin in Overactive Detrusor)

Study objectives

Study hypothesis amended as of 11/09/2007:

The aim of this study is to determine whether treatment with nitrofurantoin improves total 24 hour incontinence episodes in patients presenting with symptoms of overactive bladder, who have significant numbers of inflammatory cells in their urine but a negative urine culture.

Study hypothesis provided at time of registration:

The aim of this study is to determine whether treatment with pivmecillinam improves total 24 hour incontinence episodes in patients presenting with symptoms of overactive bladder, who have significant numbers of inflammatory cells in their urine but a negative urine culture.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Whittington and Moorfields Research Ethics Committee, 07/05/2008, ref: 08/H0721/23

Study design

Randomised placebo-controlled double-blind trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Overactive bladder

Interventions

Interventions amended as of 23/11/2007:

Intervention group: Nitrofurantoin (Brand Name: Macrodantin®) 100 mg orally b.d (twice daily) for 6 weeks

Control group: Placebo administered orally, twice daily for 6 weeks

Please note that this change is due to difficulty in finding suitable placebo for the pivmecillinam preparation.

Interventions provided at time of registration:

Intervention group: Pivmecillinam will be administered orally at a dose of 400 mg twice daily Control group: Placebo administered orally, twice daily

Intervention Type

Drug

Phase

Not Applicable

Drug/device/biological/vaccine name(s)

Nitrofurantoin

Primary outcome(s)

Number of incontinence episodes per 24 hours, assessed by bladder diary chart recorded by the patients during the intervention

Key secondary outcome(s))

Secondary outcome measure amended as of 11/09/2007:

- 1. To determine whether treatment with nitrofurantoin improves other symptoms of over active bladder, the following will be assessed:
- 1.1. 24-urinary frequency
- 1.2. Urgency score assessed at 2 weekly intervals until the end of the trial at 6 weeks
- 1.3. Average voided volume assessed at 2 weekly intervals until the end of the trial at 6 weeks
- 1.4. Quality of life (I-Qol) assessed at 2 weekly intervals until the end of the trial at 6 weeks
- 2. Assessment to determine whether pus cells are eliminated from the urine, <10 WBC/uL, after long-term treatment with nitrofurantoin. This will be measured at 2 weekly intervals until the end of the trial at 6 weeks
- 3. Recording side effects of treatment

Secondary outcome measures provided at time of registration:

- 1. To determine whether treatment with Pivmecillinam improves other symptoms of over active bladder, the following will be assessed:
- 1.1. 24-urinary frequency
- 1.2. Urgency score assessed at 2 weekly intervals until the end of the trial at 6 weeks
- 1.3. Average voided volume assessed at 2 weekly intervals until the end of the trial at 6 weeks
- 1.4. Quality of life (I-Qol) assessed at 2 weekly intervals until the end of the trial at 6 weeks
- 2. Assessment to determine whether pus cells are eliminated from the urine, <10 WBC/uL, after long-term treatment with Pivmecillinam. This will be measured at 2 weekly intervals until the end of the trial at 6 weeks
- 3. Recording side effects of treatment

Completion date

01/10/2008

Eligibility

Key inclusion criteria

- 1. Adults aged 18 years or older
- 2. Both males and females
- 3. Symptoms of frequency more than or equal to 8 per day; urgency with or without urge incontinence
- 4. Able to complete a bladder diary chart for at least three days in one week
- 5. Able to complete a symptom questionnaire

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 years

Sex

All

Key exclusion criteria

- 1. Age less than 18 years
- 2. Inability to consent
- 3. Bactiuria of >105 Colony Forming Unit (CFU) /ml identified by conventional Midstream Urine Specimen (MSU) culture
- 4. Negative urine microscopy identified by <10 White Blood Cells (WBC)/uL on a fresh, unspun sample of urine

Date of first enrolment

01/10/2007

Date of final enrolment

01/10/2008

Locations

Countries of recruitment

United Kingdom

England

Study participating centre Archway Campus

London United Kingdom N19 5LW

Sponsor information

Organisation

The Whittington Hospital NHS Trust (UK)

ROR

Funder(s)

Funder type

Hospital/treatment centre

Funder Name

The Whittington Hospital NHS Trust (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type Details Date created Date added Peer reviewed? Patient-facing?

Participant information sheet Participant information sheet 11/11/2025 11/11/2025 No Yes