# The Canadian preterm labour nitroglycerin trial

Submission date [ ] Prospectively registered Recruitment status 26/09/2005 No longer recruiting [ ] Protocol [ ] Statistical analysis plan Registration date Overall study status 26/09/2005 Completed [X] Results [ ] Individual participant data Last Edited Condition category 03/03/2009 Pregnancy and Childbirth

## Plain English summary of protocol

Not provided at time of registration

## Study website

http://www.perinet.org

## Contact information

## Type(s)

Scientific

#### Contact name

Dr Graeme Smith

#### Contact details

Clinical Research Centre
Angada 4, Room 5-415
Queens University
Kingston General Hospital
Kingston
Canada
K7L 2V7
+1 613 549 6666 ext. 3936
gns@post.queensu.ca

## Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

## Study information

#### Scientific Title

Transdermal nitroglycerin to reduce the incidence of neonatal mortality in women who present in preterm labour: a placebo-controlled randomised trial

## **Study objectives**

To determine if transdermal nitroglycerin (GTN), compared to placebo, reduces the incidence of neonatal mortality (and/or mortality) by prolonging pregnancy in women who present in preterm labour between 24 and 32 weeks gestation.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Queen's University Health Sciences and Affiliated Teaching Hospitals Research Ethics Board gave approval on the 9th March 1999

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Hospital

## Study type(s)

Treatment

## Participant information sheet

## Health condition(s) or problem(s) studied

Preterm labour

#### **Interventions**

Patients receive a intravenous bolus of saline (500 - 1000 ml) prior to randomisation. They have 1 study patch (drug or placebo) placed and a second additional patch placed after one hour if ongoing uterine activity or further cervical changes. The patch or patches are replaced in 24 hours for a further 24 hours. Patient have maternal blood pressure monitoring every 10 minutes for one hour after a patch is placed. Antenatal corticosteroids and use of antibiotics are as per the centres protocol for patients in preterm labour.

Trial details received: 12 Sept 2005

## Intervention Type

Other

#### **Phase**

Not Applicable

#### Primary outcome measure

Neonatal morbidity and prenatal mortality

## Secondary outcome measures

- 1. Randomisation to delivery interval
- 2. Incidence of preterm delivery less than 48 hours after initiation of treatment
- 3. Incidence of delivery within 7 days of commencement of treatment
- 4. Incidence of delivery prior to 34 weeks gestation
- 5. Frequency of chorioamnionitis in preterm delivery
- 6. Frequency of completed course of antenatal corticosteroids
- 7. Frequency of side effects

## Overall study start date

04/05/2001

### Completion date

30/08/2006

## Eligibility

## Key inclusion criteria

- 1. Greater than or equal to 24 to less than or equal to 32 weeks gestational age based on menstrual dates or earliest ultrasound scan
- 2. Preterm labour:
- 2.1. At least four painful uterine contractions per 20 minutes
- 2.2. Change in the cervix (change in bishop score or bishop score greater than or equal to 6)

## Participant type(s)

Patient

#### Age group

Adult

#### Sex

**Female** 

## Target number of participants

600

#### Kev exclusion criteria

- 1. Any maternal (e.g. significant antepartum haemorrhage) or foetal (e.g. non-reassuring heart rate pattern) condition necessitating immediate delivery
- 2. Multiple gestations (i.e. twins, triplets etc.)
- 3. Premature prelabour rupture of the membranes (PPROM)

- 4. Intrauterine foetal demise or lethal foetal anomalies
- 5. Cervix dilated greater than 8 cm
- 6. Treatment with another agent within 24 hours
- 7. Previous enrolment in this trial
- 8. Known sensitivity to GTN
- 9. Failure to give consent

### Date of first enrolment

04/05/2001

### Date of final enrolment

30/08/2006

## **Locations**

#### Countries of recruitment

Canada

## Study participating centre Clinical Research Centre

Kingston Canada K7L 2V7

## **Sponsor information**

## Organisation

Queen's University (Canada)

### Sponsor details

828 West 10th Avenue Kingston Canada K7L 3N6

## Sponsor type

University/education

#### Website

http://www.queensu.ca/

#### **ROR**

https://ror.org/02y72wh86

## Funder(s)

## Funder type

Research organisation

#### **Funder Name**

Canadian Institutes of Health Research (CIHR) (Canada) - http://www.cihr-irsc.gc.ca (ref: MCT-41550)

#### **Funder Name**

Physicians' Services Incorporated Foundation (Canada)

## Alternative Name(s)

PSI Foundation, PSI

## **Funding Body Type**

Private sector organisation

## **Funding Body Subtype**

Trusts, charities, foundations (both public and private)

#### Location

Canada

## **Results and Publications**

## Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/01/2007		Yes	No