

# Randomised trial of pre-pregnancy information and counselling in inner urban Melbourne

<b>Submission date</b> 14/01/2003	<b>Recruitment status</b> No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 14/01/2003	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 13/10/2014	<b>Condition category</b> Pregnancy and Childbirth	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
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## Additional identifiers

**Protocol serial number**  
N/A

## Study information

**Scientific Title**

**Study objectives**

Not provided at time of registration

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

Not provided at time of registration

### **Study design**

Randomised controlled trial

### **Primary study design**

Interventional

### **Study type(s)**

Not Specified

### **Health condition(s) or problem(s) studied**

Birth weight

### **Interventions**

1. All participants receive a pre-pregnancy home visit by a Midwife/Community Health Nurse to discuss the prior pregnancy, the birth and postpartum experience.
2. At this visit those randomised to Intervention identify current social, health and lifestyle problems, and discuss timing, planning and preparation for the next pregnancy, including WAIT, STOP, GO advice card, offers of local referral to Community Health Centre for counselling, relaxation, dietary advice or other specific problems raised (eg family planning), arrangements for rubella immunisation if not received, genetic/family history (+ screening for hypertension and asymptomatic bacteriuria in 1991-92 only).

### **Intervention Type**

Other

### **Phase**

Not Applicable

### **Primary outcome(s)**

Not provided at time of registration

### **Key secondary outcome(s)**

Not provided at time of registration

### **Completion date**

31/12/2005

## **Eligibility**

### **Key inclusion criteria**

Women who had one child, close to 6 months old, and were resident in one of the participating local government areas were recruited through their Maternal and Child Health Nurse (universal state-wide service)

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Sex**

Female

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

01/07/2004

**Date of final enrolment**

31/12/2005

**Locations****Countries of recruitment**

Australia

**Study participating centre****Director**

Carlton  
Australia  
VIC 3053

**Sponsor information****Organisation**

La Trobe University (Australia)

**ROR**

<https://ror.org/01rxfrp27>

# Funder(s)

## Funder type

Research council

## Funder Name

National Health and Medical Research Council PHRDC project grant 1991-4 [# 912716] Richmond Community Health Centre

# Results and Publications

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	Results:	10/12/2006		Yes	No