The external evaluation of Birkbeck University of London: Learning of Counterintuitive Concepts

Submission date	Recruitment status No longer recruiting	Prospectively registered		
28/11/2017		Protocol		
Registration date	Overall study status	Statistical analysis plan		
02/01/2018	Completed	[X] Results		
Last Edited 11/09/2020	Condition category Other	[] Individual participant data		
11/02/2020	Other			

Plain English summary of protocol

Background and study aims

This study is linked to the Birkbeck UNLOCKE project (https://www.isrctn.com /ISRCTN54726482). This phase of the study assesses whether the counterintuitive concepts intervention 'Stop and Think' produces improvements in children's scientific and mathematical understanding.

Who can participate?

Children in Years 3 and 5 (ages 8 and 10) from about 80 primary schools across England

What does the study involve?

Classes are randomly allocated to either an intervention, active control or passive control group. Both the intervention and active control groups participate in teacher-led computer-based programmes. The intervention is 'Stop and Think', which uses content based on the maths and science curriculum and is delivered as a short session before the children's maths or science lesson. The active control is See+, with content based on the Personal, Social and Health Education (PSHE) curriculum. Both are delivered three times a week for a period of 10 weeks. The passive control group continue with "business as usual". The children's maths and science test scores are compared before and after the study to assess whether the intervention has affected their mathematical and scientific understanding.

What are the possible benefits and risks of participating?

This study may identify whether the Stop and Think computer programme is a useful tool in boosting children's mathematical and scientific understanding and whether it could and should be rolled out more widely. The way the study has been designed means that all schools get to use the computer-based intervention in either year 3 or year 5. Since the intervention and control is split along the year groups children are unlikely to feel like they are missing out. Some children may find the process of testing stressful but it will be completed in the familiar classroom environment.

Where is the study run from?
National Foundation of Educational Research (UK)

When is study starting and how long is it expected to run for? January 2017 to November 2017

Who is funding the study? Education Endowment Foundation (UK)

Who is the main contact? Simon Rutt

Contact information

Type(s)

Scientific

Contact name

Mr Simon Rutt

Contact details

National Foundation of Educational Research The Mere Upton Park Slough United Kingdom SL1 2DQ

Additional identifiers

Protocol serial number

EECC

Study information

Scientific Title

UNLOCKE: Understanding the learning of counterintuitive concepts in science and mathematics education through a behavioural and neuroimaging study of year 3 and year 5 primary-school inhibitory control training (in comparison to social skills training or lessons as usual)

Study objectives

This research trial is linked to the Birkbeck registered trial ISRCTN54726482. It is the External Statistical Evaluation of the intervention.

The primary research question is: does the use of the counterintuitive learning intervention impact on learners' mathematics and science achievement?

The secondary research is: what is the impact of the counterintuitive learning intervention on learners' inhibition control? An additional secondary research question will explore if there is an impact of the social skills computer programme, used by the control plus group, on learners'

mathematics and science achievement in comparison to the counterintuitive concepts programme. This will determine if any identifiable effect is due to using a computer programme rather than any specific content.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Birkbeck received approval from University College London Research Ethics Committee, 01/07 /2017, ref: 1602/006. The final trial design will be reviewed by NFER's ethics and code of conduct committee. The trial does not include the solely Birkbeck-based additional neurocognitive testing which required opt-in parental consent.

Study design

Multicentre interventional cluster randomised controlled trial

Primary study design

Interventional

Study type(s)

Other

Health condition(s) or problem(s) studied

Inhibitory control and maths and science performance in primary school education

Interventions

Multicentre interventional 10-week trial with random allocation of groups to intervention, active and passive control conditions assessed by blind evaluators. A cluster design is planned, where year 3 and year 5 groups will be randomly allocated to either the intervention or control/control plus with 1:1 ratio. This will be unbalanced design with a ratio of 2:1:1 for the intervention versus the control and control plus. This will mean that no school is solely a control school which will help with recruitment and reduce attrition.

Classes assigned to intervention will receive the teacher-led computer-based activity called 'Stop and Think', which will introduce children to counterintuitive concepts in mathematics and science. This will occur as a 12-minute intervention prior to mathematics or science lessons three times a week.

Classes assigned to control will carry on 'business-as-usual'.

Classes assigned to control plus will receive a teacher-led computer-based learning activity called See+, which will occur during PSHE lessons. During this activity, children observe and reflect upon social interactions and engage in social-emotional learning through a series of computerised animated stories with virtual characters engaging in social scenarios.

All statistical analysis of the intervention impact will be conducted at the pupil level, comparing the average pupil maths and science scores in the intervention group with average scores in the control groups. The average difference will be measured in a multilevel linear regression model that takes account of pre-test score as covariate, along with the stratification variable used at randomisation (whether the school is a one form entry or two form entry). a three level model will be created to account for pupils being clustered within classes and within schools. The main

analysis will be 'intention to treat', reflecting the reality of how interventions are delivered in practice and avoiding attrition bias.

Intervention Type

Other

Primary outcome(s)

Mathematics and science year 3 and year 5 outcomes measured using the GL Assessments Progress Test in Maths and Progress Test in Science at 2 weeks following intervention completion. PTM8 and PTS8 will be used for year 3 and PTS10 and PTM10 will be used for year 5. Key Stage 1 assessment data is used as a pre-test measure (and therefore covariate in any analysis). A combined KS1 assessment measure will be used that would include task/test assessments in reading, writing and maths as the correlation with science outcomes at KS2 is still strong.

Key secondary outcome(s))

Pupil scores on the chimeric animal Stroop task at 2 weeks following intervention completion

Completion date

30/11/2017

Eligibility

Key inclusion criteria

- 1. In Year 3 and 5 (approximate ages 8 and 10) of one of our participating schools
- 2. Male or female
- 3. Consent given with not opting-out

Participant type(s)

Other

Healthy volunteers allowed

No

Age group

Child

Lower age limit

8 years

Upper age limit

10 years

Sex

Αll

Key exclusion criteria

Participants will be excluded from the statistical analysis if the parental opt-out form is received by Birkbeck

Date of first enrolment

01/01/2017

Date of final enrolment

31/10/2017

Locations

Countries of recruitment

United Kingdom

England

Study participating centre National Foundation for Educational Research

The Mere Upton Park Slough United Kingdom SL1 2DQ

Sponsor information

Organisation

Education Endowment Fund (EEF)

ROR

https://ror.org/03bhd6288

Funder(s)

Funder type

Charity

Funder Name

Education Endowment Foundation (EEF) (UK)

Funder Name

Wellcome Trust

Alternative Name(s)

Funding Body Type

Private sector organisation

Funding Body Subtype

International organizations

Location

United Kingdom

Results and Publications

Individual participant data (IPD) sharing plan

The evaluator (NFER) will submit the trial data to EEF's data contractor Fisher Family Trust (FFT). FFT will collate and anonymise the data for upload to the UK Data Archive. The archived data will be available in an anonymised form with restricted access for research purposes only.

IPD sharing plan summary

Stored in repository

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Funder report results	results		11/09/2020	No	No
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes