ISRCTN20501647 https://doi.org/10.1186/ISRCTN20501647

The Manchester parent-child preparation study

Submission date	Recruitment status	[ ] Prospectively registered
31/07/2014	No longer recruiting	[ ] Protocol
Registration date	**Overall study status**	[ ] Statistical analysis plan
31/07/2014	Completed	[ ] Results
Last Edited	**Condition category**	[ ] Individual participant data
06/06/2018	Mental and Behavioural Disorders	[ ] Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
16637

Study information

Scientific Title
Pilot evaluation of a brief family domains intervention for parents of children referred with emotional and behavioural problems: the Manchester parent-child preparation study

Study objectives
Mental health problems in children commonly persist or recur. Effective treatment is therefore crucial. Parent training is effective however it is demanding on parents time, and drop outs are common. We therefore propose to evaluate a brief, one session, intervention offered to parents in groups, between the time of referral and first appointment. This takes as its starting point that children with mental health problems have difficulties with emotions such as anxiety, sadness or anger, or problems in controlling behaviours. This presents a challenge to parents as to how to attend to their childrens emotional needs, and provide discipline, while preserving pleasurable times together. In the groups, these different activities of children with parents, known as domains, are explained and discussed. The aim is to provide parents with tools to evaluate their childrens behaviours, and to make choices about how they respond to promote emotional and behavioural regulation.

Ethics approval required
Old ethics approval format

Ethics approval(s)
North West - Greater Manchester West Research Ethics Committee, 28/01/2014, ref: 13/NW /0870

Study design
Randomised; Interventional; Design type: Treatment

Primary study design
Interventional

Secondary study design
Randomised controlled trial

Study setting(s)
Hospital

Study type(s)
Treatment

Participant information sheet
Not available in web format, please use the contact details to request a patient information sheet

Health condition(s) or problem(s) studied
Topic: Children, Mental Health; Subtopic: All Diagnoses, Anxiety; Disease: Anxiety, All Diseases

Interventions

Following provision of informed consent, parents will be randomized in the ratio 2:1 (120 intervention) no more than 4 weeks prior to their first clinical appointment. Parents will either be invited to a group meeting to receive the domains-based parent training or will wait for their first appointment in the usual way.

Child adjustment and parental criticism of the child will be measured before and after the group in the intervention arm (and at two equivalent points in the control group), and after 3 months. Parents experience of the groups will be assessed and usage of NHS resources will be measured.

Intervention Type
Other

Phase
Not Applicable

Primary outcome measure
Parental criticism is assessed using the 5 minute speech sample at baseline, 4 and 12 weeks

Secondary outcome measures
1. Child behaviour checklist at baseline, 4 and 12 weeks
2. Strengths and difficulties questionnaire at baseline, 4 and 12 weeks

Overall study start date
02/06/2014

Completion date
31/05/2016

Eligibility

Key inclusion criteria
Parents of children up to the age of 11 years referred to an innercity Child and Adolescent Mental Health Service (CAMHS)

Participant type(s)
Patient

Age group
Child

Upper age limit
11 Years

Sex
Both

Target number of participants
Planned Sample Size: 180; UK Sample Size: 180

Key exclusion criteria

Not provided at time of registration

Date of first enrolment
02/06/2014

Date of final enrolment
31/05/2016

Locations

Countries of recruitment
England

United Kingdom

Study participating centre
HCD
Manchester
United Kingdom
M13 9PL

Sponsor information

Organisation
University of Manchester (UK)

Sponsor details
Oxford Road
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Sponsor type
University/education

ROR
https://ror.org/027m9bs27

Funder(s)

Funder type
Government

Funder Name
NIHR Research for Patient Benefit (RfPB); Grant Codes: PB-PG-0610-22260

Results and Publications

Publication and dissemination plan
Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
HRA research summary			28/06/2023	No	No