

# The Manchester parent-child preparation study

<b>Submission date</b> 31/07/2014	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 31/07/2014	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 06/06/2018	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

Prof Jonathan Hill

### Contact details

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

16637

# Study information

## Scientific Title

Pilot evaluation of a brief family domains intervention for parents of children referred with emotional and behavioural problems: the Manchester parent-child preparation study

## Study objectives

Mental health problems in children commonly persist or recur. Effective treatment is therefore crucial. Parent training is effective however it is demanding on parents time, and drop outs are common. We therefore propose to evaluate a brief, one session, intervention offered to parents in groups, between the time of referral and first appointment. This takes as its starting point that children with mental health problems have difficulties with emotions such as anxiety, sadness or anger, or problems in controlling behaviours. This presents a challenge to parents as to how to attend to their childrens emotional needs, and provide discipline, while preserving pleasurable times together. In the groups, these different activities of children with parents, known as domains, are explained and discussed. The aim is to provide parents with tools to evaluate their childrens behaviours, and to make choices about how they respond to promote emotional and behavioural regulation.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

North West - Greater Manchester West Research Ethics Committee, 28/01/2014, ref: 13/NW/0870

## Study design

Randomised; Interventional; Design type: Treatment

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Hospital

## Study type(s)

Treatment

## Participant information sheet

Not available in web format, please use the contact details to request a patient information sheet

## Health condition(s) or problem(s) studied

Topic: Children, Mental Health; Subtopic: All Diagnoses, Anxiety; Disease: Anxiety, All Diseases

## Interventions

Following provision of informed consent, parents will be randomized in the ratio 2:1 (120 intervention) no more than 4 weeks prior to their first clinical appointment. Parents will either be invited to a group meeting to receive the domains-based parent training or will wait for their first appointment in the usual way.

Child adjustment and parental criticism of the child will be measured before and after the group in the intervention arm (and at two equivalent points in the control group), and after 3 months. Parents experience of the groups will be assessed and usage of NHS resources will be measured.

**Intervention Type**

Other

**Phase**

Not Applicable

**Primary outcome measure**

Parental criticism is assessed using the 5 minute speech sample at baseline, 4 and 12 weeks

**Secondary outcome measures**

1. Child behaviour checklist at baseline, 4 and 12 weeks
2. Strengths and difficulties questionnaire at baseline, 4 and 12 weeks

**Overall study start date**

02/06/2014

**Completion date**

31/05/2016

## Eligibility

**Key inclusion criteria**

Parents of children up to the age of 11 years referred to an innercity Child and Adolescent Mental Health Service (CAMHS)

**Participant type(s)**

Patient

**Age group**

Child

**Upper age limit**

11 Years

**Sex**

Both

**Target number of participants**

Planned Sample Size: 180; UK Sample Size: 180

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

02/06/2014

**Date of final enrolment**

31/05/2016

## **Locations**

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

HCD

Manchester

United Kingdom

M13 9PL

## **Sponsor information**

**Organisation**

University of Manchester (UK)

**Sponsor details**

Oxford Road

Manchester

England

United Kingdom

M13 9PL

**Sponsor type**

University/education

**ROR**

<https://ror.org/027m9bs27>

## **Funder(s)**

**Funder type**

Government

**Funder Name**

NIHR Research for Patient Benefit (RfPB); Grant Codes: PB-PG-0610-22260

## Results and Publications

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date****Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">HRA research summary</a>			28/06/2023	No	No