

# Relapse prevention among schizophrenia: A multi stage randomised controlled group study.

<b>Submission date</b> 30/09/2004	<b>Recruitment status</b> Stopped	<input type="checkbox"/> Prospectively registered
		<input type="checkbox"/> Protocol
<b>Registration date</b> 30/09/2004	<b>Overall study status</b> Stopped	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
<b>Last Edited</b> 29/05/2012	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Mr Rami Jumnoodoo

**Contact details**  
Trust  
Park Royal MH Centre  
Twyford Centre  
Acton lane  
Central Way  
London  
United Kingdom  
NW10 7NS  
+44 (0)208 453 2779  
rami.jumnoodoo@nhs.net

## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**

## Study information

### Scientific Title

### Study objectives

Whether a prescribed course of relapse prevention therapy (RPT), based on Marlatts model, may have a statistically significant higher knowledge score post-group; whether there will be a significant reduction of inpatient bed nights and whether there will be a statistically significant degree of contact maintenance with helping services by comparison with the comparison group?

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Not provided at time of registration

### Study design

Randomised controlled trial

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Other

### Study type(s)

Treatment

### Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

### Health condition(s) or problem(s) studied

Mental and Behavioural Disorders: Schizophrenia

### Interventions

For the experimental group, there will be a semi structured interview questionnaire at pre and post relapse prevention therapy (RPT) and at 5 weeks follow up. For the control group, there will be a semi structured questionnaire to be completed at the same time as that of the experimental group and afterwards at 3 months interval to ensure matching time intervals. In addition there will be a demographic characteristic form to complete on ever participant.

### Intervention Type

Other

**Phase**

Not Specified

**Primary outcome measure**

Relapse prevention skills and knowledge, reduction of in-patient hospitalisation and an improvement in maintaining contact with helping services.

**Secondary outcome measures**

Not provided at time of registration

**Overall study start date**

08/07/2002

**Completion date**

16/06/2003

**Reason abandoned (if study stopped)**

Lack of staff/facilities/resources

## Eligibility

**Key inclusion criteria**

Patients with a primary diagnosis of schizophrenia (International Statistical Classification of Diseases and Related Health Problems - tenth revision [ICD10] = F20-29)

**Participant type(s)**

Patient

**Age group**

Not Specified

**Sex**

Not Specified

**Target number of participants**

Not provided at time of registration

**Key exclusion criteria**

Does not meet inclusion criteria

**Date of first enrolment**

08/07/2002

**Date of final enrolment**

16/06/2003

## Locations

**Countries of recruitment**

England

United Kingdom

### **Study participating centre**

**Trust**

London

United Kingdom

NW10 7NS

## **Sponsor information**

### **Organisation**

Department of Health

### **Sponsor details**

Richmond House

79 Whitehall

London

United Kingdom

SW1A 2NL

### **Sponsor type**

Government

### **Website**

<http://www.dh.gov.uk/Home/fs/en>

## **Funder(s)**

### **Funder type**

Other

### **Funder Name**

London West Mental R&D Consortium (UK)

## **Results and Publications**

### **Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**

Not provided at time of registration