# Relapse prevention among schizophrenia: A multi stage randomised controlled group study.

| Submission date   | Recruitment status               | Prospectively registered      |
|-------------------|----------------------------------|-------------------------------|
| 30/09/2004        | Stopped                          | ☐ Protocol                    |
| Registration date | Overall study status             | Statistical analysis plan     |
| 30/09/2004        | Stopped                          | Results                       |
| Last Edited       | Condition category               | Individual participant data   |
| 29/05/2012        | Mental and Behavioural Disorders | ☐ Record updated in last year |

#### Plain English summary of protocol

Not provided at time of registration

## Contact information

#### Type(s)

Scientific

#### Contact name

Mr Rami Jumnoodoo

#### Contact details

Trust
Park Royal MH Centre
Twyford Centre
Acton lane
Central Way
London
United Kingdom
NW10 7NS
+44 (0)208 453 2779
rami.jumnoodoo@nhs.net

## Additional identifiers

Protocol serial number

N0195129515

# Study information

Scientific Title

#### Study objectives

Whether a prescribed course of relapse prevention therapy (RPT), based on Marlatts model, may have a statistically significant higher knowledge score post-group; whether there will be a significant reduction of inpatient bed nights and whether there will be a statistically significant degree of contact maintenance with helping services by comparison with the comparison group?

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Not provided at time of registration

#### Study design

Randomised controlled trial

#### Primary study design

Interventional

#### Study type(s)

Treatment

#### Health condition(s) or problem(s) studied

Mental and Behavioural Disorders: Schizophrenia

#### **Interventions**

For the experimental group, there will be a semi structured interview questionnaire at pre and post relapse prevention therapy (RPT) and at 5 weeks follow up. For the control group, there will be a semi structured questionnaire to be completed at the same time as that of the experimental group and afterwards at 3 months interval to ensure matching time intervals. In addition there will be a demographic characteristic form to complete on ever participant.

#### Intervention Type

Other

#### Phase

**Not Specified** 

#### Primary outcome(s)

Relapse prevention skills and knowledge, reduction of in-patient hospitalisation and an improvement in maintaining contact with helping services.

#### Key secondary outcome(s))

Not provided at time of registration

#### Completion date

16/06/2003

## Reason abandoned (if study stopped)

# **Eligibility**

#### Key inclusion criteria

Patients with a primary diagnosis of schizophrenia (International Statistical Classification of Diseases and Related Health Problems - tenth revision [ICD10] = F20-29)

#### Participant type(s)

**Patient** 

#### Healthy volunteers allowed

No

#### Age group

**Not Specified** 

#### Sex

**Not Specified** 

#### Key exclusion criteria

Does not meet inclusion criteria

#### Date of first enrolment

08/07/2002

#### Date of final enrolment

16/06/2003

# Locations

#### Countries of recruitment

**United Kingdom** 

**England** 

#### Study participating centre

Trust

London United Kingdom NW10 7NS

# **Sponsor information**

#### Organisation

# Funder(s)

## Funder type

Other

#### Funder Name

London West Mental R&D Consortium (UK)

# **Results and Publications**

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

### **Study outputs**

Output type Details Date created Date added Peer reviewed? Patient-facing?

Participant information sheet Participant information sheet 11/11/2025 11/11/2025 No Yes