

# Trial of the Effect of Thiazides on Normotensive Individuals in China

<b>Submission date</b> 06/06/2003	<b>Recruitment status</b> Stopped	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 23/09/2003	<b>Overall study status</b> Stopped	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 17/04/2023	<b>Condition category</b> Circulatory System	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
N/A

# Study information

## Scientific Title

Trial of the Effect of Thiazides on Normotensive Individuals in China

## Acronym

TONIC

## Study objectives

Prevention of vascular disease. Based on a population approach to lowering blood pressure in normotensive individuals (i.e. systolic BP<140, diastolic <90) to prevent vascular disease in older individuals.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

## Study type(s)

Prevention

## Participant information sheet

## Health condition(s) or problem(s) studied

Cardiovascular disease

## Interventions

Both intervention and control groups will be provided with a study medication pack, and asked to take one tablet each day. The intervention medication will contain 12.5 mg of hydrochlorothiazide, and the control group will be supplied with identical looking inactive placebo.

## Intervention Type

Drug

## Phase

Not Specified

**Drug/device/biological/vaccine name(s)**

Hydrochlorothiazide

**Primary outcome measure**

Not provided at time of registration

**Secondary outcome measures**

Not provided at time of registration

**Overall study start date**

01/07/2003

**Completion date**

31/12/2003

**Reason abandoned (if study stopped)**

Objectives no longer viable

## **Eligibility**

**Key inclusion criteria**

The eligible population for this pilot will include men and women between the ages of 60 and 75 (inclusive) living in Guangzhou, who attend for an ongoing cohort study, and are found to be normotensive.

**Participant type(s)**

Patient

**Age group**

Senior

**Sex**

Both

**Target number of participants**

Not provided at time of registration

**Total final enrolment**

0

**Key exclusion criteria**

People with existing vascular disease, clear indication or contra-indication for antihypertensive treatment and diuretics, and other chronic medical problems that would interfere with participation will be excluded.

**Date of first enrolment**

01/07/2003

**Date of final enrolment**

31/12/2003

## Locations

### Countries of recruitment

China

England

United Kingdom

### Study participating centre

Department of Public Health & Epidemiology

Birmingham

United Kingdom

B15 2TT

## Sponsor information

### Organisation

The University of Birmingham, Birmingham (UK)

### Sponsor details

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### Sponsor type

University/education

### ROR

<https://ror.org/03angcq70>

## Funder(s)

### Funder type

University/education

**Funder Name**

Department of Public Health & Epidemiology, The University of Birmingham, Birmingham, UK

## **Results and Publications**

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date****Individual participant data (IPD) sharing plan**

Not provided at time of registration

**IPD sharing plan summary**

Not provided at time of registration