

The effect of an assessment-based falls prevention programme in elderly people utilising day-care services

Submission date 04/08/2008	Recruitment status No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered
Registration date 29/08/2008	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 11/09/2008	Condition category Injury, Occupational Diseases, Poisoning	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

Protocol serial number

N/A

Study information

Scientific Title

Study objectives

Implementation of an assessment-based multifactorial intervention on fall prevention in disabled elderly will decrease the number of fallers and the number of falls.

Ethics approval required

Old ethics approval format

Ethics approval(s)

The Ethics Committee of the Tokyo Metropolitan Institute of Gerontology. Date of approval: 26/09/2006 (ref: 16)

Study design

Cluster randomised controlled trial

Primary study design

Interventional

Study type(s)

Prevention

Health condition(s) or problem(s) studied

Falls/ high risk population with falls

Interventions

Intervention group: Falls prevention programme, consisting of the following:

1. Fall-risk assessment
2. Falls prevention education for both the participating care service providers and the elderly participants

Control group: Usual care

Total duration of interventions: 3 months

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Fall rates and number of falls. Duration of follow-up: 1 year.

Key secondary outcome(s))

Fall-related fractures. Duration of follow-up: 1 year.

Completion date

31/12/2009

Eligibility

Key inclusion criteria

Men and women who are 65 years of age or older who utilised day-care services.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Senior

Sex

All

Key exclusion criteria

Acute health conditions.

Date of first enrolment

01/09/2008

Date of final enrolment

31/12/2009

Locations**Countries of recruitment**

Japan

Study participating centre

Tokyo Metropolitan Institute of Gerontology

Tokyo

Japan

173-0015

Sponsor information**Organisation**

Tokyo Metropolitan Institute of Gerontology (Japan)

ROR

<https://ror.org/03rd0p893>

Funder(s)

Funder type

Industry

Funder Name

Tsukui Co (Japan)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes