

# The effect of an assessment-based falls prevention programme in elderly people utilising day-care services

<b>Submission date</b> 04/08/2008	<b>Recruitment status</b> No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered
<b>Registration date</b> 29/08/2008	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 11/09/2008	<b>Condition category</b> Injury, Occupational Diseases, Poisoning	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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### Contact details

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

# Study information

## Scientific Title

## Study objectives

Implementation of an assessment-based multifactorial intervention on fall prevention in disabled elderly will decrease the number of fallers and the number of falls.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

The Ethics Committee of the Tokyo Metropolitan Institute of Gerontology. Date of approval: 26/09/2006 (ref: 16)

## Study design

Cluster randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Other

## Study type(s)

Prevention

## Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

## Health condition(s) or problem(s) studied

Falls/ high risk population with falls

## Interventions

Intervention group: Falls prevention programme, consisting of the following:

1. Fall-risk assessment
2. Falls prevention education for both the participating care service providers and the elderly participants

Control group: Usual care

Total duration of interventions: 3 months

## Intervention Type

Other

**Phase**

Not Specified

**Primary outcome measure**

Fall rates and number of falls. Duration of follow-up: 1 year.

**Secondary outcome measures**

Fall-related fractures. Duration of follow-up: 1 year.

**Overall study start date**

01/09/2008

**Completion date**

31/12/2009

**Eligibility****Key inclusion criteria**

Men and women who are 65 years of age or older who utilised day-care services.

**Participant type(s)**

Patient

**Age group**

Senior

**Sex**

Both

**Target number of participants**

5,000

**Key exclusion criteria**

Acute health conditions.

**Date of first enrolment**

01/09/2008

**Date of final enrolment**

31/12/2009

**Locations****Countries of recruitment**

Japan

**Study participating centre**

**Tokyo Metropolitan Institute of Gerontology**  
Tokyo  
Japan  
173-0015

## **Sponsor information**

### **Organisation**

Tokyo Metropolitan Institute of Gerontology (Japan)

### **Sponsor details**

35-2 Sakae-cho  
Itabashi-ku  
Tokyo  
Japan  
173-0015

### **Sponsor type**

Research organisation

### **ROR**

<https://ror.org/03rd0p893>

## **Funder(s)**

### **Funder type**

Industry

### **Funder Name**

Tsukui Co (Japan)

## **Results and Publications**

### **Publication and dissemination plan**

Not provided at time of registration

### **Intention to publish date**

### **Individual participant data (IPD) sharing plan**

### **IPD sharing plan summary**

Not provided at time of registration