# Asymptomatic Carotid Surgery Trial 2: an international randomised trial to compare carotid endarterectomy with carotid artery stenting to prevent stroke

Submission date	Recruitment status No longer recruiting	[X] Prospectively registered		
11/05/2006		[X] Protocol		
Registration date 03/07/2006	Overall study status Ongoing	Statistical analysis plan		
		[X] Results		
<b>Last Edited</b> 04/04/2025	Condition category Circulatory System	[] Individual participant data		

#### Plain English summary of protocol

Background and study aims

Stroke causes about 10% of all deaths worldwide, and much serious disability. Many strokes are caused by thick fatty deposits narrowing the carotid arteries, which are the main blood vessels in the neck that supply blood to the brain. People with this condition, called carotid artery stenosis, may have no symptoms from it (i.e., they are asymptomatic) until fragments of the deposits fall off, lodge in the brain and cause a major stroke. The standard operation to prevent this, carotid endarterectomy (CEA), involves surgical removal of the deposits before they cause a stroke. It involves some immediate risk but if successful, confers long-term protection. An alternative technique is carotid artery stenting (CAS), which involves placing a fine scaffolding (stent) inside the narrowed artery to hold it open indefinitely. The aim of this study is to compare the immediate risks and long-term benefits of CAS and CEA for the prevention of stroke.

#### Who can participate?

Asymptomatic carotid artery stenosis patients in need of some type of carotid artery treatment, but with substantial uncertainty about whether to treat with CEA or CAS.

#### What does the study involve?

Participants are randomly allocated to be treated with either CEA or CAS, and we compare the immediate hazards (mainly heart attack, stroke or death) and the stroke risks over the next few years. The type and severity of any strokes is also assessed.

What are the possible benefits and risks of participating? Not provided at time of registration

Where is the study run from? University of Oxford (UK)

When is the study starting and how long is it expected to run for? April 2007 to January 2026

Who is funding the study? Health Technology Assessment Programme (UK)

Who is the main contact? Prof. Alison Halliday acst@nds.ox.ac.uk

# Contact information

#### Type(s)

Scientific

#### Contact name

Prof Alison Halliday

#### **ORCID ID**

https://orcid.org/0000-0001-9828-3579

#### Contact details

University of Oxford Richard Doll Building Old Road Campus Roosevelt Drive Oxford United Kingdom OX3 7LF +44 (0)1865 617979 acst@nds.ox.ac.uk

# Additional identifiers

ClinicalTrials.gov (NCT)

NCT00883402

Protocol serial number

HTA 06/301/233

# Study information

#### Scientific Title

Asymptomatic Carotid Surgery Trial 2: an international randomised trial to compare carotid endarterectomy with carotid artery stenting to prevent stroke

#### Acronym

ACST-2

## **Study objectives**

#### To compare:

- 1. The peri-procedural risks (within 30 days) of carotid endarterectomy (CEA) or carotid artery stenting (CAS)
- 2. The long-term (5-year) prevention of stroke and of disabling or fatal stroke

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Ethics approval for the lead centre (St George's, University of London): Hertfordshire 1 Ethics Committee, 11/10/2005, ref: 05/Q0201/66

All other centres have obtained ethics approval before recruitment of the first participant

#### Study design

International randomised controlled trial

#### Primary study design

Interventional

#### Study type(s)

Treatment

#### Health condition(s) or problem(s) studied

Stroke caused by stenosis in the carotid arteries

#### **Interventions**

Carotid endarterectomy versus carotid artery stenting

#### Intervention Type

Procedure/Surgery

#### Primary outcome(s)

- 1. Peri-procedural hazards (within 30 days) stroke, myocardial infarction and death
- 2. Long-term hazards (after 30 days) stroke and death

## Key secondary outcome(s))

Cost-effectivness of CEA and CAS

#### Completion date

01/01/2026

# **Eligibility**

#### Key inclusion criteria

- 1. Patient in need of some type of carotid artery intervention, with substantial uncertainty about whether to treat with CEA or CAS
- 2. Carotid artery stenosis with no ipsilateral carotid territory symptoms within the last 6 months
- 3. Patient fit and willing for follow-up

#### Participant type(s)

Patient
Healthy volunteers allowed No
Age group Adult
Sex All
Total final enrolment 3625
Key exclusion criteria  1. Previous CEA or CAS in randomised artery  2. High risk of adverse events of trial treatment e.g. inaccessible stenosis  3. Small likelihood of worthwhile benefit e.g. low risk of stroke  4. Patient unable or unwilling to give informed consent
Date of first enrolment 01/04/2007
Date of final enrolment 28/01/2021
Locations
Locations  Countries of recruitment United Kingdom
Countries of recruitment
Countries of recruitment United Kingdom
Countries of recruitment United Kingdom England
Countries of recruitment United Kingdom England Belgium
Countries of recruitment United Kingdom England Belgium Bulgaria
Countries of recruitment United Kingdom  England  Belgium  Bulgaria  Canada
Countries of recruitment United Kingdom England Belgium Bulgaria Canada China
Countries of recruitment United Kingdom  England  Belgium  Bulgaria  Canada  China  Czech Republic
Countries of recruitment United Kingdom  England  Belgium  Bulgaria  Canada  China  Czech Republic  Egypt

Hungary
Ireland
Israel
Italy
Japan
Kazakhstan
Netherlands
Norway
Poland
Russian Federation
Serbia
Slovakia
Slovenia
Spain
Sweden
Switzerland
United States of America

Greece

Study participating centre University of Oxford Oxford United Kingdom OX3 9DU

# Sponsor information

**Organisation**University of Oxford (UK)

#### **ROR**

https://ror.org/052gg0110

# Funder(s)

#### Funder type

Government

#### **Funder Name**

Health Technology Assessment Programme

#### Alternative Name(s)

NIHR Health Technology Assessment Programme, Health Technology Assessment (HTA), HTA

#### **Funding Body Type**

Government organisation

### **Funding Body Subtype**

National government

#### Location

**United Kingdom** 

# **Results and Publications**

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

# **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/11/2013		Yes	No
Results article		27/08/2021	02/09/2021	Yes	No
Protocol article	protocol	01/08/2009		Yes	No
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes
Study website	Study website	11/11/2025	11/11/2025	No	Yes