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Preventive health survey in elderly people

Submission date 07/06/2006	**Recruitment status** No longer recruiting	[_] Prospectively registered [_] Protocol
Registration date 07/06/2006	**Overall study status** Completed	[_] Statistical analysis plan [_] Results
Last Edited 17/09/2007	**Condition category** Circulatory System	[_] Individual participant data [_] Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Mr C. Dingemanse

Contact details
GGD Zeeland
P.O. Box 345
Goes
Netherlands
4460 AS
+31 (0)11 3249484
christine.dingemanse@ggdzeeland.nl

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
PGO2006

Study information

Scientific Title

Study objectives
Participation in a health survey for elderly people (60-75 years) on risk factors for cardiovascular diseases, depression, osteoporosis and falls, followed by a subsequent personalized health advice from a community nurse on lifestyle modification and/or reference to local preventive activities, will lead to a decreased risk profile within the surveyed group and to a decrease in an abbreviated risk profile in comparison to a control group.

Ethics approval required
Old ethics approval format

Ethics approval(s)
Not provided at time of registration

Study design
Randomized controlled trial

Primary study design
Interventional

Secondary study design
Randomised controlled trial

Study setting(s)
Not specified

Study type(s)
Prevention

Participant information sheet

Health condition(s) or problem(s) studied
Falls, osteoporosis, cardiovascular disease, depression

Interventions
Health survey for risk factors followed by personalized advice on lifestyle and/or advice of to follow course to improve lifestyle. Health survey consists of anamnestic interview consisting of both validated questionnaires and physical examination. Control group will only receive questionnaires by mail.

Intervention Type
Other

Phase
Not Specified

Primary outcome measure

Percentage of persons with improvement of one step or more in risk profile. Risk profile = combination of risk factors for cardiovascular diseases (4 levels), depression (4 levels), osteoporosis (2 levels) and falls (4 levels), where level 1 = low risk; 4 = high risk.

For the comparison with the control group, an abbreviated risk profile will be constructed from the risk factors that can be assessed by questionnaire.

Outcome will be assessed at start and 12 months later.

Secondary outcome measures
Health related quality of life (short-form questionnaire-36 [SF-36] and EQ-5D)

Overall study start date
13/01/2006

Completion date
31/07/2007

Eligibility

Key inclusion criteria
Random selection of all community-dwelling elderly persons, aged 60-75 living in the Netherlands in the regions: Zuid-Beveland, Schouwen-Duiveland, Soest and Soesterkwartier (Amersfoort).

Participant type(s)
Patient

Age group
Senior

Sex
Both

Target number of participants
2000

Key exclusion criteria
Elderly people living in residential homes or hospital

Date of first enrolment
13/01/2006

Date of final enrolment
31/07/2007

Locations

Countries of recruitment
Netherlands

Study participating centre
GGD Zeeland
Goes
Netherlands
4460 AS

Sponsor information

Organisation
GGD Zeeland (The Netherlands)

Sponsor details
P.O. Box 345
Goes
Netherlands
4460 AS

Sponsor type
Industry

ROR
https://ror.org/042s2nd27

Funder(s)

Funder type
Government

Funder Name
Community of Soest

Funder Name
Community of Amersfoort

Funder Name
Community of Schouwen-Duiveland

Funder Name
Community of Reimerswaal

Funder Name
Community of Kapelle

Funder Name
Community of Goes

Funder Name
Zorgkantoor

Funder Name
Province of Zeeland

Funder Name
GGD Zeeland

Funder Name
Stichting

Funder Name
Central Fund Reserves of the Former Voluntary National Health Service Administration Insurances (Centraal Fonds van Voormalig Vrijwillige Ziekenfondsverzekeringen [RvvZ])

Results and Publications

Publication and dissemination plan
Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration