

Family Focused Cognitive Behavioural Therapy for Adolescents with Chronic Fatigue Syndrome (CFS)

Submission date 23/01/2004	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 23/01/2004	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 03/03/2011	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Dr Trudie Chalder

Contact details
King's College School of Medicine
103 Denmark Hill
London
United Kingdom
SE5 8AZ
+44 (0)20 7740 5078
trudie.chalder@kcl.ac.uk

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
RDC01636

Study information

Scientific Title

Study objectives

The study members have developed a family oriented cognitive behavioural approach for adolescents with chronic fatigue syndrome (CFS). The approach is based on a model of understanding the condition which makes a distinction between precipitating and perpetuating factors. The model will be tested via a randomised controlled trial.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Not specified

Study type(s)

Treatment

Participant information sheet

Health condition(s) or problem(s) studied

Chronic fatigue syndrome

Interventions

- i. Family focused cognitive behavioural psychotherapy (CBT)
- ii. Treatment as usual (TAU)

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

The main outcome will be the school attendance rate expressed as a percentage of expected attendance.

Secondary outcome measures

Anxiety and depression

Overall study start date

01/10/1999

Completion date

01/10/2003

Eligibility**Key inclusion criteria**

Patients aged between 11 and 17 years fulfilling the criteria for CFS.

Participant type(s)

Patient

Age group

Child

Lower age limit

11 Years

Upper age limit

17 Years

Sex

Both

Target number of participants

Not provided at time of registration

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/10/1999

Date of final enrolment

01/10/2003

Locations**Countries of recruitment**

England

United Kingdom

Study participating centre
King's College School of Medicine
London
United Kingdom
SE5 8AZ

Sponsor information

Organisation

NHS R&D Regional Programme Register - Department of Health (UK)

Sponsor details

The Department of Health
Richmond House
79 Whitehall
London
United Kingdom
SW1A 2NL
+44 (0)20 7307 2622
dhmail@doh.gsi.org.uk

Sponsor type

Government

Website

<http://www.doh.gov.uk>

Funder(s)

Funder type

Government

Funder Name

NHS Executive London, UK

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/08/2010		Yes	No