ISRCTN21288417 https://doi.org/10.1186/ISRCTN21288417

Family Focused Cognitive Behavioural Therapy for Adolescents with Chronic Fatigue Syndrome (CFS)

Submission date
23/01/2004

Registration date
23/01/2004

Last Edited
03/03/2011

Recruitment status
No longer recruiting

Overall study status
Completed

Condition category
Mental and Behavioural Disorders

[ ] Prospectively registered
[ ] Protocol
[ ] Statistical analysis plan
[X] Results
[ ] Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Dr Trudie Chalder

Contact details
King's College School of Medicine
103 Denmark Hill
London
United Kingdom
SE5 8AZ
+44 (0)20 7740 5078
trudie.chalder@kcl.ac.uk

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
RDC01636

Study information

Scientific Title

Study objectives
The study members have developed a family oriented cognitive behavioural approach for adolescents with chronic fatigue syndrome (CFS). The approach is based on a model of understanding the condition which makes a distinction between precipitating and perpetuating factors. The model will be tested via a randomised controlled trial.

Ethics approval required
Old ethics approval format

Ethics approval(s)
Not provided at time of registration

Study design
Randomised controlled trial

Primary study design
Interventional

Secondary study design
Randomised controlled trial

Study setting(s)
Not specified

Study type(s)
Treatment

Participant information sheet

Health condition(s) or problem(s) studied
Chronic fatigue syndrome

Interventions
i. Family focused cognitive behavioural psychotherapy (CBT)
ii. Treatment as usual (TAU)

Intervention Type
Other

Phase
Not Specified

Primary outcome measure

The main outcome will be the school attendance rate expressed as a percentage of expected attendance.

Secondary outcome measures
Anxiety and depression

Overall study start date
01/10/1999

Completion date
01/10/2003

Eligibility

Key inclusion criteria
Patients aged between 11 and 17 years fulfilling the criteria for CFS.

Participant type(s)
Patient

Age group
Child

Lower age limit
11 Years

Upper age limit
17 Years

Sex
Both

Target number of participants
Not provided at time of registration

Key exclusion criteria
Not provided at time of registration

Date of first enrolment
01/10/1999

Date of final enrolment
01/10/2003

Locations

Countries of recruitment
England

United Kingdom

Study participating centre
King's College School of Medicine
London
United Kingdom
SE5 8AZ

Sponsor information

Organisation
NHS R&D Regional Programme Register - Department of Health (UK)

Sponsor details
The Department of Health
Richmond House
79 Whitehall
London
United Kingdom
SW1A 2NL
+44 (0)20 7307 2622
dhmail@doh.gsi.org.uk

Sponsor type
Government

Website
http://www.doh.gov.uk

Funder(s)

Funder type
Government

Funder Name
NHS Executive London, UK

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/08/2010		Yes	No