

# Self-help (SH) versus guided self-help (GSH) in enhancing motivation to change among opiate abusers

<b>Submission date</b> 30/09/2004	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 30/09/2004	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 19/08/2015	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

Ms Dolors Manuel Riu

### Contact details

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

## Secondary identifying numbers

N0195124470

# Study information

## Scientific Title

Self-help (SH) versus guided self-help (GSH) in enhancing motivation to change among opiate abusers

## Study objectives

1. Will the use of SH for motivation enhancement produce client progress across stages of change and reduction in substance use?
2. Will the use of GSH for motivation enhancement produce better outcomes than the use of unguided SH?

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

## Study type(s)

Treatment

## Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

## Health condition(s) or problem(s) studied

Mental and Behavioural Disorders: Drug abuse

## Interventions

Pre-treatment, opiate abusers will be randomly allocated to one of three motivational conditions - no intervention; self-help; guided self-help. The impact of these conditions will be measured over time on drop-out, drug use and motivational level.

## Intervention Type

Behavioural

**Primary outcome measure**

1. Reduction in drop-out from treatment and drug use (urine screening)
2. Improvement in motivational level

**Secondary outcome measures**

Not provided at time of registration

**Overall study start date**

01/03/2003

**Completion date**

01/03/2006

**Eligibility****Key inclusion criteria**

Opiate abusers referred to Hounslow Substance Misuse Team

**Participant type(s)**

Patient

**Age group**

Not Specified

**Sex**

Not Specified

**Target number of participants**

Not provided at time of registration

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

01/03/2003

**Date of final enrolment**

01/03/2006

**Locations****Countries of recruitment**

England

United Kingdom

**Study participating centre**

**West Middlesex Hospital**  
London  
United Kingdom  
TW7 6AF

## **Sponsor information**

### **Organisation**

Department of Health

### **Sponsor details**

Richmond House  
79 Whitehall  
London  
United Kingdom  
SW1A 2NL

### **Sponsor type**

Government

### **Website**

<http://www.dh.gov.uk/Home/fs/en>

## **Funder(s)**

### **Funder type**

Government

### **Funder Name**

London West Mental R&D Consortium (UK)

## **Results and Publications**

### **Publication and dissemination plan**

Not provided at time of registration

### **Intention to publish date**

### **Individual participant data (IPD) sharing plan**

### **IPD sharing plan summary**

Not provided at time of registration