

Self-help (SH) versus guided self-help (GSH) in enhancing motivation to change among opiate abusers

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| Submission date 30/09/2004 | Recruitment status No longer recruiting | <input type="checkbox"/> Prospectively registered |
| Registration date 30/09/2004 | Overall study status Completed | <input type="checkbox"/> Protocol |
| Last Edited 19/08/2015 | Condition category Mental and Behavioural Disorders | <input type="checkbox"/> Statistical analysis plan |
| | | <input type="checkbox"/> Results |
| | | <input type="checkbox"/> Individual participant data |
| | | <input type="checkbox"/> Record updated in last year |

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N0195124470

Study information

Scientific Title

Self-help (SH) versus guided self-help (GSH) in enhancing motivation to change among opiate abusers

Study objectives

1. Will the use of SH for motivation enhancement produce client progress across stages of change and reduction in substance use?
2. Will the use of GSH for motivation enhancement produce better outcomes than the use of unguided SH?

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Not specified

Study type(s)

Treatment

Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

Health condition(s) or problem(s) studied

Mental and Behavioural Disorders: Drug abuse

Interventions

Pre-treatment, opiate abusers will be randomly allocated to one of three motivational conditions - no intervention; self-help; guided self-help. The impact of these conditions will be measured over time on drop-out, drug use and motivational level.

Intervention Type

Behavioural

Primary outcome measure

1. Reduction in drop-out from treatment and drug use (urine screening)
2. Improvement in motivational level

Secondary outcome measures

Not provided at time of registration

Overall study start date

01/03/2003

Completion date

01/03/2006

Eligibility**Key inclusion criteria**

Opiate abusers referred to Hounslow Substance Misuse Team

Participant type(s)

Patient

Age group

Not Specified

Sex

Not Specified

Target number of participants

Not provided at time of registration

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/03/2003

Date of final enrolment

01/03/2006

Locations**Countries of recruitment**

England

United Kingdom

Study participating centre

West Middlesex Hospital
London
United Kingdom
TW7 6AF

Sponsor information

Organisation

Department of Health

Sponsor details

Richmond House
79 Whitehall
London
United Kingdom
SW1A 2NL

Sponsor type

Government

Website

<http://www.dh.gov.uk/Home/fs/en>

Funder(s)

Funder type

Government

Funder Name

London West Mental R&D Consortium (UK)

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration