

Self-help (SH) versus guided self-help (GSH) in enhancing motivation to change among opiate abusers

Submission date 30/09/2004	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 30/09/2004	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 19/08/2015	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

Ms Dolors Manuel Riu

Contact details

Hounslow Substance Misuse Team
West Middlesex Hospital
Twickenham Road
Isleworth
London
United Kingdom
TW7 6AF
+44 (0)20 8321 5070
abc@email.com

Additional identifiers

Protocol serial number

N0195124470

Study information

Scientific Title

Self-help (SH) versus guided self-help (GSH) in enhancing motivation to change among opiate abusers

Study objectives

1. Will the use of SH for motivation enhancement produce client progress across stages of change and reduction in substance use?
2. Will the use of GSH for motivation enhancement produce better outcomes than the use of unguided SH?

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Mental and Behavioural Disorders: Drug abuse

Interventions

Pre-treatment, opiate abusers will be randomly allocated to one of three motivational conditions - no intervention; self-help; guided self-help. The impact of these conditions will be measured over time on drop-out, drug use and motivational level.

Intervention Type

Behavioural

Primary outcome(s)

1. Reduction in drop-out from treatment and drug use (urine screening)
2. Improvement in motivational level

Key secondary outcome(s)

Not provided at time of registration

Completion date

01/03/2006

Eligibility**Key inclusion criteria**

Opiate abusers referred to Hounslow Substance Misuse Team

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Not Specified

Sex

Not Specified

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/03/2003

Date of final enrolment

01/03/2006

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre

West Middlesex Hospital

London

United Kingdom

TW7 6AF

Sponsor information**Organisation**

Department of Health

Funder(s)**Funder type**

Government

Funder Name

London West Mental R&D Consortium (UK)

Results and Publications

Individual participant data (IPD) sharing plan**IPD sharing plan summary**

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes