# A Randomised Controlled Trial: Investigation of Radiotherapy Dose Inhomogeneity and Cosmetic Outcome in Patients with Early Breast Cancer

Submission date	Recruitment status No longer recruiting Overall study status	<ul><li>Prospectively registered</li></ul>			
10/01/2006		☐ Protocol			
Registration date		Statistical analysis plan			
17/02/2006	Completed	[X] Results			
Last Edited	Condition category	[] Individual participant data			
22/08/2012	Cancer				

#### Plain English summary of protocol

http://cancerhelp.cancerresearchuk.org/trials/a-study-to-see-if-intensity-modulated-radiotherapy-improves-cosmetic-appearance-for-breast-cancer-patients

# Contact information

# Type(s)

Scientific

#### Contact name

Dr Charlotte Coles

#### Contact details

Oncology Centre Box 193 Addenbrooke's Hospital Hills road Cambridge United Kingdom CB2 2QQ

# Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

# Secondary identifying numbers

N/A

# Study information

#### Scientific Title

#### Acronym

Cambridge IMRT

#### **Study objectives**

Does correction of dose homogeneity improve the cosmetic outcome following radiotherapy in patients with early breast cancer?

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Approved by the Cambridge Reseach Ethics Committee on 04/02/03, reference number 03/017

#### Study design

Interventional, phase III, randomised controlled trial

### Primary study design

Interventional

# Secondary study design

Randomised controlled trial

## Study setting(s)

Hospital

# Study type(s)

Quality of life

#### Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

## Health condition(s) or problem(s) studied

**Breast Cancer** 

#### **Interventions**

Patients are randomised to receive Intensity Modulated Radiation therapy (IMRT). Control group will receive standard 2-dimensional radiation therapy.

#### Intervention Type

Other

#### Phase

Phase III

#### Primary outcome measure

Breast shrinkage following radiotherapy

#### Secondary outcome measures

- 1. Acute skin reactions
- 2. Clinical assessment of late cosmetic effect
- 3. Patients quality of life

#### Overall study start date

01/04/2003

#### Completion date

31/03/2006

# Eligibility

#### Key inclusion criteria

- 1. Age 18 years and above
- 2. Operable unilateral breast cancer (T1-3, N0-1, M0 at presentation)
- 3. Histological confirmation of invasive carcinoma
- 4. Complete macroscopic excision of tumour by breast conserving surgery
- 5. No history of contralateral breast cancer
- 6. Demonstration of off-axis dose inhomogeneities outside -5% and +7% of the prescribed dose using conventional 2-dimensional radiotherapy treatment plan
- 7. Patients consents to be part of the trial and availability for follow-up

#### Participant type(s)

**Patient** 

## Age group

Adult

# Lower age limit

18 Years

#### Sex

**Female** 

# Target number of participants

375

# Key exclusion criteria

- 1. Patients with advance or metastatic breast cancer
- 2. Patients who have had a mastectomy
- 3. Patients with bilateral breast cancer

4. Concomitant invasive malignancy (apart from Cervical Intra-epithelial Neoplasia [CIN] III uterine cervix and basal carcinoma of the skin), if other previous malignancies, must be disease-free for five years

#### Date of first enrolment

01/04/2003

#### Date of final enrolment

31/03/2006

# Locations

# Countries of recruitment

England

**United Kingdom** 

# Study participating centre

**Oncology Centre** 

Cambridge United Kingdom CB2 2QQ

# **Sponsor information**

## Organisation

Cambridge University Hospitals NHS Foundation Trust (UK)

#### Sponsor details

Trust Research and Development Department Box 146 Addenbrookes Hospital Hills road Cambridge England United Kingdom CB2 2QQ

## Sponsor type

Hospital/treatment centre

#### **ROR**

https://ror.org/04v54gj93

# Funder(s)

## Funder type

Charity

#### Funder Name

Breast Cancer Campaign (London), grant reference number 2001:263 (UK)

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

# **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient- facing?
Results article	baseline characteristics and dosimetry results	01/07/2009	)	Yes	No
Other publications	prospective analysis study	01/01/2012	2	Yes	No