

# The effect of intranasal sodium cromoglycate on symptoms of suspected acute viral upper respiratory tract infection (URTI) in children

<b>Submission date</b> 23/10/2000	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 23/10/2000	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 13/09/2007	<b>Condition category</b> Respiratory	<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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### Contact details

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

G9900236

# Study information

## Scientific Title

## Acronym

SAVIT Study

## Study objectives

The trial is designed to answer the question; "In children presenting in general practice with suspected acute viral upper respiratory tract infection of less than 36 h duration, does treatment with intranasal sodium cromoglycate improve symptoms more than placebo?"

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration.

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

## Study type(s)

Not Specified

## Participant information sheet

## Health condition(s) or problem(s) studied

Primary care

## Interventions

300 children will be randomised to receive either normal saline nose spray or sodium cromoglycate 4% nose spray every 2 h (during waking hours) for the first 2 days, and every 4 h for a further 5 days or until quite well.

## Intervention Type

Other

## Phase

Not Specified

**Primary outcome measure**

CARIFS Scale Score

**Secondary outcome measures**

Not provided at time of registration

**Overall study start date**

01/09/1999

**Completion date**

31/08/2000

## Eligibility

**Key inclusion criteria**

Children aged from 6 months to 6 years with suspected acute viral URTI for less than 36 h

**Participant type(s)**

Patient

**Age group**

Not Specified

**Sex**

Not Specified

**Target number of participants**

300

**Key exclusion criteria**

Children with: a history of having taken cromolyns or steroids within the previous week; carers who are incapable of giving informed consent or unable to keep symptom diaries; an established complication requiring immediate hospitalisation, or for whom the clinician plans to prescribe antibiotics at the first consultation.

**Date of first enrolment**

01/09/1999

**Date of final enrolment**

31/08/2000

## Locations

**Countries of recruitment**

United Kingdom

Wales

**Study participating centre**  
**Department of General Practice**  
Cardiff  
United Kingdom  
CF23 9PN

## Sponsor information

**Organisation**  
Medical Research Council (MRC) (UK)

**Sponsor details**  
20 Park Crescent  
London  
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clinical.trial@headoffice.mrc.ac.uk

**Sponsor type**  
Research council

**Website**  
<http://www.mrc.ac.uk>

## Funder(s)

**Funder type**  
Research council

**Funder Name**  
Medical Research Council (UK)

**Alternative Name(s)**  
Medical Research Council (United Kingdom), UK Medical Research Council, MRC

**Funding Body Type**  
Government organisation

**Funding Body Subtype**  
National government

**Location**  
United Kingdom

# Results and Publications

Publication and dissemination plan  
Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary  
Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	Results:	22/06/2002		Yes	No