

Provision of mental health treatment in general practice settings: outcome and cost effectiveness analysis

Submission date 23/01/2004	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 23/01/2004	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 31/10/2019	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
RDC00251

Study information

Scientific Title

Provision of mental health treatment in general practice settings: outcome and cost effectiveness analysis

Study objectives

There are numerous compelling reasons to shift as much mental health care provision into community settings, including general practice surgeries. However, the impact of such a policy remains inadequately evaluated. Previous research has focused on experimental studies of particular interventions in selected patient groups. By contrast, this study is pragmatic, aiming to examine the overall effect of a new service provision on the practices involved as well as on their patients. The clinical benefits and cost-effectiveness will be assessed by providing a clinical psychologist and a community psychiatric nurse, each for two weekly sessions, to work within five general (Experimental) practices. The attached mental health workers will assess and treat patients, and will also participate with the general practitioners in regular practice meetings to discuss patients. Each practice will be matched for practice characteristics and patient population with another (Control) practice, without attached mental health workers. Patients recognized by the Experimental practices as requiring an intervention for a mental health problem will be compared in management and outcome at follow up with several other patient groups, including a matched patient group from the Control practices, and the patient group in the Experimental group with unrecognised mental health problems. The indirect benefits of introducing the mental health workers on general practitioners' recognition and management of mental health problems will also be examined. The cost-effectiveness will be assessed of providing the sessional clinical psychology and community psychiatric nursing attachments.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

GP practice

Study type(s)

Treatment

Participant information sheet

Health condition(s) or problem(s) studied

Mental and behavioural disorders: schizophrenia and other psychoses, depression, anxiety, neuroses

Interventions

1. Provision of a clinical psychologist and a community psychiatric nurse, each for two weekly sessions, to work within five (Experimental) general practices
2. (Control) practices with standard care

Intervention Type

Other

Phase

Not Applicable

Primary outcome measure

Increase in GP recognition of mental health symptoms, and reduction in inpatient and outpatient admissions.

Secondary outcome measures

Not provided at time of registration

Overall study start date

31/01/1996

Completion date

31/12/1998

Eligibility

Key inclusion criteria

Not provided at time of registration

Participant type(s)

Patient

Age group

Not Specified

Sex

Not Specified

Target number of participants

Not provided at time of registration

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

31/01/1996

Date of final enrolment

31/12/1998

Locations

Countries of recruitment

England

United Kingdom

Study participating centre

Charing Cross & Westminster Medical School

London

United Kingdom

W6 8RP

Sponsor information

Organisation

NHS R&D Regional Programme Register - Department of Health (UK)

Sponsor details

The Department of Health

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Sponsor type

Government

Website

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Funder(s)

Funder type

Government

Funder Name

NHS Executive London (UK)

Results and Publications**Publication and dissemination plan**

Not provided at time of registration

Intention to publish date**Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration