

# Provision of mental health treatment in general practice settings: outcome and cost effectiveness analysis

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<b>Registration date</b> 23/01/2004	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 31/10/2019	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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### Contact details

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## Additional identifiers

### Protocol serial number

RDC00251

## Study information

### Scientific Title

# Provision of mental health treatment in general practice settings: outcome and cost effectiveness analysis

## Study objectives

There are numerous compelling reasons to shift as much mental health care provision into community settings, including general practice surgeries. However, the impact of such a policy remains inadequately evaluated. Previous research has focused on experimental studies of particular interventions in selected patient groups. By contrast, this study is pragmatic, aiming to examine the overall effect of a new service provision on the practices involved as well as on their patients. The clinical benefits and cost-effectiveness will be assessed by providing a clinical psychologist and a community psychiatric nurse, each for two weekly sessions, to work within five general (Experimental) practices. The attached mental health workers will assess and treat patients, and will also participate with the general practitioners in regular practice meetings to discuss patients. Each practice will be matched for practice characteristics and patient population with another (Control) practice, without attached mental health workers. Patients recognized by the Experimental practices as requiring an intervention for a mental health problem will be compared in management and outcome at follow up with several other patient groups, including a matched patient group from the Control practices, and the patient group in the Experimental group with unrecognised mental health problems. The indirect benefits of introducing the mental health workers on general practitioners' recognition and management of mental health problems will also be examined. The cost-effectiveness will be assessed of providing the sessional clinical psychology and community psychiatric nursing attachments.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Study type(s)

Treatment

## Health condition(s) or problem(s) studied

Mental and behavioural disorders: schizophrenia and other psychoses, depression, anxiety, neuroses

## Interventions

1. Provision of a clinical psychologist and a community psychiatric nurse, each for two weekly sessions, to work within five (Experimental) general practices
2. (Control) practices with standard care

## Intervention Type

Other

**Phase**

Not Applicable

**Primary outcome(s)**

Increase in GP recognition of mental health symptoms, and reduction in inpatient and outpatient admissions.

**Key secondary outcome(s)**

Not provided at time of registration

**Completion date**

31/12/1998

**Eligibility****Key inclusion criteria**

Not provided at time of registration

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Not Specified

**Sex**

Not Specified

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

31/01/1996

**Date of final enrolment**

31/12/1998

**Locations****Countries of recruitment**

United Kingdom

England

**Study participating centre**

**Charing Cross & Westminster Medical School**  
London  
United Kingdom  
W6 8RP

## **Sponsor information**

### **Organisation**

NHS R&D Regional Programme Register - Department of Health (UK)

## **Funder(s)**

### **Funder type**

Government

### **Funder Name**

NHS Executive London (UK)

## **Results and Publications**

### **Individual participant data (IPD) sharing plan**

### **IPD sharing plan summary**

Not provided at time of registration