# Cobalamin deficiency in primary care: a placebocontrolled, double-blind, randomized trial

Submission date	Recruitment status	<ul><li>Prospectively registered</li></ul>	
29/12/2005	No longer recruiting	☐ Protocol	
Registration date 20/02/2006	Overall study status Completed	Statistical analysis plan	
		[X] Results	
Last Edited	Condition category	[] Individual participant data	
27/01/2011	Nutritional, Metabolic, Endocrine		

#### Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

#### Contact name

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#### Contact details

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## Additional identifiers

**Protocol serial number** N/A

## Study information

Scientific Title

**Study objectives** 

To evaluate the clinical and biological impact of oral vitamin B12 therapy among patients with a serum vitamin B12 level below 200 pmole/l

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

The study was approved by the Ethical Review Committee for Clinical Research, Department of Internal Medicine, University of Lausanne, Switzerland

#### Study design

Placebo-controlled, double-blind, randomized trial

#### Primary study design

Interventional

#### Study type(s)

Treatment

#### Health condition(s) or problem(s) studied

Cobalamin deficiency

#### **Interventions**

Oral vitamin B12 versus placebo

#### Intervention Type

Supplement

#### Phase

**Not Specified** 

## Drug/device/biological/vaccine name(s)

Oral vitamin B12

### Primary outcome(s)

Evolution of biological markers (serum vitamin B12 level, serum methymalonic acid and homocystein levels)

## Key secondary outcome(s))

Clinical evolution (hematologic, neurologic, psychiatric)

## Completion date

31/12/2005

## **Eligibility**

## Key inclusion criteria

Patients suspected of cobalamin deficiency with serum vitamin B12 level between 125 and 200 pmole/l. Patients with serum vitamin B12 level below 125 pmole/l were followed-up openly with oral cobalamin.

### Participant type(s)

**Patient** 

#### Healthy volunteers allowed

No

#### Age group

Adult

#### Sex

All

#### Key exclusion criteria

Unwillingness to participate

#### Date of first enrolment

01/01/2004

#### Date of final enrolment

31/12/2005

## Locations

#### Countries of recruitment

Switzerland

## Study participating centre

#### Bugnon 44

Lausanne Switzerland 1011

## Sponsor information

#### Organisation

Medical Outpatient Clinic, University of Lausanne (Switzerland)

#### **ROR**

https://ror.org/019whta54

## Funder(s)

### Funder type

University/education

#### Funder Name

Medical Outpatient Clinic, University of Lausanne

## **Results and Publications**

Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	13/01/2011		Yes	No