# The role of platelet activation and inflammation in the associated cardiac complications of surgery for peripheral arterial disease: the benefits of additional clopidogrel therapy

Submission date 16/06/2008	<b>Recruitment status</b> No longer recruiting	<ul> <li>Prospectively registered</li> <li>Protocol</li> </ul>
<b>Registration date</b> 23/06/2008	<b>Overall study status</b> Completed	<ul> <li>[] Statistical analysis plan</li> <li>[X] Results</li> </ul>
Last Edited 16/07/2010	<b>Condition category</b> Circulatory System	Individual participant data

Plain English summary of protocol

Not provided at time of registration

# **Contact information**

**Type(s)** Scientific

**Contact name** Prof David Newby

# Contact details

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# Additional identifiers

EudraCT/CTIS number 2005-000960-25

**IRAS number** 

ClinicalTrials.gov number

#### Secondary identifying numbers 2005/R/CAR/04

# Study information

## Scientific Title

The role of platelet activation and inflammation in the adverse Cardiovascular outcomes of patients undergoing surgery for Critical Limb ISchaemia: a double-blind randomised controlled trial of clopidogrel

#### Acronym

CCLIS

## Study objectives

We hypothesised that in patients undergoing surgical intervention for critical limb ischaemia: 1. Platelet activation would be increased in patients who subsequently develop a post-operative acute coronary syndrome

2. Additional clopidogrel therapy would reduce markers of systemic inflammation and platelet activation

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Ethics approval received from the Fife and Forth Valley Local resaerch Ethics Committee on the 4th April 2005 (ref: 05/S0501/41; Eudract Number: 2005-000960-25).

#### Study design

Interventional single-centre, prospective double-blind randomised placebo controlled trial

# Primary study design

Interventional

#### Secondary study design Randomised controlled trial

Study setting(s) Hospital

Study type(s) Treatment

## Participant information sheet

Health condition(s) or problem(s) studied Critical limb ischaemia

## Interventions

Pre-operative dual anti-platelet therapy versus single anti-platelet therapy. Patients were maintained on aspirin (75 mg/day) and were randomised to clopidogrel (600 mg prior to surgery, and 75 mg daily for three days) or matched placebo.

Total duration of treatment = 4 days (pre-operative loading dose of 600 mg clopidogrel/placebo, plus 75mg/day for 3 days starting on the morning of surgery). Total duration of follow up = 6 months following surgery.

Intervention Type

Drug

**Phase** Not Specified

Drug/device/biological/vaccine name(s)

Clopidogrel

# Primary outcome measure

Markers of in vivo platelet activation (platelet-monocyte aggregates and platelet expression of P-selectin), measured before study drug, after study drug, post-operatively in the recovery room and between 8 am - 10 am on day one following surgery.

# Secondary outcome measures

1. Markers of myocardial injury (cardiac troponin I [cTn-I]), measured before study drug, after study drug, post-operatively in the recovery room and between 8 am - 10 am on day one following surgery

2. Bleeding outcomes (thrombosis in myocardial infarction [TIMI] and clopidogrel in unstable angina to prevent recurrent events [CURE] classifications); any bleeding events occuring from the time of surgery to hospital discharge

3. Cardiovascular events (acute coronary syndrome, transient ischaemic attack, stroke, death from cardiovascular cause) recorded from time of surgery to hospital discharge, within three months of surgery and within six months of surgery

# Overall study start date

01/09/2005

Completion date 29/02/2008

# Eligibility

# Key inclusion criteria

1. Patients aged greater than 45 years, either sex

2. Critical limb ischaemia, defined as the presence of rest pain or skin breakdown, and an anklebrachial pressure index less than 0.2

3. Scheduled for infra-inguinal bypass, endarterectomy or amputation under general anaesthesia

# Participant type(s)

Patient

# Age group

Adult

**Sex** Both

**Target number of participants** 100

## Key exclusion criteria

- 1. Women of child bearing potential
- 2. Non-atherosclerotic vascular disease
- 3. Sudden acute limb ischaemia requiring emergency surgery
- 4. Supra-inguinal or aortic surgery
- 5. History of acute coronary syndrome within three months
- 6. History of peptic ulcer disease
- 7. Previous or current intracranial haemorrhage
- 8. Bleeding diathesis
- 9. Uncontrolled hypertension or thrombocytopenia
- 10. Planned epidural or spinal anaesthesia
- 11. Hypersensitivity or allergy to thienopyridines
- 12. Current warfarin or thienopyridine use

Date of first enrolment

01/09/2005

Date of final enrolment

29/02/2008

# Locations

**Countries of recruitment** Scotland

United Kingdom

## Study participating centre

**The Chancellors Building** Edinburgh United Kingdom EH16 4SU

# Sponsor information

Organisation

Lothian Health Board (LHB) (UK)

## **Sponsor details**

c/o Heather Cubie 49 Little France Crescent Edinburgh Scotland United Kingdom EH16 4SU

**Sponsor type** Hospital/treatment centre

Website http://www.research.luht.scot.nhs.uk/home.htm

ROR https://ror.org/03q82t418

# Funder(s)

**Funder type** Research organisation

**Funder Name** British Heart Foundation (UK) (ref: FS/05/038)

Alternative Name(s) the\_bhf, The British Heart Foundation, BHF

**Funding Body Type** Private sector organisation

**Funding Body Subtype** Trusts, charities, foundations (both public and private)

**Location** United Kingdom

**Funder Name** European Society of Vascular Surgery (Denmark)

**Funder Name** 

Royal College of Surgeons of Edinburgh (UK)

Alternative Name(s) RCSEd

**Funding Body Type** Private sector organisation

**Funding Body Subtype** Associations and societies (private and public)

**Location** United Kingdom

**Funder Name** Sanofi Aventis (UK) - unrestricted Educational Award

# **Results and Publications**

## Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

#### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/07/2010		Yes	No