# Randomised controlled trial of remote ischaemic pre-conditioning to reduce dialysis induced myocardial stunning in haemodialysis patients

	Prospectively registered
No longer recruiting	☐ Protocol
Overall study status	Statistical analysis plan
Completed	Results
Condition category	Individual participant data
Circulatory System	Record updated in last year
	Completed  Condition category

# Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

Dr Aghogho Odudu

#### Contact details

Royal Derby Hospital Uttoxeter Road Derby United Kingdom DE22 3NE

# Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

10327

# Study information

#### Scientific Title

Randomised controlled trial of remote ischaemic pre-conditioning to reduce dialysis induced myocardial stunning in haemodialysis patients

#### Acronym

RIPC

# **Study objectives**

Patients with kidney disease who require dialysis have an increased rate of death due to heart disease. This is partly due to the stress which dialysis places on the heart. This stress known as 'stunning' eventually leads to heart failure.

This research explores using a simple blood pressure cuff to restrict blood flow to the leg for a few minutes. This may boosts the body's protective responsive to condition the heart in a way which may protect it from stunning during dialysis. The hope is that this simple and cheap technique could be used to reduce the development of heart disease in dialysis patients. This study lasts 4 to 6 weeks per participant and requires 80 participants.

# Ethics approval required

Old ethics approval format

# Ethics approval(s)

11/EM/0037

# Study design

Randomised; Interventional; Design type: Treatment

# Primary study design

Interventional

# Secondary study design

Randomised controlled trial

# Study setting(s)

Hospital

# Study type(s)

Treatment

#### Participant information sheet

# Health condition(s) or problem(s) studied

Cardiovascular, Renal and Urogenital

#### **Interventions**

- 1. Remote pre-conditioning
- 2. 3 cycles of cuff inflations to 200mmHg for 5 mins
- 3. Follow Up Length: 1 month

## Intervention Type

Other

#### **Phase**

Not Applicable

#### Primary outcome measure

- 1. Regional wall motion abnormalities on 2D-echo
- 2. Timepoint(s): Within 4 hours of the stimulus or sham-stimulus

## Secondary outcome measures

- 1. Change in haemodynamic variables after:
- 1.1. Intervention visit
- 1.2. First follow-up visit
- 1.3. Final visit
- 2. Frequency of intradialytic hypotension after:
- 2.1. Intervention visit
- 2.2. First follow-up visit
- 2.3. Final visit
- 3. Regional wall motion abnormalities on 2D-echo after:
- 3.1. First follow-up visit
- 3.2. Final visit
- 4. Troponin-T, Plasma IL-6 and N-Type proBNP after:
- 4.1. Intervention visit
- 4.2. First follow-up visit
- 4.3. Final visit

# Overall study start date

16/05/2011

#### Completion date

16/10/2012

# **Eligibility**

# Key inclusion criteria

- 1. Patients having haemodialysis treatment at least 3 times per week at the Royal Derby Hospital
- 2. Male or female
- 3. Lower Age Limit 16 years

# Participant type(s)

**Patient** 

#### Age group

Adult

#### Sex

Both

# Target number of participants

Planned Sample Size: 80; UK Sample Size: 80

# Key exclusion criteria

- 1. Not meeting inclusion criteria
- 2. Exposure to haemodialysis for <90 days prior to recruitment
- 3. Severe heart failure (New York Heart Association grade IV)
- 4. Cardiac transplant recipients
- 5. Mental incapacity to consent
- 6. Declined to participate
- 7. Taking cyclosporin
- 8. Taking ATP-sensitive potassium channel opening or blocking drugs

## Date of first enrolment

16/05/2011

#### Date of final enrolment

16/10/2012

# Locations

# Countries of recruitment

England

**United Kingdom** 

# Study participating centre Royal Derby Hospital

Derby United Kingdom DE22 3NE

# Sponsor information

# Organisation

Derby Hospital NHS Foundation Trust (United Kingdom)

# Sponsor details

Royal Derby Hospital Uttoxeter Road Derby England United Kingdom DE22 3NE

## Sponsor type

Hospital/treatment centre

#### Website

http://www.derbyhospitals.nhs.uk/

# Funder(s)

# Funder type

Charity

#### **Funder Name**

British Heart Foundation (United Kingdom)

## Alternative Name(s)

the bhf, The British Heart Foundation, BHF

# **Funding Body Type**

Private sector organisation

# **Funding Body Subtype**

Trusts, charities, foundations (both public and private)

#### Location

**United Kingdom** 

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration