

# Evaluation of a palliative day care service for cancer survivors

<b>Submission date</b> 21/09/2009	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 09/11/2009	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 27/11/2015	<b>Condition category</b> Cancer	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

**Secondary identifying numbers**  
09/H0714/46

## Study information

**Scientific Title**

A randomised controlled trial to evaluate a complex rehabilitative intervention for patients with advanced progressive recurrent cancer

**Study objectives**

The project aim is to assess whether a complex rehabilitative intervention, delivered in a voluntary sector hospice at the end of a course of treatment for recurrent cancer not considered to have been cured, offers a high value, cost-effective approach to care that is acceptable to patients and improves the patient experience compared with patients who have not yet accessed the intervention and are receiving usual care.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Submitted to University College London Hospital A Research Ethics Committee, pending approval on 24th September 2009

**Study design**

Randomised controlled trial

**Primary study design**

Interventional

**Secondary study design**

Randomised controlled trial

**Study setting(s)**

Hospital

**Study type(s)**

Quality of life

**Participant information sheet**

Not available in web format, please use the contact details below to request a patient information sheet

**Health condition(s) or problem(s) studied**

Palliative care for cancer survivors

**Interventions**

Patients who are selected for the intervention group will be offered immediate referral to the day therapy unit and will receive an individual systematic assessment by a senior member of the medical/nursing team. This will be followed by a process of goal setting, agreed with the patient, who is then referred to appropriate members of the multidisciplinary team selected on a case by case basis according to current need. Patients will have access to a range of individual and group therapies including access to medical outpatient clinics with palliative care specialists, counselling, physical rehabilitation, and alternative therapies (art therapy, aromatherapy, hydrotherapy).

Those randomised to usual care will join a waiting list and gain access to the intervention after follow-up.

Follow-up will be 3 months after baseline, and therefore duration of treatment will be up to 3 months in length, but will depend on how quickly the patient is referred to the service following randomisation (we expect minimum treatment duration of 6 weeks).

**Intervention Type**

Other

**Phase**

Not Applicable

**Primary outcome measure**

The psychological domain on the long form of Supportive Care Needs Survey (SCNS LF59), assessed at baseline and three months follow-up.

**Secondary outcome measures**

1. Continuity of care (Continuity of Care measure)
2. Psychological status (KD10)
3. Quality of life (EQ5D)
4. Physical function (measured by the ECOG)
5. Costs associated with the intervention and health service use will also be collected

Outcomes will be assessed at baseline and three months follow-up.

**Overall study start date**

31/10/2009

**Completion date**

31/12/2010

**Eligibility****Key inclusion criteria**

1. Patients who are attending Haematology and Breast Outpatient Departments at the Royal Free Hospital, London or University College London Hospitals
2. Patients with active, progressive recurrent malignant disease (first or subsequent remission)
3. Patients aged 18 years and above, either sex
4. Patients who are able to communicate effectively

**Participant type(s)**

Patient

**Age group**

Adult

**Lower age limit**

18 Years

**Sex**

Both

**Target number of participants**

240 patients in total across both sites

**Key exclusion criteria**

1. Patients who are considered to be cured of their malignant disease
2. Patients who have non-malignant disease only
3. Patients under 18 years old
4. Patients who are unable to feedback and communicate effectively

**Date of first enrolment**

31/10/2009

**Date of final enrolment**

31/12/2010

**Locations****Countries of recruitment**

England

United Kingdom

**Study participating centre**

**Department Mental Health Sciences**

London

United Kingdom

NW3 2PF

**Sponsor information****Organisation**

University College London (UCL) (UK)

**Sponsor details**

Joint UCL, UCLH and RFH Biomedical Research Unit

1st Floor, Maple House

149 Tottenham Court Road

London

England

United Kingdom

W1T 7NF

**Sponsor type**

University/education

**Website**

<http://www.ucl.ac.uk/>

**ROR**

<https://ror.org/02jx3x895>

## Funder(s)

**Funder type**

Government

**Funder Name**

North London Cancer Network (UK)

**Funder Name**

Department of Health (UK) - NHS Improvement Plan

## Results and Publications

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date****Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/09/2013		Yes	No