Quality circles on rational prescribing (Project NDS1)

Submission date	Recruitment status No longer recruiting	Prospectively registered		
19/03/2007		☐ Protocol		
Registration date 28/03/2007	Overall study status Completed	Statistical analysis plan		
		[X] Results		
Last Edited	Condition category	[] Individual participant data		
05/01/2021	Other			

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

Protocol serial number

QC NDS1

Study information

Scientific Title

Quality circles on rational prescribing (Project NDS1)

Study objectives

Participation of general practitioners in quality circles on rational prescribing, including feedback of prescribing data, leads to improvement of prescribing performance.

Ethics approval required

Old ethics approval format

Ethics approval(s)

The trial is aimed at implementing evidence-based guidelines into general practice. The intervention is based on peer review groups for General Practitioners (GPs), evidence based guidelines and individual feedback of prescription data to the GPs. In Germany, by the Social Code Book (SGB V) both the regional associations of statutory sick fund doctors (KV) and the regional statutory sick funds like the VdAK/AEV Lower-Saxony are obliged to inform doctors about prescribing and to support them about the use of prescription budgets. In this trial we tried to optimise implementation of what is already asked by the law and measure the effect against a control group.

In a contract signed on July 31st, 2002, between the VdAK/AEV Lower-Saxony, the KV Lower-Saxony (which both are statutory legal institutions) and the research institute it is formulated that the regulations of the law about data protection and protection of patients are to be followed by all partners. A data approval committee of the KV and the VdaK/AEV Lower-Saxony gave positive approval of the contract before it was signed.

Study design

Non-randomised, clustered, controlled trial

Primary study design

Interventional

Study type(s)

Quality of life

Health condition(s) or problem(s) studied

N/A

Interventions

Nine meetings of approximately two hours each in a quality circle (eight to 12 members), individual feedback of own prescribing data compared to all practices in the project and compared to all practices in the control group. Background information on prescription drugs, price-comparison lists based on defined daily doses, evidence-based guidelines of the German College of General Practitioners (DEGAM) and the Drug Committee of the German Chamber of Physicians (AKdÄ).

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Mean prescription costs in Euros

Key secondary outcome(s))

- 1. Percentage of patients who received a prescription
- 2. Percentage of generic drugs prescription of all potentially generic prescriptions

- 3. Percentage recommended lipid lowering drugs of all lipid lowering drugs prescriptions
- 4. Percentage of recommended antibiotics of all antibiotic prescriptions
- 5. Percentage of recommended antidiabetics of all antidiabetic prescriptions

Completion date

28/02/2005

Eligibility

Key inclusion criteria

- 1. Convenience sample of General Practitioners (GPs)
- 2. Patients who were insured by the VdAK/AEV (Ersatzkassen) sick fund and treated by the participating GPs

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Not Specified

Sex

Not Specified

Key exclusion criteria

Patients who were not insured by the VdAK/AEV (Ersatzkassen) sick fund

Date of first enrolment

01/10/2002

Date of final enrolment

28/02/2005

Locations

Countries of recruitment

Germany

Study participating centre Weender Landstrasse 11

Göttingen Germany 37073

Sponsor information

Organisation

Association of Statutory Sick Funds (VdAK/AEV) - Niedersachsen branch (Germany)

ROR

https://ror.org/03psr2094

Funder(s)

Funder type

Government

Funder Name

Association of Statutory Sick Funds (VdAK/AEV) - Niedersachsen branch (Germany)

Funder Name

Association of sickness fund doctors (KV) - Lower-Saxony (Germany)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/09/2009	05/01/2021	Yes	No
Study website	Study website	11/11/2025	11/11/2025	No	Yes