# A multi-centre double blind randomised controlled trial of aspirin and/or folate supplementation for the prevention of recurrent colorectal adenomas

Submission date	Recruitment status	<ul><li>Prospectively registered</li></ul>
01/07/2001	No longer recruiting	Protocol
Registration date	Overall study status	Statistical analysis plan
01/07/2001	Completed	[X] Results
Last Edited	Condition category	Individual participant data
18/10/2018	Cancer	

# Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

Prof Richard Logan

#### Contact details

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# Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

# Secondary identifying numbers

ukCAP

# Study information

#### Scientific Title

A multi-centre double blind randomised controlled trial of aspirin and/or folate supplementation for the prevention of recurrent colorectal adenoma

## **Study objectives**

To determine whether aspirin (300 mg/day) and/or folic acid (0.5 mg/day) could be used to prevent further colorectal adenomas in the high risk group of patients with previous colorectal adenomas removed by colonoscopy.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

- 1. LREC approval (Nottingham): gained on 19/11/98 (ref: EC98/203)
- 2. MREC approval (Trent): gained on 02/12/03 (ref: 98/4/055)

### Study design

Randomised controlled trial

### Primary study design

Interventional

# Secondary study design

Randomised controlled trial

#### Study setting(s)

Other

# Study type(s)

Prevention

#### Participant information sheet

## Health condition(s) or problem(s) studied

Recurrent colorectal adenomas

#### **Interventions**

Arm A: aspirin and folate

Arm B: aspirin and placebo folate Arm C: placebo aspirin and folate

Arm D: placebo aspirin and placebo folate

Aspirin 300 mg E.C/day; folate 500 ug/day

## **Intervention Type**

Drug

#### Phase

Not Applicable

# Drug/device/biological/vaccine name(s)

Aspirin, folate

#### Primary outcome measure

Percentage of patients who developed one or more recurrent colorectal adenomas or cancers

### Secondary outcome measures

- 1. Number of recurrent adenomas detected during follow-up
- 2. Percentage of patients who developed advanced colorectal neoplasia during follow-up

## Overall study start date

01/12/1997

#### Completion date

01/07/2005

# Eligibility

#### Key inclusion criteria

Eligible patients who have had:

- 1. Removal of adenomas greater than 0.5 cm after fixation or adenomas greater than 0.7 cm at the time of removal, within the last six months
- 2. A previous history of removal of such adenomas and have had adenoma of any size removed in the six months prior to recruitment These adenomas will be histologically confirmed and removed by either colonoscopy, flexi-sigmoidoscopy or via Transanal Endoscopic Microsurgery (TEMS) procedure

# Participant type(s)

Patient

# Age group

Adult

#### Sex

Both

# Target number of participants

1,000

#### Key exclusion criteria

- 1. Over 75 years at time of recruitment
- 2. Serious medical conditions likely to preclude successful completion of the trial
- 3. Existing use of prescribed Non-Steroidal Anti-Inflammatory Drugs (NSAIDs) including aspirin
- 4. Known aspirin intolerance or sensitivity
- 5. Active bleeding disorders or upper Gastrointestinal (GI) ulceration, including use of

anticoagulants
6. Previous resection of the large bowel

# Date of first enrolment

01/12/1997

## Date of final enrolment

01/07/2005

# Locations

## Countries of recruitment

Denmark

England

**United Kingdom** 

# Study participating centre School of Community Health Sciences

Nottingham United Kingdom NG7 2UH

# Sponsor information

# Organisation

Cancer Research UK (CRUK) (UK)

# Sponsor details

PO Box 123 Lincoln's Inn Fields London United Kingdom WC2A 3PX +44 (0)207 317 5186 kate.law@cancer.org.uk

#### Sponsor type

Charity

#### Website

http://www.cancer.org.uk

#### **ROR**

# Funder(s)

# Funder type

Charity

#### Funder Name

Cancer Research UK (CRUK) (UK)

# Alternative Name(s)

CR\_UK, Cancer Research UK - London, CRUK

## **Funding Body Type**

Private sector organisation

# **Funding Body Subtype**

Other non-profit organizations

#### Location

United Kingdom

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

# Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

# **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Plain English results				No	Yes
Results article	results	01/01/2008		Yes	No