# A randomised trial of educational interventions for women taking the combined oral contraceptive pill (COCP)

Submission date	Recruitment status  No longer recruiting	<ul><li>Prospectively registered</li></ul>		
23/01/2004		☐ Protocol		
Registration date	Overall study status	Statistical analysis plan		
23/01/2004	Completed	[X] Results		
Last Edited	Condition category	[] Individual participant data		
14/10/2014	Pregnancy and Childbirth			

## Plain English summary of protocol

Not provided at time of registration

## Contact information

## Type(s)

Scientific

#### Contact name

Dr Paul Little

#### Contact details

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## Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

# Study information

#### Scientific Title

#### Study objectives

Not provided at time of registration

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Not provided at time of registration

#### Study design

Randomised controlled trial

#### Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

## Study setting(s)

GP practice

#### Study type(s)

Other

#### Participant information sheet

#### Health condition(s) or problem(s) studied

Pregnancy and childbirth: Pregnancy

#### Interventions

The interactive questions were itemised, and the doctor or practice nurse posed each item to the patient and ticked the box as appropriate. If the women could not respond the correct answer was discussed. We aimed for an interactive rather than a simple didactic approach. The interactive questions took 2-5 minutes depending on the woman's level of knowledge. We used two kinds of leaflet. The first was a laminated leaflet, the size of a credit card, that contained a summary of the pill rules. The card was developed from discussions with women who took the contraceptive pill, doctors, nursing colleagues, and our advisors. The second leaflet was the latest one produced by the Family Planning Association. The leaflets were given to the women without explanation, but with a simple endorsement by the doctor or practice nurse. The management sheets and the answers to the interactive questions were all well completed.

#### Intervention Type

Other

#### Phase

Not Applicable

#### Primary outcome measure

Not provided at time of registration

## Secondary outcome measures

Not provided at time of registration

#### Overall study start date

01/01/1999

#### Completion date

31/12/1999

# **Eligibility**

#### Key inclusion criteria

Women aged 18-45 years attending check up appointment for repeat prescription of the combined contraceptive pill.

#### Participant type(s)

Patient

#### Age group

Adult

#### Lower age limit

18 Years

#### Upper age limit

45 Years

#### Sex

Female

## Target number of participants

Not provided at time of registration

## Key exclusion criteria

- 1. Aged 17 or under, owing to the sensitivity of collecting the postal outcome measures
- 2. Unable to complete the questionnaire (learning disability, schizophrenia, major current manic or depressive episode, or both)
- 3. or if the consultation was their first for the contraceptive pill (this created the ethical dilemma of randomising such patients to a control group where they would receive no education on the pill rules)

#### Date of first enrolment

01/01/1999

#### Date of final enrolment

31/12/1999

## Locations

#### Countries of recruitment

England

**United Kingdom** 

Study participating centre
Primary Medical Care Group
Southampton
United Kingdom

SO16 5ST

# Sponsor information

## Organisation

NHS R&D Regional Programme Register - Department of Health (UK)

## Sponsor details

The Department of Health Richmond House 79 Whitehall London United Kingdom SW1A 2NL +44 (0)20 7307 2622 dhmail@doh.gsi.org.uk

## Sponsor type

Government

#### Website

http://www.doh.gov.uk

# Funder(s)

## Funder type

Government

## Funder Name

NHS Executive South West (UK)

# **Results and Publications**

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/08/2001		Yes	No