# Effect of plasma adsorption therapy in amyotrophic lateral sclerosis

Submission date 31/08/2017	<b>Recruitment status</b> No longer recruiting	<ul> <li>Prospectively registered</li> <li>Protocol</li> </ul>
<b>Registration date</b> 20/09/2017	<b>Overall study status</b> Completed	<ul> <li>Statistical analysis plan</li> <li>Results</li> </ul>
Last Edited 22/09/2017	<b>Condition category</b> Musculoskeletal Diseases	<ul> <li>Individual participant data</li> <li>Record updated in last year</li> </ul>

#### Plain English summary of protocol

Background and study aims

Amyotrophic lateral sclerosis (ALS) is a kind of progressive degenerative disease the deteroriates the spinal cord, brain stem and cortical motor neurons (the neurons from the brain). The average survival time from onset to death is 3-5 years. The average age of onset of ALS patients is about 55 years. It has the tendency of being inherited through families in about 5-20% of patients. The disease is not fully understood and there is no effective way to stop the progression of the disease. Plasma adsorption is a new blood purification technology widely used in the treatment of rheumatic diseases (those that affect joints and muscles) and some neurological diseases (diseases that attack the brain and connecting neurons), including myasthenia gravis (muscle weakness that comes and goes), multiple sclerosis and so on. The purpose of this study is to observe the efficacy of PA in the treatment of ALS and to explore its therapeutic mechanism.

Who can participate? Patients with ALS .

What does the study involve?

Participants received plasma adsorption once a week for three successive times. One and a half times of the plasma volume of a patient is purified for each treatment. Participants are given medication to

prevent anaphylaxis before treatment. Participants are followed up one week after treatment to see if there are any changes in their ALS symptoms.

What are the possible benefits and risks of participating?

Participants may benefit from the improvement of ALS due to plasma adsorption. There are potential risks of allergy, hemorrhage, circulatory disturbance and hemolysis during plasma adsorption. As this procedure have been maturely applied in clinical practice, risks can be controlled very low.

Where is the study run from? The Third Affiliated Hospital of Southern Medical University (China) When is the study starting and how long is it expected to run for? August 2015 to December 2017

Who is funding the study? Investigator initiated and funded (China)

Who is the main contact? Dr. Zhou Shulu 1693494745@qq.com

## **Contact information**

**Type(s)** Public

**Contact name** Dr Shulu Zhou

ORCID ID http://orcid.org/0000-0001-7870-6175

#### **Contact details**

Department of Nephrology Chengdu First People's Hospital Sichuan Chengdu China 610041 +86 13926227269 1693494745@qq.com

#### Type(s)

Public

**Contact name** Dr Bin Li

#### **Contact details**

Institute of Nephrology and Urology The Third Affiliated Hospital of Southern Medical University Guangdong PR China Guangzhou China 510630 +86 13660196991 250001820@qq.com

### Type(s)

Public

**Contact name** Dr Hegun Zou

**Contact details** Institute of Nephrology and Urology The Third Affiliated Hospital of Southern Medical University Guangdong Guangzhou China 510630 +86 13602825868 hequnzou@hotmail.com

# Additional identifiers

EudraCT/CTIS number

**IRAS number** 

ClinicalTrials.gov number

Secondary identifying numbers ZSL201611

## Study information

**Scientific Title** A Short-term Outcome of Plasma Adsorption Therapy of Amyotrophic Lateral Sclerosis

#### **Study objectives**

Plasma adsorption method can improve ALS patients' clinical manifestations, ALSFR-S scores and level of serum superoxide dismutase, serum interleinin, serum creatine kinase and serum lactate dehydrogenase with comparison to before treatment.

#### Ethics approval required

Old ethics approval format

**Ethics approval(s)** Medical Ethics Committee The Third Affiliated Hospital of Southern Medical University China, 29 /08/2015, ref: 201508004

**Study design** Single-center one-arm before-and-after study

**Primary study design** Interventional

**Secondary study design** Non randomised study

#### **Study setting(s)** Hospital

Study type(s)

Treatment

**Participant information sheet** No participant information sheet available

#### Health condition(s) or problem(s) studied

Amyotrophic Lateral Sclerosis

#### Interventions

All patients received plasma adsorption once a week for three successive times. For each treatment, blood flow was 80-120mL/min and the slurry velocity was 1.5 L/h. One and a half times of the Plasma volume of a patient was purified for each treatment. 20 mg dexamethasone and 25 mg phenergan were used to prevent anaphylaxis before treatment. Each participant was planned to be followed up for two years.

The following results of the treatment are evaluated:

- 1. Changes of clinical manifestations of ALS patients one week after treatment
- 2. Change of ALSFR-S scores after treatment

3. Changes of serum superoxide dismutase (SOD), serum interleukin -10 (IL-10), serum creatine kinase (CK) and serum lactate dehydrogenase (LDH) after treatment

#### Intervention Type

Procedure/Surgery

#### Primary outcome measure

1. Clinical manifestations of ALS patients is measured using the physical examination at one week after treatment

2. Function evaluation is measured using ALSFR-S scores at one week after treatment 3. Serum creatine kinase (CK) and serum lactate dehydrogenase (LDH) at one week after treatment

Secondary outcome measures

No secondary outcome measures

Overall study start date 01/08/2015

Completion date 31/12/2017

# Eligibility

#### Key inclusion criteria

1. Upper and lower motor neuron signs in three regions

2. Any age or gender

#### Participant type(s)

Patient

#### Age group

All

**Sex** Both

Target number of participants 28

#### Key exclusion criteria

 Allergic to membranes or pipelines of plasma separator and adsorber
 Severe active bleeding or DIC; Systemic circulatory failure which do not respond well to treatment
 Unstable myocardial or cerebral infarction, intracranial hemorrhage or severe brain edema with cerebral hernia

4. Incoordination due to psychonosema

Date of first enrolment 01/09/2015

Date of final enrolment 31/12/2015

## Locations

**Countries of recruitment** China

**Study participating centre The Third Affiliated Hospital of Southern Medical University** China 510000

## Sponsor information

**Organisation** The Third Affiliated Hospital of Southern Medical University

#### Sponsor details

TheThird Affiliated Hospital of Southern Medical University Institute of Nephrology and Urology No.183 Zhongshan Avenue West Tianhe District Guangdong Guangzhou China -+86 020 62784240 1693494745@qq.com

**Sponsor type** Hospital/treatment centre

Website http://www.nysy.com.cn/

ROR https://ror.org/0050r1b65

## Funder(s)

**Funder type** Not defined

**Funder Name** Investigator initiated and funded

# **Results and Publications**

#### Publication and dissemination plan

We will publish this study in a high-impact target SCINC by one year after our overall trial end date.

Intention to publish date 31/12/2018

#### Individual participant data (IPD) sharing plan

The datasets generated during and / or analysed during the current study is not expected to be made available due to protecting private information of participants.

#### IPD sharing plan summary

Not expected to be made available