# The efficacy of acupuncture versus local anaesthetic injection in the treatment of myofascial pain in the jaw muscles.

Submission date	Recruitment status No longer recruiting	<ul><li>Prospectively registered</li></ul>		
23/01/2004		Protocol		
Registration date	Overall study status	Statistical analysis plan		
23/01/2004	Completed	[X] Results		
Last Edited	Condition category	[] Individual participant data		
03/12/2008	Oral Health			

# Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

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# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

# Study information

#### Scientific Title

## Study objectives

Myofascial pain is a major cause of non-dental pain in the orofacial region. Pain and tenderness at trigger points and referral sites is often treated by acupuncture and local anaesthetic injection of active trigger points. However, the therapeutic effect of these treatments has been poorly quantified and the mechanism underlying the effect is unclear. In a randomised, double blind, controlled clinical trial, a pressure algometer will be used to measure pressure-pain thresholds in the masseter and temporalis muscles of 60 subjects with myofascial pain in the jaw muscles, before and after a series of acupuncture and local anaesthetic injection treatments. Subjects will also rate pain intensity and unpleasantness using visual analogue scales. This study is designed to demonstrate the therapeutic efficacy of acupuncture versus local anaesthetic injection in the treatment of myofascial pain in the orofascial region.

## Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Not provided at time of registration

#### Study design

randomised double blind controlled clinical trial

#### Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

#### Study type(s)

Not Specified

#### Participant information sheet

## Health condition(s) or problem(s) studied

Oral health/stomatognathic diseases

#### **Interventions**

- 1. Acupuncture
- 2. Local anaesthetic injection

#### Intervention Type

#### Other

#### **Phase**

**Not Specified** 

#### Primary outcome measure

Not provided at time of registration

# Secondary outcome measures

Not provided at time of registration

## Overall study start date

03/01/1995

#### Completion date

31/12/1996

# **Eligibility**

## Key inclusion criteria

Patients presenting with myofascial pain in the jaw muscles

## Participant type(s)

**Patient** 

# Age group

Adult

#### Sex

**Not Specified** 

# Target number of participants

Added December 2008: 30

## Key exclusion criteria

Not provided at time of registration

#### Date of first enrolment

03/01/1995

#### Date of final enrolment

31/12/1996

# **Locations**

# Countries of recruitment

England

United Kingdom

## Study participating centre University of Newcastle Newcastle upon Tyne United Kingdom NE2 4BW

# Sponsor information

#### Organisation

NHS R&D Regional Programme Register - Department of Health (UK)

#### Sponsor details

The Department of Health Richmond House 79 Whitehall London United Kingdom SW1A 2NL +44 (0)20 7307 2622 dhmail@doh.gsi.org.uk

## Sponsor type

Government

#### Website

http://www.doh.gov.uk

# Funder(s)

# Funder type

Government

#### **Funder Name**

NHS Executive Northern and Yorkshire (UK)

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

# Intention to publish date

# Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

# **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/09/1997		Yes	No