

# Comparison of wrist splints and steroid injection for carpal tunnel syndrome

<b>Submission date</b> 12/09/2003	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
		<input type="checkbox"/> Protocol
<b>Registration date</b> 12/09/2003	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
<b>Last Edited</b> 20/08/2015	<b>Condition category</b> Nervous System Diseases	<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
N0227118721

# Study information

## Scientific Title

Comparison of wrist splints and steroid injection for carpal tunnel syndrome

## Study objectives

To test the null hypothesis that there is no difference between improvement in symptoms of carpal tunnel syndrome following treatment with wrist splints or steroid injection.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised open crossover study

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

## Study type(s)

Treatment

## Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

## Health condition(s) or problem(s) studied

Nervous System Diseases: Carpal tunnel syndrome (CTS)

## Interventions

Wrist splints versus steroid injection in 80 patients with symptomatic carpal tunnel syndrome, stratified for primary and secondary aetiology.

## Intervention Type

Mixed

## Primary outcome measure

Proportion of patients improved at 6 weeks.

## Secondary outcome measures

Visual analogue scale for pain and tingling, grip strength test, adverse effects of treatment, recurrence or surgery within 12 months.

**Overall study start date**

01/02/2002

**Completion date**

28/02/2005

## **Eligibility**

**Key inclusion criteria**

80 patients in total - 40 with primary CTS and 40 with secondary CTS

**Participant type(s)**

Patient

**Age group**

Not Specified

**Sex**

Not Specified

**Target number of participants**

80

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

01/02/2002

**Date of final enrolment**

28/02/2005

## **Locations**

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

The James Cook University Hospital

Middlesbrough

United Kingdom

TS4 3BW

# Sponsor information

## Organisation

Department of Health (UK)

## Sponsor details

Richmond House  
79 Whitehall  
London  
United Kingdom  
SW1A 2NL

## Sponsor type

Government

## Website

<http://www.doh.gov.uk>

# Funder(s)

## Funder type

Government

## Funder Name

South Tees Hospitals NHS Trust (UK)

# Results and Publications

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration