Study of preoperative everolimus in metastatic renal cell cancer

Submission date	Recruitment status	Prospectively registered
17/08/2011	No longer recruiting	Protocol
Registration date	Overall study status	Statistical analysis plan
17/08/2011	Completed	Results
Last Edited	Condition category	Individual participant data
04/12/2017	Cancer	Record updated in last year

Plain English summary of protocol

http://cancerhelp.cancerresearchuk.org/trials/a-study-looking-using-everolimus-advanced-kidney-cancer

Contact information

Type(s)

Scientific

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Additional identifiers

Clinical Trials Information System (CTIS)

2009-013381-54

Protocol serial number

10710

Study information

Scientific Title

A phase II study of preoperative everolimus in metastatic renal cell cancer

Acronym

E-PREDICT

Study objectives

Participants will be treated with everolimus 10mg orally daily for 6 weeks with repeat CT scanning, functional imaging and CTC/CEC sampling after 6 weeks. Cytoreductive nephrectomy will be carried out 1 week after stopping everolimus and molecular analyses carried out on the nephrectomy specimen. Everolimus will be continued post-operatively in all patients that derived benefit from pre-operative treatment

Ethics approval required

Old ethics approval format

Ethics approval(s)

The Royal Marsden Research Ethics Committee-now the London-Chelsea REC, First MREC approval date 16/11/2009, ref: 09/h0801/96

Study design

Non-randomised; Interventional; Design type: Treatment

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Topic: National Cancer Research Network; Subtopic: Renal Cancer; Disease: Kidney

Interventions

The sample size calculation is based on a Simon optimal two-stage design using a type I error level of 5% and power of 80%. We assume the treatment to be acceptable if less than 1% (P1=0. 99) of patients experience non-haematological grade 4 toxicity or death due to the drug. If more than 10% (P0=0.90) of patients experience grade 4 non-haematological toxicity or death, the treatment is unacceptable.

Everolimus to be taken orally 10mg per day for 6 weeks prior to nephrectomy and then subsequent to nephrectomy until disease progression and following progression, if deriving clinical benefit.

Follow Up Length: 12 month(s); Study Entry: Registration only

Intervention Type

Drug

Phase

Phase II

Drug/device/biological/vaccine name(s)

Everolimus

Primary outcome(s)

Primary Outcome; Timepoint(s): safety of pre-operative and post-operative everolimus therapy in 19 evaluable patients

Key secondary outcome(s))

- 1. Efficacy [response rate (RR), progression-free survival (PFS), overall survival (OS)]
- 2. Toxicity (CTC)
- 3. Biomarkers (exploratory qualitative)

Completion date

18/06/2012

Eligibility

Key inclusion criteria

- 1. Histologically confirmed metastatic renal cell carcinoma
- 2. At least one site of disease outside the kidney measurable per Response Evaluation Criteria In Solid Tumors (RECIST)
- 3. Scheduled to undergo nephrectomy as part of treatment plan
- 4. No prior systemic therapy for renal cell carcinoma
- 5. Male or female, 18 years of age or older
- 6. Life expectancy of 12 weeks or greater
- 7. Eastern Cooperative Oncology Group (ECOG) performance status 0 or 1
- 8. Serum aspartate transaminase (AST) serum alanine transaminase (ALT) = $2.5 \times \text{upper limit of normal (ULN)}$, or AST and ALT = $5 \times \text{ULN}$ if liver function abnormalities are due to underlying malignancy
- 9. Total serum bilirubin = 1.5 x ULN
- 10.Serum creatinine = 1.5 x ULN
- 11. Absolute neutrophil count (ANC) = $1.5 \times 109/L$
- 12. Platelets = $100 \times 109/L$
- 13. Haemoglobin = 9.0 g/dL
- 14. Prothrombin time (PT) = $1.5 \times ULN$
- 15. Signed and dated informed consent document indicating that the patient (or legally acceptable representative) has been informed of all pertinent aspects of the trial prior to enrolment
- 16. Willingness and ability to comply with scheduled visits, treatment plans, laboratory tests, and other study procedures; Target Gender: Male & Female; Lower Age Limit 18 no age limit or unit specified

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

Sex

All

Key exclusion criteria

- 1. Intracranial disease, unless there has been radiological evidence of stable intracranial disease > 6 months. In the case of a solitary brain metastasis, evidence of a disease-free interval of at least 3 months post surgery. All patients previously treated for brain metastases must be stable off corticosteroid therapy for at least 28 days
- 2. Need for nephrectomy to relieve symptoms relating to the primary tumour or for emergency nephrectomy
- 3. Diagnosis of any second malignancy within the last 5 years, except for adequately treated basal cell carcinoma, squamous cell skin cancer, or in situ cervical cancer
- 4. Known human immunodeficiency virus (HIV) or acquired immunodeficiency syndrome (AIDS) related illness
- 5. Pregnancy or breastfeeding. Female patients must be surgically sterile or be postmenopausal, or must agree to use effective contraception during the period of therapy. All female patients with reproductive potential must have a negative pregnancy test (serum or urine) prior to enrolment. Male patients must be surgically sterile or must agree to use effective contraception during the period of therapy
- 6. Current signs or symptoms of severe progressive or uncontrolled hepatic, haematologic, gastrointestinal, endocrine, pulmonary or cardiac disease other than directly related to renal cell cancer (RCC)

Date of first enrolment 18/01/2010

Date of final enrolment 18/06/2012

Locations

Countries of recruitment United Kingdom

England

Study participating centre Royal Marsden Hospital London United Kingdom SW3 6JJ

Sponsor information

Organisation

Royal Marsden NHS Foundation Trust (UK)

ROR

https://ror.org/0008wzh48

Funder(s)

Funder type

Government

Funder Name

Seventh Framework Programme

Alternative Name(s)

EC Seventh Framework Programme, European Commission Seventh Framework Programme, EU Seventh Framework Programme, European Union Seventh Framework Programme, FP7

Funding Body Type

Government organisation

Funding Body Subtype

National government

Location

Funder Name

Novartis Pharma AG (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type Details Date created Date added Peer reviewed? Patient-facing?

Participant information sheet Participant information sheet

11/11/2025 11/11/2025 No