

# Prevention Of lymphoedema by Therapeutic Elastic Compression hoses: Treatment efficacy

<b>Submission date</b> 02/05/2007	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 02/05/2007	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 23/09/2021	<b>Condition category</b> Surgery	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
NL917 (NTR941)

## Study information

**Scientific Title**  
Prevention Of lymphoedema by Therapeutic Elastic Compression hoses: Treatment efficacy

**Acronym**  
PROTECT**Study objectives**

H0: incidence of lymphoedema in hose-group equals non-hose group.

H1: incidence of lymphoedema in hose group does not equal non-hose group.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Approval received from the Medical Ethical Committee of The Netherlands Cancer Institute - Antoni van Leeuwenhoek Hospital on the 4th September 2006 (ref: PTC06.1170/MO6PRO).

**Study design**

Randomised, active controlled, parallel group, multicentre trial

**Primary study design**

Interventional

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Compression hoses, lymphoedema, inguinal lymph node dissection

**Interventions**

Therapeutic elastic compression hose for a period of six months, in addition to standard regimen of early ambulation and patient education.

**Intervention Type**

Procedure/Surgery

**Phase**

Not Specified

**Primary outcome(s)**

Incidence of lymphoedema (survival without lymphoedema); surface measurements are used to calculate limb volume to establish the diagnosis of lymphoedema at T0, T1, T2, T3, T4 and T5.

**Key secondary outcome(s)**

1. Early surgical complications (wound breakdown, lymphocele formation, wound infection), measured at T2
2. Genital oedema, measured at T0, T1, T2, T3, T4 and T5
3. Health related quality of life, measured at T0, T4 and T5
4. Body image, measured at T4 and T5
5. Compliance to usage of the hose, measured at T2, T3 and T4
6. Use of professional homecare
7. Lymphoedema requiring treatment

T0: day of admittance  
T1: day of dismissal  
T2: first outpatient visit two months after dismissal  
T3: second outpatient visit four months after dismissal  
T4: third outpatient visit six months after dismissal  
T5: fourth outpatient visit 12 months after dismissal

**Completion date**

31/12/2007

## Eligibility

**Key inclusion criteria**

1. 18 years or older
2. Inguinal lymph node dissection because of metastases of melanoma or urogenital tumour

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 years

**Sex**

Not Specified

**Key exclusion criteria**

1. Deep venous thrombosis
2. Manifest lymphoedema or episodes of lymphoedema in the past
3. Isolated limb perfusion treatment
4. Oedema as a result of venous insufficiency
5. Psychiatric disorders
6. Lacking basic proficiency in Dutch
7. Skin diseases of the leg

**Date of first enrolment**

01/10/2006

**Date of final enrolment**

31/12/2007

## Locations

**Countries of recruitment**

Netherlands

**Study participating centre**  
**The Netherlands Cancer Institute**  
Amsterdam  
Netherlands  
1066 CX

## Sponsor information

**Organisation**  
Netherlands Cancer Institute (NKI) (The Netherlands)

**ROR**  
<https://ror.org/03xqtf034>

## Funder(s)

**Funder type**  
Research organisation

**Funder Name**  
Netherlands Cancer Institute (NKI) (The Netherlands)

## Results and Publications

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**  
Not provided at time of registration