

# A randomised phase III study of intravenous (i.v.) zoledronate (administered for 12 versus 36 months) as an adjunct to standard therapies in the treatment of multiple myeloma

<b>Submission date</b>	<b>Recruitment status</b>	<input type="checkbox"/> Prospectively registered
20/12/2005	No longer recruiting	<input type="checkbox"/> Protocol
<b>Registration date</b>	<b>Overall study status</b>	<input type="checkbox"/> Statistical analysis plan
20/12/2005	Completed	<input type="checkbox"/> Results
<b>Last Edited</b>	<b>Condition category</b>	<input type="checkbox"/> Individual participant data
17/11/2008	Cancer	<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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## Additional identifiers

### Protocol serial number

HO57; NTR233

## Study information

**Scientific Title****Acronym**

HOVON 50 MM

**Study objectives**

Evaluation of the effect of zoledronate i.v. treatment duration in addition to chemotherapy.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Received from the local medical ethics committee

**Study design**

Multicentre, randomised, active controlled, parallel group trial

**Primary study design**

Interventional

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Multiple myeloma

**Interventions**

All patients will receive zoledronate 4 mg as a 15-minute i.v. infusion every 4 weeks for 12 months. After 12 months these patients will be randomised between:

1. Arm A: off treatment
2. Arm B: zoledronate 4 mg as a 15-minute i.v. infusion every 4 weeks for 24 months

**Intervention Type**

Drug

**Phase**

Phase III

**Drug/device/biological/vaccine name(s)**

Zoledronate

**Primary outcome(s)**

Time to the occurrence of the first skeletal related event, from randomisation.

**Key secondary outcome(s)**

1. The incidence of SREs per patient in the first 36 months from randomisation
2. Time to first SRE from registration
3. Time to progression of bone metastasis
4. Time to overall progression of disease

5. Performance status (WHO)
6. Quality of life (QLQ-C30)
7. Bone resorption markers
8. Objective bone lesion response from radiological studies

**Completion date**

19/04/2007

## Eligibility

**Key inclusion criteria**

1. Patients with a confirmed diagnosis of multiple myeloma stage II or III according to the Salmon and Durie criteria
2. Patients with at least one osteolytic bone lesion on conventional radiographs (plain film)
3. Inclusion in HOVON 49 or HOVON 50 trial
4. Inclusion in HOVON 57 at the same time as inclusion in HOVON 49 or HOVON 50
5. Date of inclusion in HOVON 57 trial before date start chemotherapy HOVON 49 or HOVON 50
6. Aged greater than or equal to 18 years
7. World Health Organization (WHO) performance status 0 - 3
8. Negative pregnancy test at inclusion if applicable
9. Written informed consent

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 years

**Sex**

All

**Key exclusion criteria**

1. Treatment with bisphosphonates at any time during the 12 months prior to registration. Exception: patients may have received up to three doses of a bisphosphonate for hypercalcaemia provided this has been administered greater than 14 days prior to registration
2. Corrected (adjusted for serum albumin) serum calcium less than 200 mmol/l or greater than 280 mmol/l
3. Serum creatinine greater than 265 micromol/l
4. Total bilirubin greater than 30 micromol/l
5. Patients unwilling or unable to comply with protocol
6. Severe cardiac dysfunction (New York Heart Association [NYHA] classification III - IV)
7. Patients with clinically significant hypersensitivity to zoledronic acid or other bisphosphonates

8. Patients who are not willing or capable to use adequate contraception during the therapy (all men, all pre-menopausal women)
9. Lactating patients if applicable

**Date of first enrolment**

19/04/2004

**Date of final enrolment**

19/04/2007

## Locations

**Countries of recruitment**

Netherlands

**Study participating centre****Erasmus University Medical Centre**

Rotterdam

Netherlands

3000 CA

## Sponsor information

**Organisation**

Dutch Haemato-Oncology Association (Stichting Hemato-Oncologie Volwassenen Nederland) (HOVON) (Netherlands)

**ROR**

<https://ror.org/056kpdx27>

## Funder(s)

**Funder type**

Research organisation

**Funder Name**

Dutch Haemato-Oncology Association (Stichting Hemato-Oncologie Volwassenen Nederland) (HOVON) (The Netherlands)

**Funder Name**

## Results and Publications

### Individual participant data (IPD) sharing plan

#### IPD sharing plan summary

Not provided at time of registration

#### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Study website</a>	Study website	11/11/2025	11/11/2025	No	Yes