

# A randomised, double-blind, parallel-group comparison of the efficacy and the safety of venlafaxine versus nortriptyline in the treatment of depressed elderly inpatients

<b>Submission date</b> 16/05/2005	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 16/05/2005	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 02/04/2008	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

## Secondary identifying numbers

NTR27

# Study information

## Scientific Title

### Study objectives

Venlafaxine and nortriptyline are not significantly different in efficacy in elderly inpatients with depression but venlafaxine is better tolerated.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Ethics approval received from the local medical ethics committee

### Study design

Randomised, double blind, active controlled, parallel group trial

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Not specified

### Study type(s)

Treatment

## Participant information sheet

### Health condition(s) or problem(s) studied

Depressive disorders

### Interventions

1. Nortriptyline (range 25 - 200 mg)
2. Venlafaxine (range 75 - 300 mg)

### Intervention Type

Drug

### Phase

Not Specified

### Drug/device/biological/vaccine name(s)

Venlafaxine, nortriptyline

**Primary outcome measure**

Remission on the MADRS (final score of 10 or less).

**Secondary outcome measures**

1. Remission on Hamilton Depression rating scale (HAM-D) and Geriatric Depression Scale (GDS)
2. Response on MADRS, HAM-D and GDS
3. Number of side effects
4. Global Tolerability Score
5. MMSE
6. Barthel Activities of Daily Living (ADL) score
7. 20-item Short Form health survey (SF-20)

**Overall study start date**

01/10/1999

**Completion date**

01/12/2004

## **Eligibility**

**Key inclusion criteria**

1. Male or female inpatient
2. Aged 60 years or older
3. Meet the Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition (DSM-IV) criteria for:
  - 3.1. Major depression, single or recurrent episode (296.2x, 296.3x)
  - 3.2. Dysthymic disorder (300.4)
  - 3.3. Mood disorder due to a general medical condition, with depressive features or with major depressive-like episode (293.83)
  - 3.4. Substance induced mood disorder with depressive features (292.84)
  - 3.5. Depressive disorder not otherwise specified (i.e. minor depressive disorder) (311)
4. Have a baseline Montgomery-Asberg Depression Rating Scale (MADRS) total score greater than or equal to 20
5. Have a baseline Mini-Mental State Examination (MMSE) score greater than 15
6. Written informed consent

**Participant type(s)**

Patient

**Age group**

Senior

**Sex**

Both

**Target number of participants**

81

**Key exclusion criteria**

1. Known hypersensitivity to venlafaxine or nortriptyline
2. Previous unsuccessful treatment with venlafaxine for at least 4 weeks with a minimum dose of 75 mg/day or previous unsuccessful treatment with nortriptyline for at least 4 weeks with a serum level within the therapeutic range
3. Relevant medical illness which is a contra-indication for the use of the study medication, such as myocardial infarction within previous 6 months
4. Use of electroconvulsive therapy (ECT) within 30 days prior to baseline, use of a monoamine oxidase (MAO) inhibitor within 14 days, use of fluoxetine within 21 days, use of any antidepressant drug (except those allowed during the study as concomitant treatment) within 3 days prior to baseline
5. Alcohol or drug abuse within the last year, according to DSM-IV criteria
6. Presence of dementia, or a non-affective psychotic disorder, or a history of bipolar disorder (I and II), all according to DSM-IV criteria

**Date of first enrolment**

01/10/1999

**Date of final enrolment**

01/12/2004

## **Locations**

**Countries of recruitment**

Netherlands

**Study participating centre**

**Altrecht GGZ**

Utrecht

Netherlands

3522 HR

## **Sponsor information**

**Organisation**

Altrecht GGZ (The Netherlands)

**Sponsor details**

Jutfaseweg 205

Utrecht

Netherlands

3522 HR

**Sponsor type**

Industry

**Website**

<http://www.altrecht.nl/>

**ROR**

<https://ror.org/050jqep38>

## Funder(s)

**Funder type**

Industry

**Funder Name**

Wyeth Pharmaceuticals B.V. (The Netherlands) (ref: 100186)

## Results and Publications

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date****Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	Results	01/12/2007		Yes	No